



SATURDAY NIGHT CONCERT...The Choral Art Society of New Jersey will perform Franz Joseph Haydn's Mass in B Flat, "Theresienmesse," and Ralph Vaughan Williams' *Dona Nobis Pacem* on Saturday, May 12, at 8 p.m. at The Presbyterian Church in Westfield, located on Mountain Avenue at East Broad Street.

Choral Art Society Presents Classical Choral Concert

WESTFIELD – The Choral Art Society of New Jersey will present a classical choral concert, with soloists and orchestra, at 8 p.m. this Saturday, May 12, at The Presbyterian Church in Westfield.

Concerning the musical selections, "Theresienmesse" by Franz Joseph Haydn is the fourth mass of a series composed between Haydn's two great oratorios, *The Creation* and *The Seasons*.

The Mass is scored for solo quartet, chorus, strings, two clarinets, two trumpets, timpani and organ continuo. The drastic reduction of the wind choir – only clarinets and trumpets and no oboes and horns – is unusual. The Kyrie surprises a listener several times right off the bat. Forte chorus basses, trumpets and timpani violate the opening Adagio and overall sense of calm.

The "Gloria" begins spiritedly for chorus and orchestra. A notable feature is Haydn's dramatic choral reiteration of the Latin word "Te" (Thee).

The "Credo" begins with particularly toothsome text painting for the chorus basses, whose text "descendit de caelis" is spiked with alternating up-and-down octave leaps.

The "Sanctus" begins nobly and quietly, only to be interrupted subito forte on the text "Dominus Deus Sabaoth." The soloists answer, and a joyful yet subdued "Osanna" follows.

The "Agnus Dei" begins strongly with almost "operatically" drama and

powerful chorus unisons, subito fortes following hushed pianos – a gamut of dramatic effects.

After a brief intermission, the performance will proceed with *Dona Nobis Pacem*, written by Ralph Vaughan Williams in 1936. Williams' plea for peace refers to recent wars during growing fears of a new one.

The Latin text of "Agnus Dei" comes from the last movement in the Roman Catholic Mass. The soprano introduces the theme, floating over the orchestra and choir. "Lamb of God... grant us peace!"

"Beat! Beat! Drums!" is based on the first Walt Whitman poem. The drums and bugles of war burst through doors and windows and disrupt the peaceful life and labors of all.

Reconciliation uses the entire second Whitman poem. The baritone soloist introduces the first half of the poem, which the choir echoes and varies.

"Dirge for Two Veterans" uses most of the Whitman poem. The movement was originally composed in 1911 and later incorporated into *Dona Nobis Pacem*. The last section, which bears no title, starts with the baritone soloist and a quote from the John Bright speech with which he tried to prevent the Crimean War ("The Angel of Death has been abroad throughout the land...")

Admission is \$20 (\$15 for seniors and students) at the door. For information, call (908) 654-5737.

Mother-Daughter Team Addresses Male Abuse

By MARYLOU MORANO
Specially Written for The Westfield Leader and The Times

WESTFIELD – A mother and daughter from Westfield – both professionals – have teamed up to write a book for women who are in relationships with men who were the victims of childhood abuse.

Marie Browne, a licensed marriage and family therapist, and her daughter, Marlene Browne, have recently released "If the Man You Love was Abused: A Couple's Guide to Healing."

The book is the first of its kind to speak to the needs of the partners of men who were sexually, psychologically or physically abused as children and the effects of the trauma, as they are felt in the relationship.

The book is particularly timely in that a report released by the Center for Disease Control (CDC) in 2005 confirmed earlier findings that one out of every six boys living in the United States suffers abuse and that 40 percent of the abusive behavior is committed by females.

According to Marie, the book has two objectives: to relate available information on male childhood abuse,

over the years, daughter Marlene found the subject matter tough to deal with.

"Parts of the book were very difficult to write," she said, adding that she was not used to the subject matter.

"We wrote this book to help demystify abuse and dispel negative myths," Marie said.

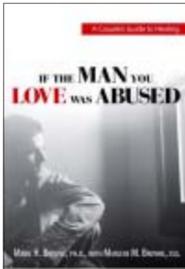
"We want people to see that any person can get well with treatment, and can function and have a good life," she added.

