



**SHOVEL READY...**Shackamaxon Country Club held a groundbreaking ceremony on Monday, June 23, celebrating the start of work on a new swimming pool complex for the club members. Scotch Plains Councilman William "Bo" Vastine was on hand and said, "The new owners of Shackamaxon represent a great partnership with our community...When we were faced with the potential of 150 single-family homes being built on the site, the new owners stepped in and put together a creative solution to ensure that the Tillinghast designed course would remain a part of our community for another 100 years." Pictured, from left to right, are: owner Christopher Schiavone, Councilman Vastine, owner Warren Leeds and long-time Shackamaxon member William Mentlik.



**GETTING HELP...**RWJ Rahway Foundation received a \$10,000 grant from The William G. and Helen C. Hoffman Foundation for patients with diabetic retinopathy treated in the hospital's Adult Medical Clinic. Pictured above, Gale Sykes, grant administrator for the Hoffman Foundation, at right, visited RWJ Rahway and met with RWJ Rahway Foundation President Marlene H. Lubinger, at left, and Varsha Singh, advance practice nurse, stroke coordinator and manager EHS/Adult Medical Clinic. For more information about the hospital or to make a donation to RWJ Rahway Foundation, please call the Foundation Office, (732) 499-6135 or e-mail foundation@rwjuh.com.

See More at [goleader.com](http://goleader.com)

## Letters to the Editor

### Senator Cory Booker Writes: America Has A Justice Problem

We've parted from the principle that we are a nation founded on second chances at opportunity, and ushered in an era of mass incarceration that squanders human potential. It's a mistake we pay for with our tax dollars, reduced safety, and broken families.

This week, I'm introducing legislation with Senator Rand Paul of Kentucky to help fix this problem. The REDEEM Act will give Americans convicted of non-violent crimes a second chance at the American Dream after they've paid their dues: A fair shot to reenter society, find a job, support their families, and reach their potential.

I'm standing up to say that rehabilitation isn't just better policy - it's a moral imperative. Will you stand with me?

Tell members of Congress: our justice system should rehabilitate, not just incarcerate.

We spend over a quarter trillion dollars per year of our tax money on our criminal justice system. We see two out of every three people released get arrested again within three years. We watch the next generation suffer as one out of

every 28 American children grows up with a parent in prison.

America should not lead the globe in incarcerating the nonviolent. We should lead in empowering our citizens - even those who have made mistakes - to succeed.

I don't believe this is a partisan issue. I didn't often agree with President Bush, but he said it right in his 2004 State of the Union address: "America is the land of the second chance, and when the gates of the prison open, the path ahead should lead to a better life."

It's time for words like this to result in real action in Washington. We have an urgent need to fix our broken justice system, and the work must begin now. Together, we can take action to save taxpayer dollars, make our communities safer, and align our criminal justice system with the values that make our nation great.

I hope I can count on you to join me. I'm glad we're in this together - it's the only way for us to succeed.

Sen. for NJ Cory Booker  
Candidate for Re-election



**COLLECT BOX TOPS...**By clipping Box Tops, 15 Tamaques School, Westfield, families, students pictured above, helped with the school's collection of \$3,300, to be used for improving the school's facilities. Clip Box Tops and give to a Tamaques family to be used for improving playground equipment. Box Tops are found on General Mills, Pillsbury, Betty Crocker, Hefty, Ziploc, and Kleenex products. Parent volunteer Barbara Wellnitz gave students summer collection kits to bring the Box Tops back to school in September.



**WILDLIFE...**The Rahway River in Clark is an amazing stretch of wildlife with many types of birds including Osprey. Pictured above is a deer swimming with her fawn.

### Ensign Philip Reynolds Completes Navy Nuclear Power Training

Westfield resident Philip Edward Reynolds graduated with distinction from the U.S. Navy's Nuclear Power Training Command School for Naval Officers on June 6 in Charleston S.C. This is one of the training regiments to become a Naval Officer on board a U.S. Nuclear Powered Submarine.

Mr. Reynolds, a 2013 graduate of the United States Naval Academy (USNA) in Annapolis, currently holds the rank of Ensign. He is the son of Philip and Margarita Reynolds of Westfield and graduated from St. Peter's Prep High school in Jersey City in 2009.

Ensign Reynolds next moves on to Submarine School in Groton, Conn. and

then Nuclear Reactor Prototype School in Ballston Spa, N.Y., before joining the fleet for a three-year tour on a nuclear submarine.

Ensign Reynolds is one of three siblings who have joined the Navy. Older sister Margaret Maggie Reynolds Robie (2004 Westfield High School alumni) graduated from the USNA in 2008 and is currently a lieutenant junior grade, flying helicopters for the Navy. She is married to fellow USNA 2008 graduate Jack Robie, who is a F-18 fighter jet pilot, recently assigned to the aircraft Carrier Enterprise. Younger brother James has just completed his Plebe (first) year at the USNA.



**BASTILLE DAY...**On Monday, July 14 at Echo Lake Park, Union County will dedicate the Washington-Rochambeau historic trail that runs from Rhode Island to Virginia as it traverses through Scotch Plains, Westfield, Mountainside, Springfield and Summit. The trail marks the contribution of the French in enabling the defeat of the British in the Revolutionary War.

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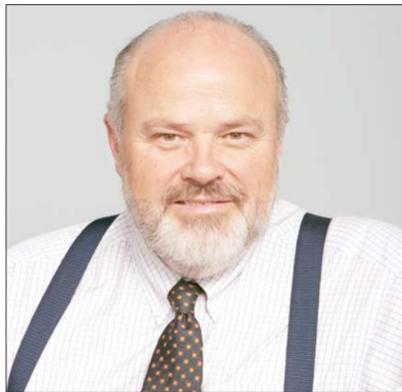
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## Dentistry Today

by **Scott B. Schaffer, DMD**

### MANUAL OR ELECTRIC?

Do electric toothbrushes have any advantages over one another or over traditional manual brushes? One review of studies reveals that, in the short term (4-12 weeks), rotation-oscillation brushes reduce plaque and gingivitis more than ones with side-to-side motion. However, the difference was so small that no clear advantage was found. Another study showed that electric toothbrushes, which oscillate and rotate with additional pulsing bristles, removed plaque better than manual brushes, and a sonic brush was found to reduce gingivitis better than a manual brush. Then, there is the study showing that electric toothbrushes were no better than manual ones at controlling plaque. Whatever toothbrush feels most comfortable

and promotes the habit of regularly brushing is ultimately the best choice. Electric toothbrushes can also be beneficial for people who face dexterity problems or other illnesses which affect motor skills such as arthritis and rheumatism. Our family oriented practice encourages comprehensive complete care with emphasis on prevention through early detection. We are your complete dental care provider. We offer professional dental care, including preventive, restorative, and cosmetic services for all ages. Remember to please call us today to schedule an appointment. We are the proud recipient of the 2013 Best of Clark Award in Dentistry. P.S. Electric toothbrushes may be most suitable for those with limited dexterity.



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