

NJWA Concert Band to Play At Temple Emanu-El June 3

WESTFIELD — The New Jersey Workshop for the Arts (NJWA) Concert Band under the direction of conductor Howard Toplansky, will perform a spring concert at Temple Emanu-El, 756 East Broad Street in Westfield on Sunday, June 3, at 3 p.m. This is the fifth of a five concert series for the 2011-2012 concert season. The event is open to the public and admission is \$10 per person.

"We are delighted to be invited back to play at Temple Emanu-El. Our musical selections are geared to please a variety of musical tastes and range from Renaissance to Ragtime favorites," stated Mr. Toplansky. "Mill on the Rock" Overture by Reissiger, highlights from *Oklahoma* by Richard Rodgers, and "Fughetta" by Handel will be featured on this program.

The concert will also offer "Apple Jack Rag" by Johnson and "The Glow

Worm Idyll" by Paul Lincke. Several fine marches will also be performed on this program, which include "Pan American" and "Bonds of Unity," both by Karl King and "In Defense of the Motherland" by Russian composer Viktor Runov. Mr. Runov is an icon in the pantheon of great Russian military band composers and was one of the directors of the elite Frontier Guards Wind Orchestra, which performed for very high level state ceremonies.

Rounding out this concert will be "Estellita Waltz" by Victor Herbert, "Livonian Castle Dances" by Latvian composer Peteris Butans and "Fare for a Festival" by American band composer Frank Erickson.

For further information about the concert or to learn how to become a member of the NJWA Concert Band, call (908) 789-9696 or e-mail at njwaband@att.net.



GRADUATION RECITAL...The Junior Musical Club of Westfield will hold its annual Graduation Recital at the First Baptist Church, 170 Elm Street in Westfield, on Wednesday, June 6, at 7 p.m. Pictured, left to right, are: Alex Goldschmidt, Rebecca Dias, Mary Lamberti, and Jahzeel Paguntalan, the seniors who will perform at a graduation recital.

Junior Musical Club of WF to Present Graduation Recital

WESTFIELD - The Junior Musical Club of Westfield will hold its annual Graduation Recital at the First Baptist Church, 170 Elm Street, Westfield, on Wednesday, June 6, at 7 p.m. The concert is open to the public free of charge. The recital celebrates high school seniors in the club about to leave for college.

Soprano Rebecca Dias, a senior from Arthur L. Johnson High School, will be performing "The Willow Song" from *The Ballad of Baby Doe* by Douglass Moore, "Goodbye, Goodbye World" (text from the play *Our Town* by Thornton Wilder, set to music by Lee Hoiby), and "Green Finch and Linnet Bird" from the musical *Sweeney Todd* by Stephen Sondheim. Rebecca served as Vice President of Auditions for the Junior Musical Club this year.

Pianist Alex Goldschmidt, a senior from Westfield High School, will be performing two works by Frédéric Chopin, *Étude in A minor, Op. 25, No. 11*, known as the "Winter Wind," and also the *Nocturne in C-sharp minor, Op. Posthumous*. Alex served as President of the Junior Musical Club this year.

Pianist Mary Lamberti, a senior from Union County Magnet High School, will be performing *Prelude and Fugue Number 21 in B-flat Major* from *The Well-Tempered Clavier* by Johann Sebastian Bach and the first movement of *Ludwig van Beethoven's Piano Sonata No. 18 in E-flat major, Op. 31, No. 3*.

Violinist Jahzeel Paguntalan, a senior from Academy for Allied Health Sciences, will be performing *Rondo from Violin Concerto No. 7 in A Minor, Op. 9* by Pierre Rode and *Allegro non troppo from Symphonie Espagnole in D minor, Op. 21* by Édouard Lalo. Jahzeel served as Vice President of Programs for the Junior Musical Club this year.

Members of the Junior Musical Club will also be performing during the Westfield Symphony Orchestra's Annual Tour of Notable Homes on Saturday, June 2. The tour will feature a home in Summit and four homes in Westfield.

Finally, the Junior Musical Club will be holding auditions for the 2012-2013 year on Sunday, June 24, at the home of Beverly Thomson Shea, 2121 Princeton Avenue in Scotch Plains. Auditions are open to students currently in the eighth through twelfth grade who live in Westfield and the surrounding area.