In her private practice, Marie specializes in treating adolescent and adult victims of abuse. In addition, she is also a professor of psychiatric nursing at Bergen Community College.

Marlene, an attorney licensed in New Jersey, Massachusetts and Colorado, is a member of the American Bar Association and the New Jersey State Bar Association.

She is the author of several fiction and nonfiction books, most recently, a novel entitled "Aspen Heir." She also lectures on the law and other legal topics and is a frequent guest on local and national media shows.

The mother-daughter team has recently finished writing another book,



"We wrote this book to help demystify abuse and dispel negative myths."

~ Marie Browne

and to help the victim's partner understand the dynamics of abuse from the male's perspective, so as to help him find healing.

Marie drew on her nearly 40 years as a practicing psychologist to write the book, and uses real-life clinical cases to illustrate various degrees of trauma.

"Victims of abuse have different ways of dealing with the past," she explained.

"Some numb out by self-medicating with alcohol and other things to deal with the pain. Others go into denial, or repress traumatic events by putting them on the backburner of their psyche," she continued.

While she has dealt with such issues

a guide to affair-proofing a relationship entitled "You Can't Have Him, He's Mine." It is due out this month.

Collaborating on books has strengthened what was already a strong bond between mother and daughter.

The two women – along with their husbands – live together under one Westfield roof.

"We love each other and really enjoy each other," said Marlene, who affectionately referred to her mother as "the boss."

"When the Man You Love Was Abused" is available at all local and online bookstores. More information about the book can be found on Marlene's website, marlenebrowne.com.



ON THE MARCH...The Westfield High School Marching Band Parent's Association will hold its annual Mother's Day plant sale this Saturday. WHS Marching band members, from left to right, are Cara Paulan, Matt DeMasi, Evan Paulan and Danielle Tepper. See release at lower right.

WESTFIELD FOOD 4 THOUGHT Help Pampered Chef 'Whip Cancer' This Month

By JAYNE SALOMON
Specially Written for The Westfield Leader and The Times

May has been declared "Help Whip Cancer" month by Pampered Chef, the popular direct seller of handy and inventive kitchen tools.

Established in 1980, Pampered Chef is not only committed to providing multipurpose use kitchen gadgets, but also has a strong belief in educating its consumers. The direct seller is not only about its products, but about ways to help combat breast cancer.

Each May, Pampered Chef launches a campaign to Help Whip Cancer by joining forces with The American Cancer Society and The Canadian Cancer

Pinch of cayenne pepper or a dash of hot sauce
Salt and freshly ground pepper to taste
Garnish: fresh chopped parsley

PROCEDURE

Place tomatoes, red peppers, cucumbers, onion and garlic in a food processor or blender in several batches. Make sure to add enough tomato juice to each batch to keep the blades from clogging. Combine processed vegetable mixture, vinegar, olive oil, cayenne pepper, salt and pepper in a large bowl and cover. Refrigerate for 4 hours or longer. Adjust seasonings to taste. Ladle soup into soup bowl. Garnish with parsley.

Yield: 8 servings

64 calories
2 grams of fat

MANDARIN ORANGE CHICKEN INGREDIENTS

1/4 cup unbleached flour
1 tablespoon paprika
1/2 teaspoon salt (optional)
1/4 teaspoon pepper
8 chicken breast halves, skinned and boned
3 tablespoons corn oil margarine
1/4 cup onion, minced
1 cup chicken broth, homemade or canned
1 cup 1 percent low-fat milk
1-1/2 pounds broccoli florets
1 can (8 ounces) mandarin oranges, drained

PROCEDURE

Combine the flour, paprika, salt (if using), and pepper in a plastic bag. Shake well. Place chicken breasts into seasoned flour, one at a time, shaking to coat well. Melt margarine in a skillet over medium heat.

Add the onion and sauté over medium-high heat until browned. Set aside. Add the chicken breasts and sauté for 5 minutes on each side. Remove chicken from the pan. Add the chicken broth and bring to a boil over medium heat. Add the milk and simmer for 3 to 4 minutes, stirring frequently.

