



David B. Corbin for The Westfield Leader and The Times
MIXING IT UP WITH TIGERS...Blue Devil Tara Handza, right, battles her way between two Tigers to get to the ball. Handza also netted a goal.

Westfield Blue Devils Outfox Linden Soccer Tigresses, 6-1

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you will beat them by a lot.” She wasted little time notching her second goal.

“I ran it down the line. The keeper came out to get it, but I tapped it around her and went the other way,” Parkinson recalled.

With approximately five minutes remaining, junior Tara Handza, on an assist from junior Taylor Manetti, got into the action with a blazing shot into the netting to make the score 6-0.

“It was clear that we were the stronger team. Once they realized that they weren’t going to be able to play with us any other way, a lot of teams will

Phys. Therapist to Speak About Athletic Injuries

As youth sports have become more competitive and physically demanding, the number of injuries to young athletes have been on the rise. Knee and shoulder injuries are among the most common, but also among the easiest to prevent.

Physical therapist Triston Glynos, MSPPT will address this growing problem with a lecture entitled, “Prevention of Injuries in Young Athletes” at the Fanwood-Scotch Plains YMCA on Wednesday, October 10, from 7 to 8 p.m. He will discuss the causes of these injuries and provide strengthening programs to help prevent them from occurring. Special consideration will be given to the knee injuries most commonly suffered by female athletes.

Register for this free presentation by stopping by the Member Services Desk at the Fanwood-Scotch Plains YMCA located at 1340 Martine Avenue, Scotch Plains, or by calling (908) 889-8880.

try the offside trap to, at least, try to slow us down. It worked for a little while, but we have very skilled forwards who are able to dribble through. That’s really all you need to beat an offside trap. If you are faster than they are and you dribble through, the chances of them catching you are pretty slim,” said Blue Devil Head Coach Katie Wertheimer. “We have the speed up there and that’s one of our major strengths. We exploited their weakness today.”

Towards the end of the game, Brody was put to the test and made a great save by deflecting a corner kick off the crossbar. As the ball hit the ground, in charged the Tigers. Brody made another save and backs Pat Cognetti and Brianna Gonclaves helped out.

The Tigers were awarded a penalty kick with three minutes remaining, and Brianna Taylor successfully converted.

“Meg is a quality keeper. I think, on any other team, she could be a starting keeper. We’ve got Claire, but the great news for us is that we’ve got somebody who could step right in. I was a little upset that she had to face a PK (penalty kick) but that’s the breaks. She’s very vocal. She’s not afraid to talk to the defense, which is crucial for a keeper,” said coach Wertheimer. “It’s always nice when you have a variety of people scoring and assisting then you don’t feel like you are relying on one person to do all the work. It also bodes well for the future. We have a lot of sophomores who contribute. We have one freshman who contributes. My seniors and juniors are doing their job.”

Linden	0	1	1
Westfield	4	2	6

Soccer Raiders Stun No. 3 Kearny, 3-0

After struggling with some tough losses early in the season, the Scotch Plains-Fanwood High School boys soccer team broke out of its doldrums in a big way by stunning No. 3 Kearny, 3-0, in Kearny on October 1. Johann Hernandez netted a goal early in the first half then Tyler Stanek and Joe D’Annunzio capped it off with second-half goals for the 5-4 Raiders. Kearny slipped to 7-2-1.

Soccer Erratum:

In the article “Soccer Raiders Ground Newark Eastside Boys, 2-0,” which appeared in *The Leader* and *The Times* on September 27, Taylor Molinaro, instead of Anthony Zukofsky, was the Raider goalkeeper who cleared six shots and made three saves. Sorry for the inconvenience!

Soccer Blue Devils Tip No. 7 Union Boys, 1-0

The Westfield High School boys soccer team created undulations in the Union County and state standings by shutting out seventh-ranked Union, 1-0, at Gary Kehler Stadium in Westfield on October 1. Danny Strauss buried a goal into the net in the second half for the 6-1 Blue Devils. The Farmers dropped to 8-2.

Lady Blue Devils Stop Union in Soccer, 3-1

Corrine Parkinson notched a first-half goal and Tara Handza ripped in two second-half goals to give the 5-2-1 Westfield High School girls soccer team a 3-1 victory over 5-4-1 Union in Union on October 1. Parkinson also added two assists.

