

MS Education Foundation Seeking Board Members

MOUNTAINSIDE - The Mountainside Education Foundation (MEF) is currently seeking persons to serve on its Board of Trustees.

A key to the past and future success of the MEF is the active participation of all members of the Board of Trustees.

The Board meets once a month. A total of eleven persons serve on the Board of Trustees.

The Mountainside Education Foundation welcomes all interested parties to submit their name and contact information along with a short statement of why he/she would like to join the Board of Trustees.

For more information, or if you want to get involved and cannot attend the Open House, contact Betsy McQuade at bmcquade@comcast.net, or call (908) 389-0989.

WHS Laxers Lace Up for HEADstrong and Teammate

By BETSEY BURG DORF Specially Written for The Westfield Leader and The Times

WESTFIELD - On Saturday, April 30, the Westfield High School (WHS) Blue Devils girls and boys lacrosse teams will hold the Blue Devils' "Score for a Cause" fundraiser at Kehler Stadium to benefit the HEADstrong Foundation.

Nick Colleluori, a Division 1 lacrosse player at Hofstra University, started the HEADstrong Foundation after being diagnosed with non-Hodgkins lymphoma while in his sophomore year of college.

Katherine Frega, a senior at WHS and a member of the girls' varsity lacrosse team, can relate all too well to Nick's story.

She began chemotherapy, which started in May and lasted until July. "It was outpatient chemo that did not require me to be at the hospital," Katherine told The Westfield Leader and The Scotch Plains-Fanwood Times.

"I had a wonderful experience playing lacrosse in Westfield and learning the technical parts of the game," Katherine said. "But I learned about the love of the game in Syracuse, N.Y. playing for my club team, the Star Riders.

Free Workshop For Non-Profits

WESTFIELD - The Union County Board of Chosen Freeholders is pleased to announce 2011 funding for the Union County HEART (History, Education, Arts Reaching Thousands) Grant Program.

The application process for a HEART grant will be explained at a workshop for Union County non-profit organizations, individual artists and scholars.

Recognizing the importance of culture and the arts to the county's quality of life and economy, this innovative program supports projects related to history, the arts and humanities, and demonstrates a commitment to the artists and non-profit organizations of Union County.

For additional information, or to register for the HEART Grant workshop, contact the Union County Office of Cultural and Heritage Affairs, 633 Pearl Street, Elizabeth, NJ 07202.

this round of chemo, the doctors determined that there was still activity in the scans, and I would have to do a second round of chemo before proceeding to radiation treatment."

The next treatment required her to sometimes stay in the hospital. "I had to miss out on the beginning of my senior year and I missed my final field hockey season in its entirety," Katherine said.

Katherine has faced her diagnosis and the changes it has caused to her life with remarkable inner strength. She began documenting her journey on the HEADstrong Foundation site.

To help her get through treatment, Katherine stated that she has "loads of quotes" to help her persevere. "The most memorable quote for me is 'Be not afraid,'" she said.

Katherine, an outstanding athlete, has played lacrosse since she was eight years old, trying every position, even goalie, before settling on midfield, what she called "her favorite."

Katherine competed in her last high school lacrosse game on April 15. A recent surgery determined a mass in her neck to be cancer. Her doctors are in the process of determining her treatment plan and she will be starting chemotherapy again soon.

Katherine has recovered from her surgery last week and is looking forward to the HEADstrong event on Saturday.

WF BOE Meeting Set For May 3

WESTFIELD - The next meeting of the Westfield Board of Education will be an organization meeting held on Tuesday, May 3, at 8 p.m. in the administration building located at 302 Elm Street.

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HEARTFELT MOMENT...Katherine Frega, center, a Westfield High School senior and varsity lacrosse player, receives hugs from her coaches and teammates after her last high school game on April 15.

Saturday. Girls Varsity Lacrosse Head Coach Jaclyn Borrone said, "We [the team] are looking forward to the HEADstrong event this Saturday.

WHS Boys Varsity Lacrosse Head Coach Marc Silbergeld stated that choosing the HEADstrong Foundation as this year's Blue Devils lacrosse fundraiser had special meaning to him and the team.

