



David B. Corbin for The Westfield Leader and The Times

Echo Lake Country Club Golf Instructor Derek McDonald

Echo Lake CC Pro Discusses 'Swinging to the Target'

By DEREK MCDONALD
Specially Written for The Westfield Leader and The Times

The most common problem in the average player's golf swing is swinging too far left of their target (for right-handed players). This swing flaw is not only the most common, but it's also the most challenging to correct. I believe the problem starts with the player focusing on the wrong thing (the golf ball) instead of the target. This makes the player force the club head to the ball at the start of the forward swing, which causes the club to go off plane and swing too far left of the intended target. At the set up position, the club head is already at the golf ball. The club shaft extends up from the club head at an angle, so forcing the club head out to the ball is unnecessary. The arms swing the club back and up as the shoulders turn on the back swing and, on the forward swing, the arms and

club must go down and forward in order to propel the golf ball to the target. Of course the player must have good pre-swing fundamentals, grip, aim, alignment and posture. Once these fundamentals are implemented and the golfer is still hitting shots to the left, then he has to change his focus and learn the correct feel and movements of the forward swing.

From the top of the back swing, the right shoulder, hands and club shaft moving down together without losing the 90-degree angle made by the left arm and club shaft. When swinging to the target, the hips will rotate. This rotation of the hips will bring the upper body through. It's essential to keep the hips and body turning, creating a pulling sensation with the arms and golf club. Keep turning to the target and allow the club head to free wheel through impact. If the club head is pushed to the ball, the result will be the club shaft leaning back at impact, resulting in a loss of power and poor ball contact. Focus less on getting the head to the ball. Focus more on swinging the arms and club down and forward to the target.

Derek McDonald is a PGA teaching professional at Echo Lake Country Club. For more information about lessons, please call (908) 232-4288.

Reading is Good For You



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Union County Sr. Men's 50+ Softball League Standings:

50+ DIVISION A (as of June 3):

TEAM	W	L
Lombardi & Greenkeepers	7	2
Antone's Pub & Grill	7	2
D&K Associates	6	3
Awnings Galore	5	4
SMC	2	7

50+ DIVISION B:

TEAM	W	L	T
Promptcare	6	2	1
Union Center Nat. Bank	3	5	1
Associated Auto Parts	3	5	1
Northwestern Mutual	3	5	1
The Office	1	8	0

SUPER SENIORS DIVISION:

TEAM	W	L
IL Giardino's Ristorante	7	1
Creative Industries	7	1
LA Law	2	6
Legg Mason	0	8

D&K Associates 21, Lombardi & Greenkeepers 15

In a slugfest, D&K received three hits apiece from Bruce Bilotti, Al Feigenbaum, Ron Ivory and Gerard McDermott. On the eve of his birthday, Joe Massimino mangled a homerun. Tom Lombardi, Bill Mirto and Tony Williams each rapped three hits for L&G.

Awnings Galore 17, SMC 2

Awnings received awesome pitching from Tom Pasko, outstanding team-defense and three hits apiece from Bob Lorincz and Patrick Sarullo. Promptcare 16, UCNB 9

Mo Fernandez stroked two homeruns (4 RBI) to lead the winners. Chuck Harrell, Charles Lehman and Les Reddick provided three hits apiece. The Bankers got three hits from Charles Geiger and a homerun off the bat of John Brown.

The Office 12, Northwestern 9

The Office broke its seven-game losing streak, powered by three-run homeruns off the bats of Bill Hinkle and Jim Permolie. Steve Falco and Pete Osborn each hacked three hits for the Insurers.

Lombardi & Greenkeepers 11, SMC 6

In a game shortened by the wrath of the heavens with rain and lightning, the winners were sparked by the three hits each of Keith Gibbons, Frank Pepe, Tom Straniero and Brian Williams. Tony Williams stroked his third homerun of the season. SMC received two homeruns from Barney Tracey.

Awnings 18, The Office 7

Awnings exploded for 29 hits, paced by the hot-bat of Bob Lorincz who laced four hits. Bill Blitz, Brian Grandstrand, Neil Grandstrand and Tom Pasko each contributed three hits. Mike Volpe and Grandstrand blasted homeruns.

Promptcare 12, Northwestern 11

John Wactor's game-winning hit in the bottom of the fifth inning, came just before the lightning and rain ended the game. Wactor and Les Reddick each produced three hits. Steve Falco and Rich Grossberg each cracked three hits for the Insurers.

Antone's Pub 11, D&K 9

In a tight match-up, the Pub squeaked out a victory in a game shortened by rain and lightning. Associated Auto 12, UCNB 12 (Tie)

The game was halted after four innings due to rain and lightning.