Place the chicken and onions back in the pan and baste with the sauce. Cover and simmer for 10 minutes, basting several times. In a small pot, cut and trim the broccoli into florets and steam in a small amount of water. Place the chicken and broccoli on a serving platter and spoon the sauce over the chicken and broccoli. Garnish with the mandarin oranges.

Yield: 8 servings

249 calories

8 grams of fat

EASY SPINACH DIP INGREDIENTS

1 package (10 ounces) frozen chopped spinach or 1 pound fresh spinach, chopped
1 cup low-fat sour cream or low-fat small curd cottage cheese
1/2 cup low-fat yogurt
1/2 cup fresh parsley, finely chopped
1/4 cup scallions (including tops) finely chopped
1 teaspoon salt
Freshly ground pepper

PROCEDURE

If using fresh spinach, wash and trim stems. Boil in a large saucepan or steam spinach until wilted. Drain and thoroughly chop. If using frozen, boil according to package directions and strain to remove moisture. In a bowl, combine spinach, sour cream or cottage cheese, yogurt, parsley, scallions, salt and pepper to taste and mix well. Cover and refrigerate for at least 4 hours or overnight to blend flavors. Serve with cut-up fresh vegetables.

Yield: 2 cups

60 calories; 4 grams of fat

GAZPACHO INGREDIENTS

6 large ripe tomatoes, seeded, chopped or 1-1/2 cups canned imported plum tomatoes, drained
2 red bell peppers, cored, seeded and coarsely chopped
2 large cucumbers, peeled, seeded and coarsely chopped
1 clove garlic
1-1/2 cups canned tomato juice
1/4 cup red wine vinegar
1 tablespoon olive oil

PROCEDURE

WESTFIELD – Xiang Gao, one of the world's most successful performing artists of his generation from the People's Republic of China, will perform with the Westfield Symphony Orchestra (WSO) this Saturday, May 12, at 8 p.m. at Temple Emanu-El, located at 756 East Broad Street in Westfield.

The WSO presents its season finale concert, "Star Crossed Lovers," the culmination of WSO's "East Meets West" season retrospective.

Mr. Gao will perform The Butterfly Lovers' Violin Concerto, one of the most famous and accessible works of Chinese Music. The Butterfly Lovers will feature a new choral part arranged by New Jersey composer Ge Gan Ru.

Cited by *The New York Times* as "a rare and soulful virtuoso," he has performed for many world leaders, including the former Presidents of the United States and China.

As an active chamber musician, Mr. Gao has collaborated with some of the world's leading chamber musicians,

Marching Band Holds Mother's Day Sale

WESTFIELD – The Westfield High School Marching Band Parent's Association will hold its annual Mother's Day plant sale on Saturday, May 12, (rain or shine) beginning at 9 a.m.

The sale will take place at two locations: Roosevelt School, corner of Dudley Avenue and Clark Street, and Edison Intermediate School, corner of Rahway Avenue and Grove Street. The sale will feature a variety of flowers and plants in pots, hanging baskets and flats.

The Westfield Blue Blankets will also be available, priced at \$30. The blanket, with a composite scene of downtown Westfield, is warm, thick and washable, making it a nice graduation gift. The blanket may be also purchased and/or personalized at Town Embroidery at 102 Quimby Street by calling (908) 233-1221.

The flowers and plants are competitively priced and make perfect Mother's Day gifts. All proceeds benefit the WHS Marching Band.

Chinese Violinist Xiang Gao To Perform with Symphony

including members of the Guameri String Quartet, Opus One, Orion String Quartet and the Beaux Arts Trio.

Mr. Gao composes, arranges and performs in the styles of jazz, blue grass, Asian folk and South American music. His crossover DVD "A Path from Classical to Jazz—Xiang Gao Live Performances" was recently released.

WSO will also be joined at Temple Emanu-El by Bergen County's Pro Arte Chorale to perform Puccini's *Messa di Gloria*. The concert will conclude with Mozart's "Prague" Symphony.

