



SIMON SAYS...Patrolwoman Lisa Perrota teaches bicycle hands signals at Wilson school for the third graders.

Various Screenings on Tap At Scotch Plains Health Fair

SCOTCH PLAINS - The Scotch Plains Health Department will conduct its 14th Annual Health Fair on Saturday, October 19, from 8 a.m. to noon at the Municipal Building, located at 430 Park Avenue.

In addition to free medical screenings to detect colon-rectal cancer (home test kit) and hypertension, there will be an extensive blood screening (Health Screen 1) to detect (from one sample) abnormalities related to cholesterol and triglycerides, which are associated with the increased prob-

Center For Women and Families Announces Fall Program List

SCOTCH PLAINS - The Center For Women and Families' fall programs are just getting started. Programs relating to personal and professional development, divorce-related support groups for adults and children, financial help and family issues are being offered.

Upcoming October programs include: Conflict Resolution, Living and Dealing with Eating Disorders, Personal Fitness Training Techniques, the Practical Art: Writing to Change your Life, Hypnotherapy-Ease Tension, Eliminate Bad Habits and Fears and Smart Women Finish Rich.

For further information and to register, please call (908) 322-6007. The Center is located at 1801 E. Second Street in Scotch Plains.

College Woman's Club Announces Scholarship Benefit Performance

WESTFIELD - Westfield College Woman's Club announces a benefit performance of "Over the River and Through the Woods by the Community Players. The event is scheduled for Friday, October 25 at 8 p.m.

Tickets are \$18, and are available at the door or by calling (908) 233-3780. Refreshments will be served.

The public is invited to see this comedy and to help support scholarship students in their college careers. Last year's winners were: Sarah Burke, Wan Ting Chen, Mara Judd, Erin McClellan, Bree Sherry, Rosemary Topar and Marie Tracy.

The College Woman's Club has been offering scholarships since its inception in 1917.

ability of heart disease.

The test is also an indicator for diabetes, various liver disorders and anemia, in addition to being a complete blood workup. The cost for this test is \$16 and registration and payment are necessary prior to October 19. The test requires 12 hours of fasting (excluding water).

Other blood tests will be available at additional costs. Interested individuals are asked to visit the Scotch Plains Health Department, Room 212 of the Municipal Building, to register.

The Health Fair will also feature influenza immunizations for Scotch Plains senior residents (age 55 years or older, proof required); school immunizations (student must be accompanied by a parent and present a request slip from the school nurse); hearing exams; diabetes and cholesterol screenings (12 hours of fasting recommended).

Senior citizens are asked to bring their Medicare number/card with them. Anyone allergic to eggs, chicken, chicken feathers or chicken dander should not receive this vaccine without first contacting his or her physician.

Additionally, skin cancer screenings, spinal analyses, vision screenings and oral cancer screenings will be available. There will also be a dental hygiene demonstration, as well as a certified massage therapist who will perform free massages. The fair is open to Scotch Plains residents only.

Garden Club of WF Westfield To Feature Local Floral Arranger

WESTFIELD - At the Tuesday, October 8 meeting of the Garden Club of Westfield, Beverly Soriano, a member of the American Guild of Floral Arrangers and former state board member of the Garden Club of New Jersey, will reveal the secrets of long-lasting floral arrangements and how to put them together.

The meeting will be held at 1 p.m. in the Scotch Hills Country Club, Plainfield Avenue and Jerusalem Road, in Scotch Plains.

Barbara Peek will be the Hostess Chair, assisted by Carolyn Fleder, Jeanne Glass, Jean Partner-Jones, Nancy Rainville and Eve Wiley.

Anyone wishing to know more about the Garden Club of Westfield may call 908-233-6694.

Scotch Plains Recreation

Basketball Leagues: Registration is open for basketball leagues for students from third to eighth grades. The fee is \$40 through October 11. Practices and games will be every Tuesday and Thursday in township school facilities. Leagues will be divided based upon registrations.

Basketball Ratings Clinics: On October 15 a basketball clinic will be held for girls who are enrolled in the basketball league and on October 17 a clinic will be held for boys. For more information or for times, please call the recreation department at (908) 322-6700, extension 221.

Basketball Officials Needed: The recreation department is looking for coaches for the girl's leagues and the upcoming youth league. If interested please contact Allison at (908) 322-6700, extension 222.

Theater Classes: Classes are available for children, ages 5 and 6 and for ages 10 to 13. All classes will be on Saturday. A production will also take place at the end of the program.

Comet Robotics Workshop: Children ages 7 to 12, can create their own robot on Thursday, December 26 and on Friday, December 27 at the Towne House in Green Forest Park from 9 a.m. to 4 p.m. each day.