Creative Industries 9, LA Law 3

Bob Failla and Nick Lehotsky led Creative with three hits each, while pitcher Dom Deo allowed the opponents just six hits.

IL Giardino's 27, Legg Mason 9

The winners erupted for 33 hits. Vic Blyskal and Fred DiMartino banged four hits each, while Ralph Eisenberger, Oscar Harrison (5 RBI), Dave Levine, Walt Maibach, Bob Lorincz and Frank Tartaglione cracked three hits apiece.

Antone's 21, Associated 4



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SLEIGHT OF HAND...Hocus Pocus second baseman Mickey Carnivale tags out Delas base runner John Hagy, unseen, heading for second in the first inning.

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LEADING THE CHARGE...Defenseman Tom Snyder of Westfield seventh grade White lacrosse team leads the charge up field in a recent game against Maplewood. Snyder was the only player from Westfield selected to New Jersey's Under-13 All-Star Lacrosse Team. Under coach Brian Mulvey, Westfield White had a 6-3-1 record heading into its final week of play.

Shallcross, Trimble, Thompson Advance To NJSIAA Boys Tennis Fourth Round

Westfield High School sophomore Kevin Shallcross advanced to the fourth round of the NJSIAA boys singles tennis tournament at Mercer County Park on June 5. Teammates Jack Trimble, a junior, and freshman Dean Thompson advanced to the fourth round in the boys doubles tournament.

Shallcross defeated Dan Ruiz of New Milford, 7-5, 6-3, in the first round then topped rival Ryan Krueger of Scotch Plains-Fanwood, 6-1, 6-0, in the second round.

Trimble and Thompson received a bye in the first round of the doubles tournament then defeated Alex Pildes and Eric Levine of Northern Highlands, 6-1, 6-1. In the third round, Trimble and Thompson stopped Dave Seide and Nick Kelly of Rumson, 6-1, 6-1.

WTA Men's Singles Tennis Ladder Told:

There were 17 matches played during the second reporting period. Robert Errazo claimed the top spot from Dan Siegel with a very tight, 10-9 (7-4 in the tiebreaker) win. Gary Wasserman dropped to third with the result of the Errazo/Siegel match and Steve Parker cracked the top 10 with a win over Mike Gonella. Tuyen Diep is the most active player for the second period in a row with eight matches played. The next reporting period ends on June 18. Any questions or inquiries for the men's ladder can be directed to Richard Pardo at rspardo531@msn.com.

1. Robert Errazo (3)* 18. Andy Cohen (2)*
 2. Dan Siegel (4)* 19. Rod North (2)*
 3. G. Wasserman (3)* 20. Chris Farello (6)*
 4. Chris Conley (2)* 21. David Feric (2)*
 5. Melvin Diep (3)* 22. Josh Suri (4)*
 6. Steve Parker (2)* 23. Joe Donnolo (1)*
 7. Mike Gonella (3)* 24. Chris Blaise (2)
 8. Tuyen Diep (8)* 25. T. Bigosinski (1)
 9. Weldon Chin (3)* 26. Dewey Rainville
 10. Paul Newsome (3)* 27. Doug Albert
 11. Tom Bauer (4)* 28. Ryan Brown
 12. Chris Miller (3)* 29. Donald Dohm
 13. Rich Pardo (6)* 30. Warren Friss
 14. Stuart Gruskin (3)* 31. Zac Friss
 15. Chris Wendel (6)* 32. Mike Manders
 16. Ilija Bouchouev (3)* 33. Steven Shane
 17. Vince Camuto 34. Mark Jackler
- (*cumulative matches played
*match played in reporting period

WTA Men's Masters Tennis Ladder Told:

There is a new leader of the Men's Masters ladder after Chris Wendel bested Mike McGlynn in a tiebreaker on Memorial Day. The standings at the end of the second reporting period follow. The next reporting period ends on June 4. The ladder welcomes the addition of Jim Oslislo. Matches should be reported to mike987654@comcast.net. A reminder that the men's doubles tournament will be held at Tamaques courts on June 24. Full details are at www.westfieldnj.com/wta.

Standings as of June 4:

1. Chris Wendel (6)
 2. Mike McGlynn (2)
 3. Joe Donnolo (2)
 4. Hank Koehler (2)
 5. Henry Williams (1)
 6. Jeff Connolly (1)
 7. Dewey Rainville (1)
 8. Peter Lee (1)
 9. Don Dohm
 10. George Sincox
 11. Jim Oslislo
- (#) total number of matches played

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