The student must perform two pieces of contrasting style, and memorization of some portion of a piece is encouraged. Also, the student must provide his or her own accompanist and music stand. If the student is unable to find an accompanist, he or she may contact Rebecca Dias, home (732) 396-4644, cell (732) 882-5681 or e-mail Rbcca6@aol.com for a list of pianists. To obtain an audition appointment, the student should contact Rebecca or Beverly Shea, (908) 654-1036, e-mail juniormusicalclub@gmail.com.



FUN FOR ALL AGES...The NJWA Summer Symphony Orchestra, intended for musicians of all ages, will hold rehearsals during June and July and will perform a concert at Temple Emanu-El in Westfield on July 19.

Registration Now Open For NJWA Summer Orchestra

WESTFIELD — The New Jersey Workshop for the Arts (NJWA) Summer Symphony Orchestra, which provides musicians of all ages an opportunity to continue developing their talents over the summer months, is presently holding registration for the session, which begins on Tuesday, June 19, and ends with a concert on Thursday, July 19. The orchestra will rehearse on Tuesdays and Thursdays from 7:15 until 9 p.m. at Temple Emanu-El at 756 East Broad Street in Westfield. A dress rehearsal will be held on Wednesday, July 18.

Janet Lyman, who will conduct the orchestra for the thirteenth year, stated, "The audience will hear great music by a great summer symphony." These musicians will be playing the works of Rimsky-Korsakov, Mendelssohn, Smetana and Mozart, among those of other

WF Therapist Publishes Self-Help Book

WESTFIELD - The month of May has been a triumph in book publishing for Westfield Therapist Dr. Peter M. Kalellis.

"Living In Difficult Relationships" is his eighth self-help book in the market. This book is destined to be a classic for marital and couple relationships.

Dr. Kalellis provides for readers meaningful insights for coping and facing life's many challenges as encountered by couples who live together or by spouses. "Living in Difficult Relationships" is a provocative, fantasy-crushing, and mature diagnosis of ailing relationships. It represents a heartfelt concern of the author for couples who wish to go beyond the obstacles, real or imagined, that most married couples or couples who live together experience.

"Living in Difficult Relationships" is a helpful book for spouses or individuals who tend to find fault with the other and ignore their contribution for their relationship.

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is not an easy one! The solo woodwind players - flutist Tanya Witek, oboist Richard Foley, clarinetist William Shadel and bassoonist James Jeter, shone in their many solo passages, and the quiet string playing had a beautiful silvery shimmer to the sound.

The program ended with another of Copland's popular works - the short "Hoe-Down" from an earlier ballet, *Rodeo*. It uses the country fiddling tune "Bonaparte's Retreat" note-for-note as a lively square-dance theme, and you can almost see those cowboys kicking up their heels. It made an engaging and energetic finale to both the ballet and the concert.

Westfield is unique for a town its size in having a professional orchestra in residence. Their 30th season begins in September - check westfieldsymphony.org, for details - come out and support the home team!

great composers.

To be eligible for the group, musicians who play strings, woodwinds, brass and percussion should have some ensemble playing experience. Additional requirements are listed in the Summer Symphony brochure.

The fee for the 2012 summer orchestra is \$150 and all musicians are required to bring a music stand to rehearsals.

Ms. Lyman, an instructor at the NJWA Music Studio and Summer Workshop, has performed with many area orchestras. The recipient of many honors and awards, Ms. Lyman holds both a B.M. in Violin and an M.M.Ed. in Music Education from the Manhattan School of Music. A faculty member in the Tenafly school system, she is also the founder and conductor of the Tenafly Symphony Orchestra and Music Director at Zion Lutheran Church, where she directs the Adult Choir and Children's Choirs, and the Adult and Children's Hand Bell Choirs.

To register for the NJWA Summer Symphony Orchestra, call (908) 789-9696, visit the studios at 150-152 East Broad Street in Westfield or log on to www.njworkshopforthearts.com for more details and to download the registration form.

See it all on the Web!
www.goleader.com



FAITHFUL VOLUNTEER...Helen Allegro, right, was honored recently at a general meeting of the Woman's Club of Westfield for 35 years of continuing service and membership in the club. Dolores Geisow, left, president of the Woman's Club of Westfield, honored her by presenting her with a commemorative pin. Helen, a longtime Westfield resident, has held several positions and offices in the club over the years while contributing to scores of activities with faithful volunteerism.

South Avenue in WF - A Great Place For Restaurants

By JAYNE SALOMON
Specially Written for The Westfield Leader and The Times

WESTFIELD - When Splash of Thai opened its doors in 2006, I thought what a perfect spot for a trendy upscale restaurant. There could be no better location for a restaurant than along the strip of South Avenue that extends from Westfield Avenue to the Boulevard. With abundant parking provided by the train station parking lot across the street, one would think this could become Westfield's "restaurant row."

