



Ms. Bethany Nadel and Ken Rotter

Ms. Bethany Nadel Engaged to Ken Rotter

Ms. Bethany Nadel and Ken Rotter, both of Westfield, have announced their engagement.

The bride-to-be's mother, Ms. Marilyn Nadel, resides in Green Brook and is formerly of Scotch Plains. Mr. and Mrs. Howard Nadel of Short Hills are the future bride's father and stepmother. Her fiancé is the son of Mr. and Mrs. Larry Rotter of Byram Township.

A graduate of Newark Academy in Livingston, the bride-elect, who was raised in Scotch Plains, received her Bachelor of Science Degree from Boston University. She earned her Juris Doctor, with honors, from Rutgers

School of Law in Newark in May. Mr. Rotter, a native of Brooklyn, graduated from Lenape Valley Regional High School in Stanhope. He was awarded his Bachelor of Arts Degree from Drew University in Madison, magna cum laude, double majoring in Russian and political science.

The future bridegroom received his Juris Doctor from Georgetown University in Washington, D.C. He is an associate with Carpenter, Bennett, and Morrissey in Newark and also serves as Chairman of the Westfield Democratic Committee.

The couple plan to be married in August.

Beware of Plants That Attempt To Take Over Your Garden

By JODY MELLOAN

Our family used to joke that the wisteria vine climbing the west side of our house might creep right through a window some night and curl up on someone's bed.

But when we learned that the roots of a neighbor's wisteria was actually damaging the foundation of his house it was no longer a joke. With considerable effort, we finally dug up and discarded our wisteria, roots and all.

Mother Nature provides us with an endless variety of beautiful plants, but she also likes to keep us on our toes by creating others that, like the neighborhood bully, try to take over.

Among the most invasive are non-natives like kudzu and the aptly named mile-a-minute-vine. Both can literally smother forests and park lands.

Less damaging, but still invasive, are a variety of plants that can be a real nuisance in your garden. A while back, *The American Gardener*, a magazine published by the American Horticultural Society, featured an article headlined "When Good Plants Go Bad."

Among the 22 plants on its "most unwanted" list were honeysuckle, multiflora rose bushes, purple loosestrife and (my old nemesis) wisteria. Most experienced gardeners have their own "most unwanted" plant list.

Rosemary Shire, who graduated from the Rutgers Master Gardener course last June, says that she won't plant purple loosestrife in her Westfield garden because it spreads so aggressively.

She also shies away from black-eyed Susan, which also spreads quickly, and joe-pye weed. The latter has recently been praised by garden writers as a "handsome new addition to the flower border," despite the fact that farmers know that it spreads easily in fields.

Antoinette Rinehart, a North Plainfield garden designer and one of my colleagues in the Rutgers Master Gardener class of 2001, has a long list of perennials which, she says, "are infamous for their ability to run rampant through the garden. They are attractive plants and often

Son, Matthew Reid, Born to Grossmans

Reid and Kimberly Grossman of Scotch Plains have announced the birth of their first child, Matthew Reid Grossman, on Friday, June 7, at 1:16 a.m. at Saint Barnabas Medical Center in Livingston.

Matthew weighed 8 pounds and 9 ounces and measured 19 inches in length at birth.

The baby's maternal grandparents are Edward and Marie Dockx of Greentown, Pa.

His paternal grandparents are Gary Grossman of Springfield and Marilyn Silber Grossman of Rock Hill, N.Y.

The godparents are Christopher and Nicole Dockx of Summit.

the gardener, in her enthusiasm, does not realize there may be a problem down the road."

On her list are such old favorites as yarrow, bachelor's button, lamb's ear and goldenrod. "And of course, you know," she adds, "the trick, if you must have mint in your garden, plant it in pots!"

Despite its colorful autumn cascade of orange flowers, the most annoying horticultural pest in my garden is a trumpet vine. It was planted somewhere in our neighborhood about 12 years ago, but has turned wild, sending root suckers as long as 20 feet underground before popping up again. My neighbors and I wage a continuing battle with it.

Almost as bad are the trolilius (globe flower) and the golden carpet sedum (sedum acre) which I innocently introduced a few years ago. Trolilius is a charming, low plant with a yellow, ranunculus-like bloom. My garden book didn't say that it, too, sends underground runners that can resurface anywhere.

The sedum is a low growing succulent with tiny, golden yellow flowers that spreads like wildfire, even leaping over sidewalks and driveways. It does serve as a glowing ground cover early in the summer, but later becomes a squishy, brownish mess.