Tickets may be purchased directly from the WSO office (224 East Broad Street) or by calling the box office at (908) 232-9400. Tickets are also available at Fastframe on Quimby Street in Westfield and Martin Jewelers in Cranford.

For further information, call (908) 232-9400, e-mail wso@westfieldsymphony.org or go to westfieldsymphony.org.



Madrigal Singers- Christmas 2006

Madrigal Singers Present 'Renaissance Romance'

WESTFIELD – The Madrigal Singers, directed by Elaine Fiorino, will present "Renaissance Romance," on Sunday, May 20, at 4 p.m. at the First United Methodist Church, located at 1 East Broad Street in Westfield.

The program features a cappella sacred and secular selections from the musical riches of the Renaissance and later periods, including contemporary pieces by two New Jersey composers, Philip Dietterich and Howard Stahl.

Judy Sullivan will introduce musical selections, with readings of English and American poetry from the 16th century to modern times.

Philip Dietterich composed "By This Sea" for the Madrigal Singers; they premiered it in 1997 on Martha's

Vineyard at The Whaling Church.

Mr. Dietterich has published many anthems for church choirs, and during a long career as minister of music and organist at the First United Methodist Church of Westfield, he founded the Oratorio Singers and established an ongoing tradition of annual performances of major choral works with orchestra and soloists.

Madrigal Singers residing in Union County include: Martha Desmond of Cranford, Pamela Newell of Westfield, John and Lynn Sichel and Margaret Thompson of Mountainside and reader Judy Sullivan of Scotch Plains.

Admission is by donation at the door. For further information, call (908) 233-1570.

Friends for Friends Hosts Cancer Art Show and Sale

WESTFIELD – Tekmark Global Solutions of Edison, an information technology and consulting services provider, will sponsor The Friends for Friends with Cancer Art Show and Sale on Saturday, May 12, from 1 to 4 p.m. at 17 Highlander Avenue in Scotch Plains to benefit the Leukemia and Lymphoma Society.

The show will exhibit professional artists' work, including sculptures, oil paintings, watercolors, photography and mixed media. A portion of the proceeds from the sales, as well as a \$5 donation fee, will be given to the Leukemia and Lymphoma Society to further research into the cure and treatment of blood-related cancers.

"We're very happy to support such a worthy cause," Tekmark's President and Chief Executive Officer Guy Del Grande said. "We encourage everyone in the community to come out and enjoy an interesting mix of art work in many formats while helping raise funds to fight these terrible diseases."

Steve Needle, president of Needlepoint Homes, a custom builder in the Westfield area, is donating the use of one of his company's new homes to provide a venue for the show.

Linda Laird of Westfield, who helped produce Saturday afternoon's event, said, "These artists are all

friends of mine. They are coming together to show and sell their work to raise money to fight cancer. My son was lucky; he was cured."

"I want to keep raising money for research," she continued, "so everyone eventually hears the same thing I did when my son was diagnosed with lymphoma: 'that he had cancer, and that they will cure him.'"

In addition to the art show and sale, there will also be an invitation-only wine and chocolate tasting and silent auction fundraiser to be held that same evening.

Ms. Laird continued, "I'm so grateful to Tekmark, Needlepoint Homes, the artists and all the local businesses and friends, who have contributed to support these events to raise money for cancer research. The generosity of everyone involved is both heart-warming and amazing."

Ms. Laird is a supporter and fundraiser for the Leukemia and Lymphoma Society. Beyond this fundraiser, Ms. Laird also participated in a triathlon with the society's Team-in-Training on April 29 to raise additional funds.

For tickets to Saturday evening's event or additional information, call (908) 803-0288 or visit active.com/donate/tntnonj/tmtonjLaird2.

POPCORN™
Next: Time is of the Essence

One Popcorn, Poor • Two Popcorns, Fair • Three Popcorns, Good • Four Popcorns, Excellent
By MICHAEL S. GOLDBERGER
2 and 1/2 popcorns

When time is on your side the way it is for Nicolas Cage's Cris Johnson in *Next*, it is both a curse and a blessing. Or, at least that's the way Cris interprets it.