Karate Skills Program: Sensei Alan will be running a karate skills program for ages 6 to 15 on Tuesdays at the Towne House. Please contact the recreation department for details.

Mayors Gala: Tickets are on sale for the Mayors Gala, on December 6, at the Scotch Plains Recreation Department office. In addition, nomination forms for *Volunteers of the Year* can also be obtained at the

recreation office.

Adult Programs: Programs include: aerobics, yoga, exer-dance, volleyball and men's over 30 basketball. A Rutgers Safety Clinic is scheduled for Wednesday, October 30 at the high school for those who may want to coach any sport for the township. Registration is at the recreation office.

Rutgers Safety Clinic: Clinic is scheduled for Wednesday, October 30, at the high school for people who may want to coach any sport for the township. Must register in the Rec. Office.

Senior Aerobics: Classes are held on Tuesdays and Thursdays in the Towne House in Green Forest Park from 9:30 to 10:30 a.m. The fee is \$5 per person.

Spelling Bee: A spelling bee will be held on Saturday, October 12 at the Park Middle School Auditorium. The third grade competition will begin at 9 a.m. The fourth grade will begin at 10 a.m. and the fifth grade will start at 10:45 a.m. Prizes will be given to the winners and runners up in each grade. All participants will receive a certificate and a treat. Please register at the recreation department in the municipal building on 430 Park Avenue by October 9.

Halloween Celebration: A Halloween Celebration will be held on Thursday, October 31 at the Park Middle School Parking lot at 6 p.m. and a magician will put on a magic show for all children at The Village Green. Treats will be handed out and contests will be run.

For More Information contact the Scotch Plains Recreation Department at (908) 322-6700.



Assemblywoman Stender Sets Community Blood Drive in SP

SCOTCH PLAINS - In an effort to cope with the communities' growing need for blood, Assemblywoman Linda Stender is hosting a blood drive on Thursday, October 22, from 3 to 8 p.m. at her district office, which is located at 1801 East Second Street in Scotch Plains.

"Our communities repeatedly face severe blood shortages due to diminished donations," said Assemblywoman Stender. "Most of the blood

collected at this donation will be sent to local hospitals to be used within 48 hours to treat cancer and surgical patients, accident and burn victims and many others."

To participate, please call Jennifer Mancuso at Assemblywoman Stender's district office at (908) 668-1900, Monday through Friday, 9 a.m. 5 p.m., to make a donation appointment. Walk-in donors are also welcome.

Blood donors must be at least 17 years of age, weigh a minimum of 110 pounds and be in good general health. The blood donation process takes less than an hour and includes a free minor medical exam including temperature, iron count, pulse and blood pressure. Refreshments are also provided after donating.

Donors must know their Social Security Number and a photo or signature ID is required.

The drive will be administered by New Jersey Blood Services, a division of the nation's largest independent blood collection and distribution agency.

Rituals Hair & Body Spa Opens on Prospect

WESTFIELD - Lenore Rassias opened her new salon, Rituals Hair & Body Spa on 26 Prospect Street in Westfield. Lenore is well known in the industry for being an expert colorist, a top hair designer, and a leader in product development with the salon's own line of products.

Lenore is a very pleasant, low-key person who can best be described as a true artist in the filed of hair and body care. Lenore blends a classic touch of simplicity and elegance in everything she does. Personal consultations with Lenore are always available at no charge, please call and make an appointment. Cleanliness, personal touch, and full service make the Spa experience in Westfield a welcome addition to the industry.



THE BIG DIG...Work has resumed at the apartments on the corner of Central Avenue and Cacciola Place in Westfield.

NJAFE October Meeting To Discuss Identity Theft

AREA - Lieutenant Patricia Leonard, Commander of the Special Prosecutions Unit of the Union County Prosecutor's Office, will be the keynote speaker at the NJAFE dinner meeting on Wednesday, October 16 at the Spanish Tavern, Route 22 East, Mountainside, N.J. Lt. Leonard will be discussing identity theft.

Identity thieves steal personal information, such as a credit card account number, Social Security number or driver's license number. Then they open up accounts in a consumer's name and run up charges on the account. Or, they use the personal information to charge goods and services to a consumer's existing accounts. In other cases, they may work,

or even be arrested, while using the victim's name.

The harm to a consumer's credit and daily life can be devastating. Victims of ID theft often have trouble getting new credit cards or loans because of the damage to their credit ratings.

According to the ID Theft Data Clearinghouse, the most common types of identity theft are:

Using or opening a credit card account fraudulently, opening telecommunications or utility accounts fraudulently, passing bad checks or opening a new bank account, getting loans in another person's name, and working under another person's name.

