



AN APPLE A DAY...Thomas Sherry of Westfield, pictured with his son, Michael, will demonstrate apple cider making on Sunday, November 2, from 2 to 5 p.m. at the Miller-Cory House Museum. Open-hearth cooking and tours of the historic farmhouse also will be featured. The museum is located at 614 Mountain Avenue in Westfield.

Miller-Cory Plans Program Featuring 'Versatile' Apple

The Miller-Cory House Museum will celebrate the "versatile" apple on Sunday, November 2, from 2 to 5 p.m. with an old-fashioned apple bee and open-hearth cooking. The museum is located at 614 Mountain Avenue in Westfield.

An apple bee was a time for neighboring farm families to share in the task of harvesting their apple crop and socializing at the same time.

Visitors to the museum will be able to see Thomas Sherry, Past President of the Miller-Cory House Museum volunteers, demonstrate cider making with a hand-worked cider press.

When the first settlers arrived in America, they brought apple seeds with them, and the first apple crop in the new world was harvested from trees planted by the Pilgrims.

Joan Barna of Scotch Plains and Patricia Loloian of Mountainside will demonstrate open-hearth cooking us-

ing authentic early American recipes and cooking methods.

The cooks will use apples in the preparation of various entrees and desserts. Visitors will be able to enjoy taste treats as prepared by the cooks.

The museum gift shop offers a variety of Colonial reproductions, cookbooks and educational items. Costumed docents will guide visitors through the history-rich farmhouse and answer questions about early American life in New Jersey.

Admission to the museum and its grounds is free for children under six years of age, 50 cents for students and \$2 for adults. On Sunday, November 9, the museum will feature a corn-husk doll-making demonstration by Eileen O'Shea of Summit.

For information about the museum and its schedule of events, please call the museum office at (908) 232-1776.

Rejuvenations Offers Full Spa Experience

"Take care of your body and skin and it will take care of you," is a statement people are all beginning to know is true. Women and men alike have now been following a wellness program which includes taking steps to ensure healthy skin.

Many brides and bridegrooms are now taking advantage of the steps to ensure that healthy glow before they reach the altar.

Rejuvenations Salon and Spa in Mountainside offers brides and their wedding parties massages and herbal wraps, in addition to appointments for facials and manicures, pedicures and makeup packages which include a massage, lunch and more. Packages are also available for individuals, and may be coordinated for different times and treatments.

Rejuvenations suggests that both the bride and the bridegroom have a facial two weeks prior to the wedding, while makeup applications and hair appointments should be scheduled at least one month in advance. Brides may schedule an appointment when their headpiece arrives, in order to find the perfect style for their wedding day.

Massages may be scheduled for a day or two before the wedding. Body wraps for inch loss are done in a series of five sessions that can begin two months before the wedding. Private parties can be accommodated on Sundays, and Rejuvenations will complement the day with refreshments of wine, nuts and crackers in a calming atmosphere.

Men, too, have been availing themselves of such salon services, since the private pampering offered can relieve the stress of one's work and everyday life.

Rejuvenations Hair and Body Spa, located at 887 Mountain Avenue, is open Tuesday through Saturday, with evening appointments available on Wednesday, Thursday and Friday.

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Elm Delicatessen, Sorrento's Meet 'Excellent' Standards

The Westfield Board of Health has announced the establishment of a new category of compliance rating issued in the inspection of retail food establishments.

The rating of "excellent" was established by the Board of Health to recognize local retail food establishments that have maintained an exemplary record in compliance with the New Jersey State Sanitary Code and local ordinances and regulations governing the operation of retail food establishments.

A retail food establishment that has received continuous "satisfactory" postings (formerly the highest rating) for two consecutive years becomes eligible for consideration of the issuance of an "excellent" posting at the discretion of the Health Inspector conducting the current inspection.

Westfield Health Officer Robert Sherr has announced that two local retail food establishments have recently been awarded the "excellent" posting:

They are Elm Delicatessen, located at 37 Elm Street, and Sorrento's, located at 631 Central Avenue.

Mr. Sherr noted that the owners of both facilities have maintained their establishments in the highest standard and, as such, were fully deserving of the new posting.



SHOWING OFF SALE ITEMS...Four students at the Westfield Day Care Center model apparel donated for the center's annual clothing sale Saturday and Sunday, November 14 and 15, in Westminster Hall at The Presbyterian Church in Westfield. Pictured, left to right, are: Lauren Darchi, Skylar Rachlin, Deborah Wu, and Evan Dobra.

Westfield Day Care Center To Host 8th Clothing Sale

Clothes for boys and girls from infant to size 12 are needed for the eighth annual clothing sale sponsored by the Westfield Day Care Center Auxiliary.

The sale will be held Friday and Saturday, November 14 and 15, in Westminster Hall at The Presbyterian Church in Westfield.

Donated items may be dropped off at the Day Care Center in Westminster

Hall, 140 Mountain Avenue, or will be picked up by calling (908) 654-4037. Clothing should be clean and in good condition.

Sale hours will be 9 a.m. to 1 p.m. and Saturday will be "Bag Day," when customers may buy a bag for \$3 and fill it with as much clothing as it will hold. Proceeds go toward operating the Day Care Center.

Sale Runs 10/30 thru 11/5

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PEACE FOR THE WORLD...Morgan Bunting and Joshua Rosenberg, both of Westfield, stand beside a peace pole at The Christopher Academy in Westfield. The peace pole is inscribed "May Peace Prevail on Earth," in English, Hebrew, Korean and Spanish. The peace pole supplements the Montessori Peace Education curriculum, which is a vital part of the Montessori philosophy. The Christopher Academy is celebrating its 35th school year on Sunday, November 9, from 2 to 5 p.m., with an open house. For information, please call (908) 233-7447.

Trip to Christmas Show At Radio City Music Hall Set for Dec. 11 in Town

The Westfield Recreation Commission is sponsoring a trip to the Radio City Music Hall Christmas Show on Thursday evening, December 11, for the 8 p.m. performance.

Cost of transportation and ticket admission is \$52 per person. The bus will leave from the Westfield Municipal Building parking lot, 425 East Broad Street, at 6 p.m., returning at approximately 11 p.m.

For further information, please call the Westfield Recreation Department at (908) 789-4085.

WHS PTO Meeting Set for November 19

The next meeting of the Westfield High School Parent-Teacher Organization will be held on Wednesday, November 19, at 7:45 p.m. in Cafeteria B.

The topic of discussion will be "The Changing Role of the Guidance Department." Refreshments will be served.



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You might also have thought of putting some **turf** on the fire and settling down with a good book of **Irish poetry**, while a tape of **Celtic harp music** adds a soothing background...

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