

Jean MacFail, 84, Was Legal Secretary; Active With Temple and Women Voters

Jean Dorothy (Friedman) MacFail, 84, of Newton, Mass. passed away at her home on Saturday, May 24, 2014. Jean graduated from Spring Valley High School in New York and attended Hunter College and the New School for Social Research in New York City. She worked as a legal secretary at Paul, Weiss, Rifkind, Wharton & Garrison in New York City during the 1950s and at other firms in New Jersey. Jean later was an administrative assistant at the American Cancer Society in New Jersey, where she handled legacies and bequests. Jean was an active member of Temple Emanu-El in Westfield, N.J. and the League of Women Voters and was a Girl Scout troop leader. She enjoyed the ballet, theater, art, reading *The New York Times*, traveling and spending time with family and friends. Jean was married for 46 wonderful years to the love of her life, the late George William MacFail. She was the loving mother of Deborah MacFail of Brighton, Mass. and Alisa MacFail and her husband, Stan

Goldman, of Reading, Mass. Jean was the dear sister of Dr. Gerald Friedman of Scarsdale, N.Y. She was the adored grandmother of Jeremy, Jenna, Keri and Chad, and the aunt of 10 nieces and nephews. Jean was preceded in death by her parents, Rose Shalan and Leo Friedman, and her brothers, Carlton Friedman of New Jersey and Philip Friedman of Utah. A memorial service is being planned for next month in New Jersey. Remembrances may be made to the National Federation for the Blind, 200 East Wells Street at Jernigan Place, Baltimore, Md. 21230 (www.nfb.org/make-gift) or to the Neurology Department at Massachusetts General Hospital, Development Office, Attention: Shawn Fitzgibbons, 165 Cambridge Street, Suite 600, Boston, MA 02114 (www.massgeneral.org/neurology/support). The family wishes to thank The Falls at Cordingly Dam Assisted Living Facility for their wonderful care, and Life Choice Hospice for their support.

June 5, 2014

— Obituaries —

James McLane, 85, Westfield Resident; Eastern Airlines Retiree, Army Veteran

James George McLane, 85, of Westfield, N.J. died at home on Saturday, May 31, 2014. Born in Newark on Christmas Day 1928 to Joseph and Marie Gallagher McLane, he was a child of the Depression. He graduated from Irvington High School, and served in the Occupation Forces of Italy post-World War II and in the Air National Guard during the Korean War. He attended Upsala College. For 35 years, he worked for Eastern Airlines at Newark Airport and in New York City. Preceded in death by siblings Mary, Jack, Jeanne and Joseph, he is survived by his wife of 54 years, Theresa (née Landrigan); his children, Paul, Laura, Mark and Kara; his daughter-



James G. McLane

in-law, Ingrid; son-in-law, Chris, and grandchildren, Henry, Frannie, Haley and Erin. Friends are invited to attend a viewing at Dooley Colonial Funeral Home, 556 Westfield Avenue, Westfield, tomorrow, Friday, June 6, 2014, from 4 to 8 p.m. A Funeral Mass will be offered on Saturday, June 7, 2014, at 10 a.m. at St. Helen's Roman Catholic Church, 1600 Rahway Avenue, Westfield. Please post condolences and read his life story at www.dooleycolonialfuneralhome.com. In lieu of flowers, donations are suggested to the Westfield Rescue Squad.

June 5, 2014

Jay R. Davis, 59, Taught Others About Compassion, Determination and Love

Jay Richard Davis, 59, son of Drs. Jane and Richard Davis, formerly of Westfield, N.J., passed away peacefully on Friday, May 23, after a battle with pneumonia. He was the eldest child of Jane and Dick, dear brother to his siblings, and uncle to his nieces and nephew. He was born in White Plains, N.Y. and had lived in Ellsworth, Me. for many years in a group home operated by Downeast Horizons. Even though he was limited by his many disabilities, Jay brought joy and laughter to those around him. Throughout his life, he endured his disabilities with patience, strength and dignity. Jay taught his family, friends and caregivers to appreciate the multitude of gifts that life bestows upon us all, but which can easily be missed or

taken for granted. Jay also taught us compassion and that the severely disabled are capable of deep determination and enduring love. Although he was confined to a wheelchair as he grew older, he loved the beach and swimming when he was a boy. He was a huge fan of "The Price Is Right" and loved his cat, Miss Pumpkin. Jay is survived by his parents; his sisters, Ellen Stone and Sarah Harvey, and his brother, Christopher Davis, along with his nieces and nephew. A memorial service is planned for Friday, June 20, at 12:30 p.m. at the Downeast Horizons Center in Ellsworth, Me. In lieu of flowers, donations may be made to Downeast Horizons, Ellsworth, Me.