Soccer Raiders Tie No. 12 Kearny, 0-0

Despite enduring a consistent bombardment of shots at its goal, the 4-2-3 Scotch Plains-Fanwood High School girls soccer team battled No. 12 Kearny (9-1-1) to a 0-0 tie in Kearny on October 1. Raider goalkeeper Jackie Law put on an excellent exhibition on how to guard the net with a series of diving saves and smart decisions.

Soccer Blue Devils Tie Cranford Boys, 0-0

The Westfield High School boys soccer team and Cranford battled to a 0-0 draw at Gary Kehler Stadium in Westfield on September 28. Adam Fine made eight saves for the Blue Devils and Scott Boyer made 10 for the 6-1-1 Cougars.



Fred K. Lecomte for The Westfield Leader and The Times
FORMIDABLE SAVES...Blue Devil goalkeeper Maresa Hughes, No. 90 demonstrates tremendous toughness and aggressiveness in the game with AL Johnson. The senior tri-captain kept Westfield in the game by making 16 saves. Jemma Urban scored the lone goal for Westfield.

HUGHES MAKES 16 SAVES, URBAN SCORES A GOAL

Field Hockey Crusaders Top Westfield Blue Devils, 3-1

By FRED LECOMTE
Specially Written for The Westfield Leader and The Times

Jamie Mytrowitz flicked in three goals to send the AL Johnson High School field hockey team home with a 3-1 victory over Westfield at Westfield’s Gary Kehler Stadium on September 27. Only one shot by Jemma Urban found its mark for the 1-4 Blue Devils.

Westfield Head Coach Molly Phelan turned the keeper duties over to Tri-Captain Maresa Hughes who withstood a shelling but made 16 saves, including five acrobatic ones. Kristen Koepfler, Kelsey Lee, Alex Percora, Ionanna Protogiannis and Julia Murphy contributed fine defensive performances. Forward Agustina Healy, Julia Conroy, Kim Pulliam and Jen Brotman dogged the Crusaders and made numerous steals. Crusader goalie Shan-

Blue Devil Girls Beat Linden Volleyballers

The Westfield High School girls volleyball team halted Linden in two games, 25-14 and 25-10 in Linden on October 1. Caroline Fallon had nine digs, six aces and three kills. Paige Roubesh notched eight kills, four assists and two aces and Laryssa Borkowsky made nine digs.

non Syciarz made seven saves.

Westfield got on the board early when a strong nucleus of attackers penetrated the Crusader zone and Urban successfully, off a feed by Lee, rattled the Crusader goal just 3:08 into the game.

“We had a corner on a penalty. Kelsey passed it off to me. I received it, flicked it and the ball went under the goalie’s pads into the net,” said Urban. “In our pre-season, we lost 6-0 to them, so we came into the game like unsure. We gave up a goal and thought, ‘What’s going to happen,’ but our morale went up. We scored and thought we could hold them.”

The 5-1-1 Crusaders launched a massive assault into Blue Devil country by taking the ball to their strong side. Mytrowitz, situated in front of the goal, flicked the ball into the left side of the net and made it an even game at 22:04.

“Commenting on the first half, coach Phelan said, ‘They got off to a better start than we did, but once we regained our footing it was pretty even throughout the first half. It was Gemma who scored; she’s one of our backs, so that’s pretty fantastic and exciting to have one of our defenders score. I told the kids at halftime to keep playing the way they were, work

together, little things that I wanted changed in the second half.”

The Crusaders came out and connected seven minutes into the second half when Mytrowitz, off a feed by Jessica Rusin, hit pay dirt from 15-yards out to give Johnson a 2-1 lead.

“It was just luck on their part and a mess up on my part,” said Hughes. With time running out, Mytrowitz took an angle shot and knocked the ball in the right side of the net for her third goal.

“We came out knowing Johnson is a really good team but we came out motivated and I thought the girls played very well,” said Hughes. “We spread out a lot more and we kind of played up to their level.”

“Second half, they did a fantastic job,” said Phelan. “They took a little longer to get started but the last minutes especially were exciting. Lee and Protogiannis, Brotman and Murphy played a great game, along with two sophomores in their first varsity game. They got right in there.”

When asked about goalkeeper Hughes, Phelan said, “She’s just fantastic. As a JV keeper for two years, I knew she had it in her and she could do it. In each of the past games, we have seen it. She does not back down, does not let it get to her and she’s tough.

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