

Scotch Plains Recreation Department Events Calendar
 by: Allison Halperin
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Girls Softball League (3rd to 8th grades). This is a basic instructional league based on teaching skills and drills in a non-competitive format. Teams will be formed and practices and games will be played on township ballfields twice a week. Leagues will depend upon registration numbers. Parent volunteers are needed to coach. Umpires are needed. Please do make requests for team placement. The season runs from April 15 to June 10. Registration runs until March 16 and costs \$65.

Senior Aerobics. Session 1 remaining days are March 16, 21, 23. Classes are held Tuesdays and Thursdays from 10:30 to 11:30 a.m. at the Towne House in Green Forest Park. Class size is limited. The fee is \$5 for residents and \$10 for non-residents.

Line Dancing. Sandy and Lou Smehil teach this class. The line dance class will now take place on Mondays from 10 to 11 a.m. Classes are at the Towne House in Green Forest Park and run through March 27. Fees are \$15 for resi-

dents and \$20 for non-residents.

Adult Self Defense taught by Sensei Alan. Learn basic self-defense techniques in this class. A minimum of 10 people are needed for the class. Classes are on Tuesdays from 6 to 7 p.m. through March 28 at the Towne House. Registration is \$50.

Jazzercise. There is a special offer of eight weeks for \$88 and morning classes are now offered. Each 60-minute class offers a blend of jazz dance and exercise science choreographed to today's hottest music, including Top 40, jazz, country, funk and classics. Classes are available: Mondays at 9:30 to 10:30 a.m. and 7 to 8 p.m., Tuesdays from 7 to 8 p.m., Wednesdays from 9:30 to 10:30 a.m. and 6 to 7 p.m., Thursdays from 7 to 8 p.m., Saturdays from 8:30 to 9:30 a.m. Please register with Bernadette at Scotch Hills Country Club.

See photos on the Web!
www.goleader.com



NEWEST ROTARIAN... Donna Dolce, Fanwood Borough Council President and CEO of the Girl Scouts of Washington Rock Council, Inc., receives her membership plaque from the Fanwood-Scotch Plains President Dwight Leeper. Pat Plante, her sponsor, is on right. The F-SP Rotary Club meets every Wednesday at noon in the Terrace Room of the Pantagis Renaissance restaurant in Scotch Plains. Guests are invited to attend the meetings and should call Dick Dobyns at (908) 322-5986.

Union County Announces 3rd Round Of 'Greening'

COUNTY - The Union County Board of Chosen Freeholders is making available an additional \$100,000 in matching Open Space Trust Funds

for municipalities to plant trees, as part of its "Greening Union County" initiative. The grant program is designed to match every municipality tree-for-tree for the trees they purchase through this program.

The "Greening Union County" program includes installation of trees by forestry professionals with a one-year maintenance guarantee. Since its inception in 2004, more than 2,350 trees have been added to the landscape of Union County.

Applications will be mailed to every municipality in Union County and made available on Monday, March 20 by the county. The deadline to file applications is Friday, June 30. Applications can also be requested by calling (908) 558-2277 or by visiting the Office of Open Space, Recreation and Historic Preservation on the sixth floor of the Union County Administration Building in Elizabeth.

The Open Space, Recreation and Historic Preservation Trust Fund, approved by Union County voters in 2000, assesses a levy of 1.5 cents per \$100 of total equalized real property valuation for a period of 20 years. It provides funds to protect open space, improve parks and recreational facilities and preserve Union County's historic treasures.

Disabled Kids Offered Drumming Therapy

SCOTCH PLAINS - The Jewish Community Center (JCC) of Central New Jersey will offer a Drums Against Disabilities (DAD) program for children in elementary through high school with disabilities in the Scotch Plains area. A federal, not-for-profit organization, DAD helps children combat learning disabilities with drumming therapy.

A kick-off lecture will take place on Tuesday, March 21, at 7:30 p.m. at the JCC, located at 1391 Martine Avenue in Scotch Plains. Open to JCC members and non-members, the classes will start Sunday, March 26, and run for eight weeks. Separate classes will be held for children with autism and those with learning disabilities. The fee is \$80 per child. For more details, contact Jodi Baxter at jbxater@jccnj.org or (908) 889-8800, extension no. 235.

WESTFIELD Recreation Department Events
 by: Traci Kastner
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Culinary Institute and Millbrook Vineyard Trip: Master-chefs-in-training will prepare a complete luncheon fare at the world famous Culinary Institute. Participants will experience an informative tour, guided tour of the Millbrook Winery and receive a souvenir wineglass to take home. The bus departs at 8 a.m. and return at 7 p.m. Fee: \$80.

Lift Tickets: Purchase lift tickets at discount prices to Camelback, Shawnee, Jack Frost/Big Boulder, Mountain Creek and Blue Mountain.