June 5, 2014

Lee Woodruff to Be Speaker At Caregivers Symposium

SUMMIT — *New York Times* best-selling author and CBS "This Morning" contributor Lee Woodruff will be the keynote speaker at the annual Caregivers Symposium at Overlook Medical Center this Saturday, June 7, from 10 a.m. to 12:30 p.m., in the Bouras Auditorium. Hosted by The Thomas Glasser Caregivers Center at Overlook Medical Center, this program will be free and open to the public. Caregivers and their family members are encouraged to attend. As co-author of the *New York Times* best-selling "In an Instant: A Family's Journey of Love and Healing," Ms. Woodruff garnered critical acclaim for the compelling and humorous chronicle of her family's journey to recovery after her husband, ABC "World News Tonight" co-anchor Bob Woodruff, sustained a traumatic brain injury from a bomb explosion while he

was embedded with the American military in Iraq. Appearing on national television and as keynote speakers since the February 2007 publication of their book, the couple has helped put a face on the serious issue of traumatic brain injury among returning Iraq war veterans, as well as the millions of Americans who live with this often invisible, but life-changing, affliction. Ms. Woodruff's best-selling book, "Perfectly Imperfect - A Life in Progress," was followed by her first novel, "Those We Love Most," which became a *New York Times* bestseller and won the Washington Irving Book Award for fiction. A freelance writer, she has penned numerous personal articles about her family and parenting that have run in magazines such as *Ladies Home Journal*, *Real Simple*, *Good Housekeeping*, *Redbook* and *Parade*. In addition to freelance writing, Ms. Woodruff ran her own public relations and marketing consulting business for 16 years. Before that, she was senior vice-president of the public relations firm Porter Novelli. The Thomas Glasser Caregivers Center was designed to help caregivers effectively manage the stress and special needs associated with caring for a critically, chronically or terminally ill loved one. The Caregivers Center provides social support services, dedicated space for rest, therapeutic services and resource referrals. Registration for the Caregivers Symposium and Lee Woodruff book signing is required and may be done by calling (908) 522-6348. Overlook Medical Center is located at 99 Beauvoir Avenue in Summit. Parking in the West Garage and valet parking are available.

See it all on the Web! www.goleader.com

Kay de Weever, 89, Was Loving Wife, Mother, Sister, Grandmother, Friend

Catherine C. "Kay" de Weever, 89, longtime resident of Westfield, passed peacefully on Sunday, May 18, 2014, at Overlook Medical Center in Summit, following a brief illness. Kay was born to the late Daniel and Hannah Collins on February 19, 1925 in Bayonne. She was the widow of Carl C. de Weever, Jr., who passed in 2002. Kay graduated from Holy Family Academy in 1942. She then worked at Universal Studios in downtown New York City, where she had the thrill of meeting many movie superstars of the day. Kay worked in the library of Saint Peter's College in Jersey City, then at several local businesses in Westfield such as Rorden Realty and Burgdorff ERA, where she truly enjoyed her role of office manager and made many lifelong friends. Kay also was a communicant at The Catholic Church of the Holy Trinity in Westfield, where she was very involved in parish life and ministry. In addition, she was a member of many local organizations including the Westfield Community Players, Girl and Cub Scouts, and a volunteer at both Children's Specialized Hospital and The Hope Chest in town. Kay enjoyed her final years as an enthusiastic resident at Sunrise of Westfield alongside many close friends, both old and new. Kay had a contagious zest for life,

an unwavering faith in God, and an uncanny love of finding a bargain and stretching a dollar. Her signature gift of joy, shown through her constant smiling and ease in conversation even with total strangers, will never be forgotten. Kay leaves behind two children, Patricia of Framingham, Mass. and Prince Edward Island, Canada, and Dan and his wife, Sue, of Cranford. She also was deeply loved by her two grandchildren, Andrew of Burlington, Vt. and Kait of Cranford, as well as her sister, Mrs. Jean Flanagan of Bayonne; a sister-in-law, Mrs. Sheila Meehan of Long Beach Island; 10 nieces and nephews, and countless cousins, godchildren and friends. A memorial service to celebrate Kay's life will be led by Msgr. Timothy J. Shugrue, Pastor and family friend, at Saint Michael Roman Catholic Church, 40 Alden Street, Cranford, on Saturday, June 7, at 10:30 a.m. Arrangements are by Gray Memorial Funeral Home of Cranford. Go to grayfuneralhomes.com for online condolences. In lieu of flowers, the family requests that donations be made in Kay's name to The Hope Chest/Center for Hope, 26 Prospect Street, Westfield, N.J. 07090. They may be found online at: <https://centerforhope.com/Donations.html>.