If you are interested in learning more about this crime and how to protect yourself from becoming a victim, please call the NJAFE hotline at 800-275-1767 for reservations or visit our website www.njafe.com. Networking begins at 6:30 p.m. and dinner is at 7 p.m.

PUBLIC NOTICE

TOWNSHIP OF SCOTCH PLAINS PLANNING BOARD NOTICE IS HEREBY GIVEN, that the Planning Board of the Township of Scotch Plains will hold a public hearing on **Monday, October 28, 2002**, at 8:00 p.m. in Council Chambers, 430 Park Avenue, to hear the Waiver of Site Plan for Walter DiDonato, for 2370 Waldheim Avenue, Block 6801, Lots 26 and 27, M-1 Zone who proposes to use the existing vacant property for bulk storage and parking. The following variances are requested with this application:

Section 23-3.4A, Para. N, Col. 3-Lot Size

Required: 7500 feet
Proposed: 6000 feet

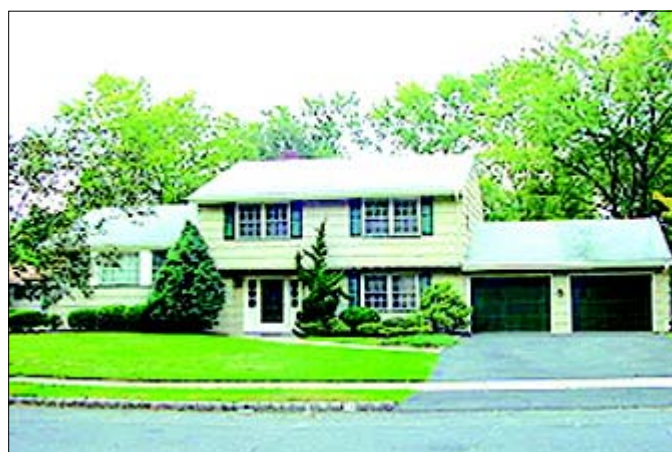
Section 23-3.4A, Para. N, Col. 4-Lot Width

Required: 75 feet
Proposed: 60 feet

All interested persons may be present and be heard. The file pertaining to this application is in the Office of the Planning Board and is available for public inspection during regular office hours.

Barbara Horev
Secretary to the Planning Board
1 T - 10/10/02, The Times Fee: \$26.01

New Listings



This delightful WESTFIELD 3 Bedroom, 1.5 Bath Split abounds with space. A Living Room with hardwood floors and bay window, Formal Dining Room with chair rail and slider to large fenced yard and an Eat-In Kitchen with newer appliances are complemented by a Family Room with rough hewn beams and slider to pavenstone patio. Other desirable features are a basement Recreation Room and large hall closet with access to attic storage. Updates include CAC and gas forced air heat. Presented for \$429,900.

A quiet FANWOOD street is the locale for this pristine 4 Bedroom, 3 Bath Expanded Ranch. A marvelously updated ('97) Eat-In Kitchen blends seamlessly with a Living Room with hardwood floors and bay window, Formal Dining Room with slider to deck and a basement Family Room with fireplace. Other updates include: Master Bath, HWH, Roof, vinyl siding, windows and elec. Huge second floor. Bedroom with Full Bath and access to ample storage space. Presented for \$429,900.



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Westfield... Elegant 6 BR, 2 full, 2 half BTH Col on park-like property. Beaut. renovated w/ many amenities: archways, gracious sz rms, newer BTHS, tasteful decor. Newer cherry Kit w/ sunny din area opens to FR w/ back staircase. New RR, CAC. (WSF6798) \$879,000.



Scotch Plains... Prestigious 5 BR, 2 1/2 BTH Col on cul-de-sac. 2 story EF, LR, FDR, gourmet Eik opens to FR w/ frpc sld'd to lrg Dk & hot tub. Elegant LIB w/ quality B.I.'s. MBR suite, 2zn HT & CAC, 3 CG, spectacular lndsp. (WSF6735) \$1,350,000.



Scotch Plains... Sunny, pristine 4 BR, 2 1/2 BTH home in Ashbrook loc. Newr Eik w/ vault. Ceil, Viking St & cust B.I., dining table. DR w/ sldr to lrg deck overlooking ingrd pool & beaut. secluded grounds. (WSF6739) \$569,000.



Scotch Plains... Sunny, 4 BR, 2 BTH Cape on expansive property. 3 CG- great for antique car collector. Newer windows, HWHLS, LR w/ frpc, lrg sun room, maintenance / free exterior. (WSF6810) \$350,000.

Westfield Office
209 Central Avenue
908-233-5555, ext. 169
www.westfieldnjhomes.com



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