

## Minutemen 'Steal' 49-35, Win Over Cougars

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with fine passing inside to get lay-ups. Unfortunately for the Cougars, their success was limited in the second half.

"We had a couple of nice plays, but we were not consistent enough. We got to put it together as a whole. It just wasn't us," said Papandrea, who led the team with four assists.

The Minutemen with their board

pointer, Papandrea had a driving lay-up and Green rolled in a lay-up.

The Cougars' defense totally shut down the Minutemen's attack and won the second quarter, 8-2, to knot the score, 21-21, at halftime. Trotter and Green each put up four points.

Very little went well for the Cougars in the third quarter, and the Minutemen reverted to their acts of thiev-

went 0-for-6 in the quarter. Papandrea nailed his 3-pointer and Green added a lay-up. The Minutemen won the final quarter, 11-9. The Cougars hit three of five from the line to finish 5-for-13 (38 percent) for the afternoon.

"Turnovers and rebounding. We have to control the tempo better. We didn't make any free throws. We have to shoot better. We will get better. We



**DRIBBLING PAST A MINUTEMAN...**Cougar senior guard Sean Trotter, No. 1, begins to dribble past a Minuteman defender toward the basket. Trotter scored 15 points.

dominance and Rogers with his steals and nine points gave Elizabeth a 19-13 lead after the first quarter. Trotter sank nine points, including a 3-

ery and board dominance to reel off a 17-5 run to make the score, 38-26. The Cougars, who were 2-for-2 from the free throw line in the first half,

will work hard in practice. Get back to work! We know that we can play with anybody when we come to play. Today we didn't. It's frustrating, but it is what it is," Papandrea said.

After a home game with nationally ranked St. Patrick's on January 6, the Cougars were to go on a seven-game road trip before returning to Cranford to host Metuchen on January 24 at 7 p.m.

Elizabeth	19	2	17	11	49
Cranford	13	8	5	9	35

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## Come Visit Us



David B. Corbin for The Westfield Leader and The Times

**COUGAR ATHLETE OF THE WEEK...**Joe Giaccio, a senior on the varsity wrestling team won three matches at the Cougar Quad on January 8. He pinned his opponent from North Bergen in 42 seconds on his way to his 100th career win. With his recent win over his opponent, Anthony Aldana, at Westfield on January 10, his career record rose to 102-11.

## Cougars Jump to Good Start in Winter Track

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a look at some of our new faces that could impact our team. This ended up being a great beginning for us," Coach Kane said.

First on the track was the shuttle hurdle relay.

"Our girls lost Kelly [Burke] to graduation, and the foursome of Shimonov, Schetelich, Devon Cacchione and Grant wanted to establish that they were still awesome. They did it," Coach Kane said.

Not only did the foursome win the event in 35.5, but that time also qualified them for the New Balance Indoor National meet held in NYC in March.

Evans, Schetelich, Shimonov and Engle also placed fifth in the 4x200 event with a time of 1:51. Ana DiGiovanni, Evans, Engle and Megan Byrnes recorded a time of 13:38 in the distance medley relay (DMR). Some girls who dropped

some good times were: freshman Ashley McGuire (28.0 in the 200 meters) and sophomore Casey Donahue (67.0 in 400 meters).

The DMR team of El-Khoury (1200), Chris Witwick (400), Haussner (800) and Zanfardino (1600) placed fifth in a time of 11:19.

"The best part was after the race. They were relatively happy about their first DMR of the season, but they were already explaining to me and each other how they can all drop seconds off their times to be better," Coach Kane said. "They were not overall thrilled with the time and they want to improve. I love it."

Junior T.J. Nichols PR'd in the shot at 38'7" and his football teammate

Mike Klimek, in his first season on track, PR'd in the 200 meters at 24.3 and the 400 meters at 60.0. Freshman Pat Lynch and Joe DaSilva looked good in the 200 and 400 and so did Dan VanOstenbride.

"These are all new names to our team that are stepping up to improve the sprint core that we need to have an overall successful boys team," Coach Kane noted. "The season is young and we have a lot of improving to do. The Burns Relays let the kids and the coaches know we are on the right path. It raised our confidence going into the county relays this weekend, especially after a long winter break with limited opportunities to practice."

## Cougar Girls Finish Second Devil Boys 3rd at UCT Relay

The Cranford High School girls indoor track team finished second with 39 points, and the Westfield High School boy tied for third with 34 points at the Union County Relays held at the Jersey City Armory on January 10. Summit won the girls race with 51 points, and Union Catholic won the boys race with 59 points. The Scotch Plains-Fanwood girls placed fourth with 27 points.