June 5, 2014



Kay de Weever

Patricia Kephart, 52, Church Deacon; Involved With Youth and Mission Work

Patricia R. Kephart (née Cox), 52, of Kennett Square, Pa. and formerly of State College, Pa., died suddenly on Tuesday, April 22, 2014. Born in Frankfurt, Germany, she was raised in Pittsburgh, Pa. and Fanwood, N.J. A graduate of Scotch Plains-Fanwood High School, N.J., she received her Bachelor of Arts in 1983 from the University of Pittsburgh, having attended both the Bradford and Oakland campuses. She lived in Albuquerque, N.M., Brigham City, Utah, and Forest, Va. before moving to State College in 1996. Patti was a member of the State College Presbyterian Church, where she served as a Deacon and as an enthusiastic adult advisor for the church's senior high youth program, "FISH." Her care and commitment to those in need was apparent in her local work with the Interfaith Mission, and the trips she took to Haiti to help plant trees and build fishponds through the CODEP project. At the time of her death she was working in Catering Services for Longwood Gardens in Kennett Square. Prior to that she was em-

ployed by Zola New World Bistro in State College as restaurant manager. She is survived by her children, Talon C. Kephart of Lancaster, Pa., Allurie R. Kephart and her husband, Julio Hernandez, of Kennett Square, Pa., and Morie C. Kephart, also of Kennett Square; her grandson, Gabriel Hernandez; her father, Dale U. Cox, Jr., and stepmother, Barbara, of State College; her mother, Barbara Clark of Dunedin, Fla.; her brothers, Dale U. Cox III and John C. Cox, and the many loving members of her extended family and her many friends. A memorial service will be held at 11 a.m. on Saturday, June 7, 2014, at State College Presbyterian Church, 132 W. Beaver Avenue, State College, Pa. 16801. Visitation will be at the church from 10 to 11 a.m. In lieu of flowers, consider memorial contributions in Patricia's memory to: CODEP project at Haiti Fund Inc. (www.HaitiFundInc.org). Please share condolences with the family at RememberingPattiK@gmail.com.

June 5, 2014

Garden Tour to Showcase Wedding, Tuscan Themes

MOUNTAINSIDE — Two of the six gardens to be featured during the Saturday, June 7 Tour of Mountainside Gardens will be specially themed for a Garden Wedding and a Tuscan Garden. The Appletree Lane garden is in the backyard of a brand new home. Newly landscaped by Harol Landscaping, the expansive lawn area will be staged for a Garden Wedding. It will include seating in front of a wedding arch and tables designed by Christoffers Flower & Gift Shop, Millburn Florist and the Mountainside Restoration Committee. Linda Condrillo will be on hand to show and sell her photo cards and prints. On Rolling Rock Road, a garden that is owned by a florist becomes a tranquil Tuscan oasis. With a variety of Tuscan-inspired clay pots and urns planted with unique specimens, this poolside garden is reminiscent of the Italian countryside. The six gardens on the tour are located on Rolling Rock Road, Wood Valley Road, Stony Brook

Lane, Appletree Lane, Meeting-house Lane and Robin Hood Road. Each garden is uniquely themed and they can be visited in any order. Visitors also may enjoy lunch at Mountainside's Publick House restaurant, the management of which will donate the proceeds from lunch ticket sales back to the Mountainside Restoration Committee. The tour runs from 10 a.m. to 4 p.m. Advance tickets are \$45 for the tour and lunch or \$30 for the tour only and can be purchased online at mountainsidehistory.org or at Christoffers Flower & Gift Shop, located at 860 Mountain Avenue in Mountainside. Limited tickets also will be sold Saturday at each tour location for \$35 for the tour and \$15 for lunch. All proceeds from the tour and lunch will be used by the Mountainside Restoration Committee for restoration and maintenance of the historic Deacon Andrew Hetfield and Levi Cory houses. For further information, call (908) 789-9420 or access mountainsidehistory.org.