Since that time, a few fast food places as well as Café Tutti Baci have appeared. But it was not until Boulevard Bistro opened in 2009 that it seemed my vision may become a reality. Now, San Marzano Pasta House just joined Bistro, Splash and the others helping to contribute to the transformation I envisioned six years ago. Albeit slowly, I believe other savvy restaurateurs will eventually capitalize on this neighborhood.

Westfield always seems to have room for one more Italian restaurant but what about other ethnic restaurants? Why not convert these three blocks into an international food destination?

How about a traditional but high-end Chinese restaurant or a quaint French bistro similar to Cranford's Café Paris? After all, most of our Asian restaurants focus on sushi or take-out. And as far as French restaurants, Chez Catherine, a top-rated Zagat pick has pretty much had a monopoly on French fare for over 30 years.

I can picture a small French bistro, with tables outside, of course, that offers a menu of basic French dishes. The kinds of foods the French eat daily. A typical menu would include a variety of crepes, galettes, salads and sandwiches.

But since this does not exist in Westfield, yet, here are a few classic French comfort food recipes to make at home.

Ingredients	Procedure
6 medium to large onions, peeled and thinly sliced 2 tablespoons butter 1 tablespoon olive oil ¼ teaspoon sugar 7 cups boiled water 10 beef bouillon cubes ½ teaspoon gravy master 3 tablespoons sherry or any red wine Salt and pepper to taste 7 -10 slices of toasted French bread	In a large saucepan, heat the butter and oil until hot. Add the onions. Saute over a medium heat for about five minutes. Add the sugar and continue to cook until browned. Meanwhile, in a large pot, boil the water. Add the bouillon cubes. When the cubes are dissolved, add the onions, gravy master and wine. Simmer for one hour. Season with salt and pepper. Ladle the soup into oven-proof soup bowls. Place a slice of toasted bread on top of each and sprinkle with the cheeses. Place under a broiler at 350 degrees, until the cheese bubbles and is slightly browned, about five minutes. Yield: 4-6 servings

Ingredients	Procedure
1 head frisee (French curly endive), washed and white stems removed and torn into bite size pieces 6 ounces lardons or bacon cut into 1 inch chunks* 1 shallot, chopped 3 tablespoons red wine vinegar 2 tablespoons white vinegar 4 eggs at room temperature Salt and pepper to taste	To poach the eggs, half fill a large saucepan with water and stir in the white vinegar. Bring to a light simmer. Crack each egg into an individual cup. Add a pinch of salt and pepper to each egg. Swirl the simmering liquid with a slotted spoon to create a whirlpool. Gently slide one egg in the simmering liquid. Repeat with the remaining three eggs. Simmer the eggs for three minutes. Remove each egg with the slotted spoon and slightly drain on a cloth towel. Place on top of the tossed frisee with warm dressing. Serve immediately. Yield: 4 servings *If you cannot find lardons, substitute with slab bacon or ham.

Ingredients	Procedure
3 eggs 1 1/3 cups milk 3/4 cup all-purpose flour ¾ teaspoon salt ¼ pound + 4 tablespoons (1-1/2 sticks) butter 2 tablespoons brown sugar	Place the frisee on a large serving platter. In a skillet, cook the lardons and the shallot until browned. Add the red wine vinegar and bring to a boil. Turn the heat off. Toss the hot dressing with the frisee.

Banana Crepes
and brown sugar into a blender. Pulse until well blended. Let batter sit at room temperature for 30 to 45 minutes. Heat up an eight-inch skillet and melt one tablespoon of butter. Use ¼ cup measure to pour batter into the pan. Swirl the pan to make sure the batter covers the entire bottom. Lift the edges with your fingers and then using a large spatula, carefully turn. Then slide onto a plate. Repeat until all the batter is gone.

Banana Filling
In a medium pan, sauté the bananas in the butter. Add the sugar and coat well. Place a teaspoon of sour cream down the middle of each crepe. Spoon the banana mixture onto the sour cream and fold into crepe shape. Sprinkle with sifted confectioners' sugar and crushed glazed pecans.
Yield: 8 servings
Note: Excess batter can be stored in the refrigerator for up to four days. Cooked crepes can be stored in the refrigerator for up to four days as well. Individually wrap them in wax paper.

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