Cougars Kate Burns, Megan Schetelich, Rebecca Shimonov and Natalie Engle crossed third in the 4x200 with a time of 1:52.02. Blue Devils Ashley Edwards, Hannah Kronick, Sam Costello and Sirena VanEpp finished fifth at 1:55.28. Evans, Schetelich, Shimonov and Engle placed third in the 4x400 at 4:20.57, while Costello, Kronick, VanEpp and Edwards finished sixth at 4:28.06.

Blue Devils Kaitlyn Johnson, Eileen Cook, Gabrielle Tonji and Alyssa Hatch took sixth in the 4x800 at 10:56.16. SPF Raiders Isabel Crystal, Christine Miklas, Emily Nagourney and Erin Pierce placed second in the sprint medley relay (SMR) at 4:32.36. The Raiders also placed second in the distance medley relay (DMR) at 13:15.79, and the Cougars took sixth 13:37.93.

Cougars Shimonov, Schetelich, Devon Cacchione and Bryanna Grant placed second in the shuttle hurdles

at 34.06, and Raiders Leah Salituro, Avia Shadmi, Hailee Sciara and Miklas took sixth at 37.01. Grant and Schetelich placed fourth in the high jump with a height of 9'6". Raiders Osa Ebose (best toss of 34'9.25"), Sam Renfree and Terri Clarke won the shot put with a distance of 90'10.25". Cougars Kristen Vanbenschoten, Nicole Somma and Grant placed second at 86'0.25".

For the boys, Blue Devils Sam Tooley, Zach Lizmi, Tom Edwards and Andrew Kirna took first in the 4x800 at 6:32.18. Jacob Vergara, Rob Ciardullo, Jason Isbit and Jon Henry crossed third in the 4x400 at 3:34.52. Henry, Kyle Star, Vergara and Ciardullo also took third in the 4x200 at 1:37.38. Lizmi, Isbit, Tooley and Kirna took second in the DMR at 10:45.98. Mike DePaola and Chris Jimenez took fourth in the high jump with a height of 11'4".

Raiders Jeff Marks, Ahmed Channaoui, Moussa Channaoui and Alex Parker took fourth in the SMR at 3:50.74. Andre Krema, Mike Parada, Bill Schaver and M. Channaoui placed sixth in the shuttle hurdles at 35.25. M. Channaoui and Sebastian Valdes placed sixth in the high jump with a height of 11'1". Valdes, Chris Burke and Chris Orozco took fourth in the shot put at 121'0.5, and Cougars TJ Nichols, JD Foye and Greg Miller placed fifth at 116'8".

## Dr. Margolin Is Named 'Physician of the Year'

CRANFORD - At its 32nd Annual Awards Dinner, the New Jersey Chapter of the Crohn's and Colitis Foundation (CCFA-NJ) presented Michael Margolin, MD with its 2010 "Physician of the Year" award. Dr. Margolin, a Westfield resident and a gastroenterologist with an office in Cranford, is only the third recipient of this prestigious award in the eight years since its creation.

According to Rosemarie Golombos, the Foundation's New Jersey executive director, "This award recognizes the honoree for the medical care, commitment and expertise he provides to his patients and their families, for the example he sets for his peers, and for his contributions and service to the New Jersey chapter and the Foundation at large."

The "Physician of the Year" award is named in memory of Dr. David Kaufman, a noted New Jersey gastroenterologist who was one of the CCFA-NJ chapter's first physician members and served on the CCFA Medical Advisory Committee for nearly 25 years, until his death in 2002.

Honey Kaufman, the wife of Dr. Kaufman, presented the award to Dr. Margolin, stating that Dr. Margolin not only shared her husband's particular interest in treating these difficult diseases, but that he also treats his patients with the great skill and true compassion that her husband

had valued so highly.

Also speaking at the event was Suzanne Rosenthal, who founded the CCFA in 1967 as one of the country's first patient advocacy organizations. Ms. Rosenthal praised Dr. Margolin's dedication to all his patients, and in particular thanked him for his support of the summer camps for children coping with Crohn's disease and ulcerative colitis, two chronic disorders that cause potentially debilitating inflammation of the digestive tract.

Dr. Margolin studied at New York University Medical School and at Lenox Hill Hospital in New York (with the inventor of modern colonoscopy), and he has practiced in New Jersey since 1987. He is on staff at both Overlook Hospital and Trinitas Regional Medical Center, and he was Chief of Gastroenterology at Union Hospital prior to its recent closing. Dr. Margolin can be reached at (908) 272-6300.

CCFA is dedicated to finding a cure for Crohn's disease and ulcerative colitis and to improving the quality of life of children and adults affected by these diseases. CCFA sponsors research and provides education and support to patients and their families. The CCFA office number is (732) 786-0060.

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