Saturday's fundraiser will begin at 11 a.m. with the girls JV lacrosse team facing off against New Providence High School, followed by the girls varsity game.

Following the presentations, the boys varsity team will play Toms River High School East, followed by the JV boys game.

HEADstrong laces, bracelets and T-shirts will be available for purchase on the day of the event.

Sponsors for "Score for a Cause" are still being accepted and information, as well as forms, will be available at the event on Saturday.

Although the recent news that she will need chemotherapy was a setback, Katherine maintains her positive attitude and is determined to carry out her goals for the future.

"My dream for the future is to become healthy again, and become an advocate for cancer and a doctor, so that I can help sick children who are in the place that I once was," Katherine said.

Katherine stated she lives by the motto "Head, Heart, Hustle," which is also the Syracuse University lacrosse team motto.

Donations can also be made at HEADstrongfoundation.org, or by sending a check made out to "HEADstrong Foundation" and mailed to HEADstrong Foundation, 466 Hutchinson Terrace, Holmes, Pa. 19043.



PTSO Outstanding Teacher Award

WESTFIELD - Every spring the PTSO distributes one award for a distinguished teacher at Westfield High School. This teacher is nominated from the parent community.

Please send all nominations to Peggy Oster at peggy.oster@yahoo.com. The nominations should include a short description of the characteristics of this teacher.

WHS Chapter of 'Operation Smile' to Hold Car Wash

WESTFIELD - The Westfield High School Chapter of Operation Smile will hold a car wash fundraiser on Saturday, April 30, from 9 a.m. to 1:30 p.m. in the rear parking lot of Westfield High School.

"Operation Smile is a charity organization healing children's smiles, making the world a better place," said Loren Ball, president of the Westfield High School Chapter of Operation Smile.

Park Middle School Book Sale a Success

SCOTCH PLAINS - On April 18-21, Park Middle School held its Annual Spring Book Sale. It included the generous donations of gently used books from Scotch Plains-Fanwood families.

Students attended the book sale during the school day with their class. On April 19, families had the opportunity to take advantage of the great deals.



BOGO...Students at Scotch Plains' Park Middle School find something good to read at the annual Spring Book Sale last week, where all books were "buy one - get one."

John Hopkins Announces Dean's List

BALTIMORE, Md. - Three local residents were named to the Dean's List for academic excellence for the fall 2010 semester at The Johns Hopkins University.

Jessica Margolies of Westfield is the daughter of Ross and Patricia Margolies and attended Westfield High School. Jessica is majoring in an arts and sciences pre-major and will graduate in May 2014.

Ava Scheininger of Westfield is the daughter of Jeff and Manette Scheininger and attended Morristown-Beard School in Morristown. Ava is majoring in economics and will graduate in May 2012.

Maxwell Wieder of Westfield is the son of Robert Wieder and Anne Strauss-Wieder and attended Westfield High School. Maxwell is majoring in mechanical engineering and will graduate in May.

Prep for life.



Join us for our Spring Open House, Sunday, May 10, 1 - 3 p.m., and see why young men from Westfield, Scotch Plains, Fanwood and 115 more communities in New Jersey and New York have chosen a Jesuit education in downtown Jersey City, and say, "It is not simply Prep for four years... it's Prep for life!"



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MAY 2011 EVENTS AT THE WESTFIELD MEMORIAL LIBRARY 550 East Broad Street, Westfield 908.789.4090 www.wmlnj.org Hours: Mon-Thurs 9:30 am - 9 pm Fri and Sat 9:30 am - 5 pm Sun 1:00 - 5:00 pm Closed May 30 for Memorial Day Closed Sundays May 22 - September 11

Table with 3 columns: Date, Time, Program Name. Includes Computer Class, TGIF! Gardens of the World, Cat and Kitten Care, Job Readiness Computer Training, TGIF! Henry Fonda, Foreign Film, De-Clutter Your Life, TGIF! Classic Movie, History of the Jersey Shore.

Table with 3 columns: Date, Time, Program Name. Includes Lego Club, Big Kids' Club, Grupo n-Spanish Language Storytime, Homework Help.