The only way to get rid of such horticultural hooligans, according to a gardener quoted in the *American Gardener* article, is "Be vigilant...and pull, pull, pull."

There is no substitute for the old-fashioned way...No foreign substance or chemical is introduced, and it's good therapy for the mind and physical exercise for the body."

Jody Melloan is a member of the Garden Club of Westfield.

SAGE Craftsmen Repair Furniture, Create Special Items

SUMMIT - Volunteer craftsmen at the SAGE Workshop are available to create custom gifts and perform furniture repair at their facility, located in the SAGE building at 50 DeForest Avenue in Summit.

Workshop volunteers will consider repairing any piece of furniture that can be carried into the workshop. They also craft individual gift or decorative items for sale.

The workshop specializes in the repairing and reweaving of cane chairs. Prices depend upon the condition of the chair or furniture item to be repaired and the materials required for the restoration process.

The SAGE Workshop is open Mondays, Wednesdays and Fridays from 9 a.m. to noon. It can be accessed through a rear entrance. Profits from the workshop benefit SAGE services for the elderly and their families.

For more information, please call (908) 273-5550, extension no. 23.



Drs. Mary Helen and Earl Chamberlin

Drs. Earl and Mary Helen Chamberlin Celebrate 55th Wedding Anniversary

Drs. Earl and Mary Helen Chamberlin of Scotch Plains celebrated their 55th wedding anniversary on April 26 with a weekend family celebration.

Nineteen of their 22 children, spouses and grandchildren attended and stayed at the Westfield Inn.

A brother and his wife from Wisconsin, a sister and her husband from Minnesota, a sister from Denver, Colo. and a sister-in-law from Minneapolis, Minn. also came for the festivities and were guests at the family home.

On Saturday, April 27, the couple hosted an al fresco lunch for the whole family in the backyard. Among those in attendance was an artist daughter from Highland Park. That evening, everyone went to dinner at The Willows in Green Brook.

On Sunday morning, the family attended a brunch at the Terrace Restaurant at the Short Hills Hilton Hotel, where manager Luis Midon surprised the couple with two plates, each with a piece of cake topped with a candle, and the words "Happy 55th Anniversary" written on the plates in chocolate.

The Chamberlins were married in 1947 in Madison, Wis. Earl, an organic chemist with a Doctor of Phi-

losophy Degree from Harvard University, retired as a Director of Process Research from Merck and Company in Rahway in 1980.

Mary Helen, an ophthalmologist who earned her Doctor of Medicine Degree from the University of Wisconsin in a wartime commencement, did her internship and three-year residency in Eye, Ear, Nose and Throat at Jersey City Medical Center from 1944 to 1947.

She then practiced with Dr. Truman Boyes in New York City on Madison Avenue and 59th Street and was a clinician at the New York Eye and Ear Infirmary on 13th Street and Second Avenue until 1949, when she retired to raise a family of seven children.

In the 1960s, she volunteered at a Plainfield eye clinic and attended refresher classes at the Women's Medical College in Philadelphia. After their children were grown, she and her husband traveled around the world and also volunteered at Muhlenberg Regional Medical Center in Plainfield.

Later this summer, they plan to move from their Scotch Plains home, where they have lived since 1949, to an apartment in Westfield.

Saint Barnabas Continues Summer Program Series

AREA - The Saint Barnabas Ambulatory Care Center, located at 200 South Orange Avenue in Livingston, has revealed several additional Community Education Programs for Summer.

A five-week "Fibromyalgia Empowerment Program" will be held on Wednesdays, July 31, August 7, 14, 21 and September 4, from 10 to 11:30 a.m. The cost is \$100 per person.

The program will offer mind/body techniques to help manage symptoms and optimize wellness. Sessions will include: Meditation and Guided Imagery, Relaxation Techniques, Stress Management Techniques, Movement Therapy, Stretching and Yoga.

"Meditation" will be offered on Tuesday, August 13, from 7 to 8:30 p.m. Participants will learn the basic skills through breathing and focusing attention to access the ben-

efits of this stress reducing technique. The cost is \$15 per person.

Finally, an ongoing "Integrative Healthy Weight Program" is designed to provide individuals with the tools and empowerment necessary to make permanent healthy life changes.

An individualized, three-month, comprehensive approach, an individualized five-week approach or a weekly support group plan are available to suit individual needs. Please call the Siegler Center for Integrative Medicine at (973) 322-7007 for fee information.

Interested individuals are asked to call the Siegler Center to register for any of the Community Education programs.

See it all on the Web!
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