5-Miler and 1-Mile Road Race: will be held on Saturday, April 29 in Tamaques Park, beginning at 9 a.m. Obtain a registration form on our website, www.westfieldtoday.com/WRD, or register on-line at www.raceforum.com (click on "Events 2006")

Manners Class (Ages 8-12): This informative, age-appropriate program teaches children about etiquette and how it should be practiced in today's world in a fun, interactive manner. Hosted by Patti Manning of "Mannerations," the program will be offered from 6 to 7:30 p.m. on Fridays, March 31 and April 7. The fee is to be announced.

Senior Social: This informative program is an opportunity to get the latest information on different topics and to meet new people. Guest speakers will inform participants about a variety of issues related to today's seniors. The program is held the first Thursday of each month beginning at 12:30 p.m. Call for details.

Sport Squirts (Ages 3-5): Mondays April 24 through June 5 from 9:45 to 10:45 a.m. or noon to 1 p.m.

JCC Exercise Program To Address Arthritis

SCOTCH PLAINS - The Jewish Community Center (JCC) of Central New Jersey, in partnership with the Arthritis Foundation, will conduct an eight-week exercise program.

The class will be held on Wednesdays starting March 22 from 11:30 a.m. to 12:15 p.m. at the JCC, located at 1391 Martine Avenue in Scotch Plains. Advance registration is required.

The program will include activities involving weight bearing, range of motion, balance, endurance, breathing and relaxation and coordination. Participants will do exercises seated in a chair, with standing as an option when appropriate. Health education also will be part of the program.

This program is open to all. The cost is \$20 for JCC members and \$24 for the general public. Space is limited. For more information or to register, please contact Karen Rosen, Director of Fitness, at krosen@jccnj.org or (908) 889-8800, extension no. 224.

Seeger Makes Hamilton Men's Lacrosse Team

WESTFIELD - Daniel Seeger, the son of Susan and Geoffrey Seeger of Westfield, has been selected to play on the 2006 Hamilton College Men's Lacrosse team.

Daniel, a senior at Hamilton majoring in chemistry, is a graduate of Westfield High School.

This class will introduce children to a variety of sports from around the world. Fee: \$99.

Strollersize/Fitness: This class is held in Tamaques Park on Wednesdays from 9:30 to 10:30 a.m. from April 26 through June 28. Participants will enjoy a brisk walk around the park followed by some toning and mild strength training using a resistance band for mom, then end with some circle time for mommy and baby singing songs and playing games. Everyone can meet at the playground after class for free play. Fee: \$55.

Multi-Sports Spring Break Indoor Camp (Ages 5-14): Instructors from U.S. Sports Institute will provide a week filled with fun and games. The camp is offered from April 10 through April 13 from 9 a.m. to 1 p.m. Fee: \$125.

Soccer Squirts (Ages 3-6): Tuesdays, April 25 through June 6. Join professional coaches to experience an innovative curriculum that ensures maximum participation. Class times are 10 to 11 a.m. or 1:30 to 2:30 p.m. Fee: \$99.

Tennis (Ages 3-Adult): A five-week spring tennis program is offered May 9 through June 8 for beginning and intermediate levels. Obtain a tennis registration form on our website westfieldtoday.com/WRD.

The Teen Center: Open on most Friday evenings at the municipal building during the school year from 7 to 11 p.m. for all Westfield High School students. The center features pool tables, ping-pong, air hockey, video games, large TV, VCR, stereo system, vending machines and more. Student I.D. is required.

The Night Place: For sixth-, seventh- and eighth-grade Westfield residents from 7:30 p.m. to 9:30 p.m. at Edison School. Featured activities include a live DJ with dancing, movies, passive games, basketball, refreshments and more. The cost is \$2 in advance or \$3 at the door. The remaining 2006 dates are March 31 and May 12.

Teen Time: Open to Westfield resident teens in grades six through eight on March 25 and April 22. Teens will enjoy themselves in a supervised environment filled with fun. The program is offered at the YMCA's East Broad Street Family Branch and at the municipal building Teen Center. Registration will take place on the scheduled nights at the Y's East Broad Street Branch. Fee: \$5 per date.

St. Patrick's Dance On Tap Tomorrow

COUNTY - The Joseph Nugent, Sr. Association will hold its annual St. Patrick's Day Dance tomorrow, Friday, March 17, from 7 to 11 p.m. at the Union Elks, located at 5 Points in Union.

The Willie Lynch Showband will provide music. Admission is \$25 and includes beer, wine, soda and sandwiches. The Nugent Association is the oldest independent Irish-American Association in New Jersey.

For information, please call Kathy Rotando at (908) 352-1477, Carol Martin at (732) 851-5109 or Kevin Dowling at (732) 594-1763.

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OPEN HOUSE: Sunday, March 19th 1-4PM 702 Shadowlawn Drive

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