Per sci-fi writer Philip K. Dick and adapted with just so-so results by a gaggle of screenwriters, Cris can see two minutes into the future if it directly affects him. In childhood it meant endless hours of scrutinization by numerous agencies. In adulthood, they're still trying to get a piece of him.

That is, if they can find him. The reluctant seer has in recent years chosen to hide in plain sight as alter ego Frank Cadillac, a lounge act magician in Las Vegas. Narrating his own travail with a note of film noir desolation, Cris/Frank allows that, to make ends meet, he gambles...but only smalltime. Everything smalltime.

But, as the magic man himself is soon able to predict, time is about to run out on this comfortable misery. Callie Ferris has big plans for him. Played with no-nonsense conviction by Julianne Moore, the F.B.I. agent has determined that he's the only hope to stop terrorists from detonating a nuclear weapon in Los Angeles.

She'll be difficult to outrun. But he scoots anyway, quite serendipitously accompanied by the very winsome Liz, whom he has just accidentally on purpose rescued from the brutish, unwanted advances of last year's beau. He figures she's his true love.

I know, I know. But then you have to know Cris, a hopeless romantic in the fashion of Cage. An ambiguous, mongrel mix of handgrip pessimist and never-say-die terrier, his confusion speaks sincerity. And Jessica Biel's Liz senses it, too.

What she doesn't immediately know is that Cris, heretofore a virtual stranger, has been getting vibes for some time now. If it concerns her well-being, he can see a lot further than two minutes. Translated into idealistic movie terms, such an unselfish extension of one's supernatural powers can only mean love. Makes sense.

But later for figuring all that out. "Just trust me" is the operative term for now. It's what makes these romances forged on the lam so perfectly wondrous.

Time is precious. It's all so exciting. It would hardly interest us if director Lee Tamahori fast-forwarded 20 years hence to middle age, when packing the minivan, getting to soccer practice and finding an honest plumber become their biggest challenges.

For now, Miss Moore's FBI agent extraordinaire is hot on their heels. A fact that isn't lost on the bad guys.

"Hmm...if the Feds want Johnson, perhaps we better kill him." The vice quickly closing in on our pair, it's all the more reason to keep skedaddling. Cris's time navigation system leads the way.

It's pretty nifty and seat-edged when the ploy works. But a certain pitfall plagues sci-fi films which rely too heavily on a time trick. And ultimately it befalls *Next*.

The impression of consistency is key. It's all fantasy anyway. So it rarely matters how outlandish the premise. But let the viewer get caught up in assaying the legitimacy of the gimmick and it leads to exasperation.

Doubt sets in: i.e. – "If he could predict that, and it was only one minute ahead, how come he couldn't foresee that other thing?" The story becomes detrimentally secondary.

And once the time puzzle fries your brain, you tend to overlook the characterization. Too bad. Because it's pretty good here.

Cage does a creative job of speculating how someone with Cris's cross to bear might behave. Humanizing the complexity of his talent, he explains: "Here's the thing about looking into the future. Every time you look at it, it changes, because you looked at it. And that changes everything else."

Ooh...sounds hard. Still, he's obviously acquired a knack for it, supplying no small amount of dizzying exhilaration as he makes split-second decisions, shuffles the life-and-death possibilities and gambles which scenario to alter.

In one empowering instance, face-to-face with a hostage-taking villain who thinks he has the upper hand, Cris warns: "I've seen every possible ending. None of them are good for you."

On a lighter note, further inveigling him into our good graces, when the pulchritudinous Liz asks why he chose Frank Cadillac for a stage name, he says, "Because there are two things I love...Frankenstein and Cadillac." Uh, O.K.

You see, he's just a regular guy, not necessarily very intelligent despite that special something. It's worth keeping in mind the next time some celebrity offers their opinion on matters of our destiny.

Insofar as your movie-going future is concerned, the crystal ball suggests the economic wisdom of saving *Next* for later...at least until it's released on DVD.

Next, rated PG-13, is a Paramount Pictures release directed by Lee Tamahori and stars Nicolas Cage, Julianne Moore and Jessica Biel. Running time: 96 minutes

See it all on the web in color...
www.goleader.com