IN SESSION

All Journeys to Recovery Begin With First Step

By Carol Pedro, Exec. Dir. Youth & Family Counseling Service

The stress and difficulty today to raise children is overwhelming. New challenges involving safety and health range from worldwide to local events. Parents who ask for help may have difficulty navigating the systems of behavioral/mental healthcare. However, you can't get help unless you take the first step. Recently a concerned mother contacted our office with anxiety about her 14-year-old son, Michael. Michael has been diagnosed as bipolar since the age of 8. Since then, he has struggled through medication changes, inpatient hospitalizations and within the last year, suicide ideation. Quickly, we set up an appointment and I met with the mother and Michael. Michael is quiet, guarded. Mother is anxious and provides information that is confusing. There is a trail of past therapists, and mental health agencies that seem to have had no significant impact in treatment outcomes. This is a "red flag" for me and speaks to resistance by the client, the parents or possibly both. We set up the next appointment. Mother calls to cancel. A "family vacation" is the reason. Two weeks later mother calls to schedule another appointment. Availability was very limited. Mother was resistant to most suggestions of day and time. Finally, we settle on the following week. This means a month will have passed between appointments!

As a therapist I see this as a potential obstacle to treatment. Why? Many possible reasons cross my mind: Mother's shame and guilt, society's negative view of mental health, denial, not recognizing the magnitude of the problem. Whatever the reason, a 14-year-old cannot seek out treatment on their own. This child will only get worse without a successful intervention. In the next session I align with mother providing a caring and supportive environment and encourage her to grieve and hope she will accept that psychotherapy is as necessary for her son's health as keeping a medical doctor's appointment. Not totally convinced and still exhibiting signs of resistance, mother schedules the third appointment for the next week. Thankfully, both mother and Michael attend the next session. We are hopefully on the road to recovery. I have seen Michael consistently for the last three months. Michael shares "I feel better...not fighting at home so much." Mother reports Michael's mood is stabilized and he hasn't expressed feelings of suicidal ideation in months. Mother "feels relieved" and they are scheduled to return next week. I am pleased that mother and son have decided to "let us help them."

Carol M. Pedro is a licensed therapist at Youth and Family Counseling Service, 233 Prospect Street, Westfield, N.J.; (908) 233-2042; Website: yfcnsj.org.

Prayer to St. Jude

Holy Apostle and Martyr, great in virtue, rich in miracles, near kinsman of Jesus Christ and faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly ask you, to whom God has given such great power, to help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. Say three Our Fathers, three Hail Marys and three Glory Be's for nine consecutive days. This prayer has never been known to fail. Publication must be promised. St. Jude, Patron Saint of the Impossible, pray for us. Amen. M.C.

Prayer to The Virgin Mary

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unprotected. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen. M.C.

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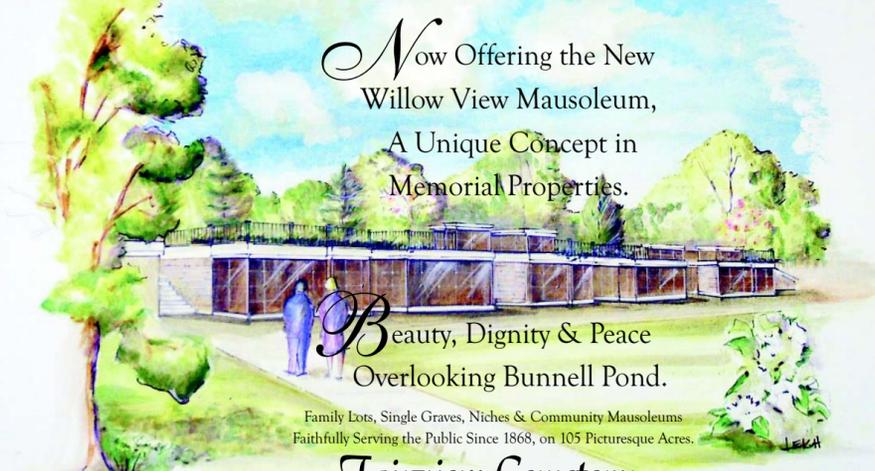


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TASTE OF TUSCAN...A spectacular specimen planting in a Tuscan urn is among many on display at the Rolling Rock Road garden, one of six gardens that will be featured on the Mountainside Restoration Committee's "Tour of Mountainside's Gardens." The tour will take place this Saturday, June 7, from 10 a.m. to 4 p.m.