

Residents Can Recycle Electronics on March 29 in CR

Program.

A complete list of the materials that will be accepted on March 29 is available at the Union County Bureau of Recycling and Planning website: www.ucnj.org.

The electronics collection will be held rain or shine, for Union County residents only and not for businesses. Proof of Union County residency is required.

In addition to the special March 29 recycling event sponsored by the County of Union, there are local businesses as well as 14 municipalities that provide E-cycling opportunities for residents. Visit the county website or call your municipal recycling coordinator for more computer and

electronics recycling options.

Goodwill and Dell have teamed up to recycle computers. Goodwill in Union County is located at 126 Route 22 West, Springfield, next to Macy's Furniture. Call Goodwill at (973) 912-0156 for more details or visit their website:

www.reconnectpartnership.com. Best Buy stores now offer electronics recycling, including TVs, computer monitors, DVD players and other consumer electronics. Visit their website (www.bestbuy.com) for store locations, or call toll-free for information about electronics recycling: 1-888-237-8289.

Staples also offers a computer

recycling program seven days a week. For more information, visit the Staples website for store locations: www.staples.com.

Waste Management accepts "covered electronics" (televisions, monitors, computers, etc.) at 629-647 Amboy Avenue, Elizabeth, Monday-Saturday from 8 a.m. to 4 p.m.; (908) 629-9270.

An alternative drop-off program for recycling electronics equipment is available Monday through Friday between 9 a.m. and 3 p.m. at Newtech Recycling, located at 600-A Apgar Drive, Somerset; (732) 564-3110. Visit www.newtechrecycling.com.

For more information about recycling events, please call the Union County Recycling Hotline at (908) 654-9889.

Hist. Soc. to Present Doll Program Sunday

CRANFORD — The Cranford Historical Society will present "My Doll and Me" this Sunday, March 23, from 2 to 4 p.m. Starting at 2:15 p.m., this program will be presented at the Crane-Phillips House Museum, located at 124 North Union Avenue in Cranford.

Participants are invited to bring a doll and talk about it with other children, as well as play games, win prizes, make something for their doll and enjoy tea and cookies. There also will be a contest to name a Victorian doll. The winning name will be picked that day in a random drawing.

Admission will be free and seating is limited. To reserve a seat, call the Historical Society's office at (908) 276-0082 or e-mail cranfordhistoricalsociety@verizon.net. Established in 1928, the non-profit Cranford Historical Society has been dedicated to the preservation and perpetuation of Cranford's history. More information is available at cranfordhistoricalsociety.com.

Trinity Church-YFCS Slate Parents Seminar Tonight

CRANFORD — The Trinity Episcopal Church in Cranford and Youth and Family Counseling Service in Westfield will present a free awareness seminar for the parents of teenagers this evening, Thursday, March 20, beginning at 7 p.m. It will take place in Witherington Hall at the Trinity Episcopal Church, located at 119 Forest Avenue in Cranford.

The purpose of the seminar is to help parents to be able to distinguish between normal teenage behavior and abnormal behavior that could result in a crisis, and the knowledge about what steps to take in a crisis. "The seminar was born from our repeated experience in responding to teenage crises, including suicide," said the Reverend Gina Walsh-Minor, rector of Trinity Episcopal Church.

"Parents are constantly chal-

lenged with differentiating between normal 'acting out' behaviors versus dangerous or crisis behaviors in their teenagers," said Carol M. Pedro, executive director of Youth and Family Counseling Service. "We are hoping to help parents identify alarming or crisis behaviors early-on and what steps to take if they do."

Kathy Crescenzi, board certified advance practice nurse, will be the guest speaker. She brings many years of experience in psychiatric evaluations, prescribing and monitoring medications, and psychotherapy. Ms. Crescenzi will focus on mental health issues in teenagers.

The seminar is part of the "Do Anything: A Collaboration of Love" series to help educate and empower parents of teens. Everyone is invited to attend. For more information, visit yfcsnj.org.

Local Letters to the Editor

Lance And 'Tea Party Friends' Are The Ones Circumventing Obamacare

I was at first amused, but then sad when I read Congressman Leonard Lance's recent press release stating that, "The President has once again, through UNILATERAL executive action, circumvented Congress..." regarding a provision of the Affordable Health Care Act (Obamacare). With the House of Representatives, the United States Senate, the Supreme Court and the President all having already approved of the law, it seems to me that Representative Lance and his far right wing conservative Tea Party friends are the ones who are trying to UNILATERALLY circumvent the law.

Does the Congressman really think that his 7th District constituents don't realize that he has voted over 25 times to prevent Americans who cannot af-

ford health care insurance from obtaining same? Each time that he has voted to repeal this law he has shown his disdain for affordable health care for all and his preference for profitable health insurance companies who find making a profit, not find providing health care for all, to be their main reason for existence. I hope the Congressman enjoys his health care insurance as he remembers that many Americans can't afford to have it.

Thanks to him and his friends who refuse to support universal health care and instead cling to an outdated insurance system that makes the United States fall further and further down the ranks of countries that provide health care for their citizens.

Bill Nierstedt
Garwood

GW BOE Discusses Budget for 2014/15

the borough for janitorial services at a 2-percent increase. The vote was a unanimous 9 to 0.

Superintendent Teresa Quigley announced that nurse Karen Lukacovic and science teacher Karen McCarrick will share the Educator of the Year Award. It was the third time during Ms. Quigley's tenure that there was a tie for the award. The two teachers will be honored at the Education Foundation of Garwood's 10th Annual Appreciation Dinner on Thursday, April 24, at the Westwood. Tickets are \$45.

The board also unanimously approved a school calendar for 2014-2015 that begins Thursday, September 4, for students and ends June 17, 2015; includes three snow days and a spring break from April 3 to 10.

Garwood Knights Schedule Fish Fry

GARWOOD — The Garwood Knights of Columbus will hold their Lenten Fish Fry by Thistles on Friday, April 11, from 6 to 8 p.m.

This year baked fish will be offered as well as the traditional fried fish; chicken will be available as well. Tickets are \$13 in advance and \$15 at the door; the cost for children under age 12 is \$10. Participants may dine in or take out their meals.

Tickets can be obtained at the Knights Council Hall weekdays after 4:30 p.m., or on weekends after 2 p.m. For more information, call (908) 789-9809 or contact Dennis Clark at (908) 247-5389.

The Garwood Knights of Columbus Hall is located at 37 South Avenue in Garwood, across from the Pathmark store. Parking is available in the back lot, off of Willow Avenue.