

Library to Spotlight Health, Finance and Estate Planning

SCOTCH PLAINS – The Scotch Plains Public Library has scheduled several free programs for the month of April, beginning Wednesday, April 5, at 10 a.m. with a seminar presented by the Kean University Small Business Development Center.

Entitled "International Trade: Credit Terms and L/C (Part 2)" this workshop is designed for the local small business community. Registration is required.

The next event will deal with estate planning for parents of children with disabilities on Monday, April 10, from 7 to 9 p.m. Attorney Paul Prior will be the featured speaker. This presentation is part of a continuing series of programs for families of those with disabilities being sponsored by the library and the Community Partnership for People with Autism.

Mr. Prior will address special needs estate planning including durable power of attorney, federal gift and state taxes, guardianship, medical directives and Living Wills, protecting inheritances, Social Security benefits and special needs trusts and wills.

On Wednesday, April 19, the Scotch Plains Public Library and Muhlenberg Regional Medical Center in Plainfield will present a talk by Dr. David Richmand at 7 p.m. regarding "New Treatments for Varicose Veins: A Minimally Invasive Approach."

Dr. Richmand, who has been in clinical practice since 1982, currently is affiliated with the John F. Kennedy Medical Center, Muhlenberg Regional Medical Center and Somerset Medical Center. He is certified by the American Board of Surgery and is a Fellow of the American College of Surgeons. Pre-registration is optional for this program.

The Scotch Plains Public Library is located at 1927 Bartle Avenue. For further information and directions, please call the library at (908) 322-5007, extension no. 204.

Miller-Cory to Feature Colonial Era Animals

WESTFIELD – The Miller-Cory House Museum, located at 614 Mountain Avenue in Westfield, will present "Saving the Rare Breeds of Colonial Animals" on Sunday, April 2, between 2 and 4 p.m.

Fran Gold will discuss purebred cattle, horses and chickens that were plentiful in the 1700s and 1800s but have since disappeared or almost died out. She will explain why this has occurred and what is being done to save these endangered species.

Volunteers dressed in period clothing will be available to guide visitors through the pre-revolutionary farmhouse. In the Frazee Building, Cooking Committee members will demonstrate open hearth cooking techniques and offer visitors taste treats.

The museum's gift shop, which features a wide variety of Colonial toys, crafts and educational materials, also will be open for business.

Admission is \$2 for adults, 50 cents for students and free for children under age six. Upcoming programs, all on Sundays, include "Toying with Time – 18th and 19th Century Toys" on April 9; the "Sheep to Shawl Festival" on April 23 and "Straw Hat Demonstration" on April 30. More information may be obtained by calling (908) 232-1776.

YMCA and MAC Plan Annual Ladies Nite Out

SCOTCH PLAINS – The Sixth Annual Ladies Nite Out, co-hosted by the Fanwood-Scotch Plains YMCA and the Scotch Plains-Fanwood Municipal Alliance Committee (MAC), will be held on Tuesday, April 4, from 7:30 to 9:30 p.m. at Terrill Middle School in Scotch Plains.

This free community outreach event emphasizes healthy options for handling stress and anxiety without the use of drugs and alcohol. Area merchants and organizations volunteer their time to provide information and materials suitable for women of all ages.

Massage and yoga demonstrations will be featured, as well as health and de-stressing tips, plus door prizes and giveaways. Healthy refreshments will be served.

This event is open to residents of Scotch Plains and Fanwood as well as neighboring communities. Pre-registration is not required. For further information, please call Lisa at (908) 889-8880, extension no. 114.



Miss Trudy Schundler and Christian Cederqvist

Miss Trudy Schundler To Wed Christian Cederqvist

Mr. and Mrs. Russell Schundler of Westfield have announced the engagement of their daughter, Miss Trudy Schundler, to Christian Cederqvist of New York City. He is the son of Dr. and Mrs. Lars Cederqvist, also of New York City.

Miss Schundler is the granddaughter of Robert C. Thomson, Jr. of Westfield and the late Eleanor C. Thomson, and of the late Hans and Gertrud Schundler, who also were residents of Westfield.

The bride-to-be, a 1997 graduate of Westfield High School, earned her

Bachelor of Arts degree in Psychology from the University of Maryland and a Bachelor of Science degree in Nursing from Columbia University. She works as a nurse at a New York University in vitro fertilization clinic.

Her fiancé, a 1991 graduate of The Lenox School in New York City, went on to receive a Bachelor of Science degree in Biology and Chemistry from Syracuse University. He is employed as a software engineer with Nomura Securities in New York.

The couple plans to marry in the fall of 2006.

Nature Club Posts Meeting, Weeding and Walk Events

MOUNTAINSIDE – The Greater Watchung Nature Club's monthly meeting will be held on Tuesday, April 4, at 7:30 p.m. at the Courthouse of the Mountainside Municipal Building, located at Route 22, East, and New Providence Road.

The courthouse is the second building and is best reached by entering right from New Providence Road. Dorothy Smullen will present a program on the Lewis and Clark expedition to the Pacific Ocean.

On Wednesday, April 5, from 8:30 to 10:30 a.m., the club will conduct a "Weed and Feed" at Lenape Park, in the northern end of the park at the end of Broad Street in Westfield. The "weed" part is to maintain a nature garden planted in 2002 by the Greater Watchung Nature Club; the "feed" will be bagels after the weeding. Claire Minick is in charge of this activity and may be reached at (908) 518-0199.

On Saturday, April 8, Justin Whitehurst will lead a trip to Allendale Celery Farm in Bergen County, a freshwater marshland known for its rails, bitterns and shorebirds in early spring. Participants will meet at 8 a.m. in the Target parking lot in Clark. Mr. Whitehurst may be reached at (908) 709-9259.

Historical Society to Reopen Museum at Elm St. Building

WESTFIELD – The Westfield Historical Society will reopen its museum on Tuesday, April 4, and has invited the public to stop by between 10 a.m. and 5 p.m. and 7 to 9 p.m. Society members will be on hand and light refreshments will be served.

The museum recently was relocated from the Westfield Municipal Building to the third floor of the board of education building at 302 Elm Street, joining its archives.

Since its inception in 1969, the Westfield Historical Society has been committed to preserving, interpreting and encouraging community interest in the history of the town.

It pursues these goals through a variety of initiatives, including building and maintaining a museum and archives on Westfield history; conducting public programs on historical subjects; championing preservation of Westfield's historical and architectural heritage; developing educational programs for Westfield students and adults; taping interviews

with long-time residents and supporting programs of the Miller-Cory House Museum.

Through the acquisition of grants from the Rotary Club of Westfield, the New Jersey Historical Commission and the Union County Division of Cultural and Heritage Affairs, along with small social fundraising events, the society has purchased new hardware and state-of-the-art software and has hired a part-time archivist.

Cataloging and indexing of the society's collection has been taking place during the past few months as preparation continues for a permanent home. For more information, please call (908) 654-1794 or visit www.westfieldhistoricalsociety.com.

Woman's Club Invites New Members to Join

WESTFIELD – The Woman's Club of Westfield is seeking new members to join its organization, which recently celebrated its 110th anniversary as a member of the New Jersey State Federation of Women's Clubs.

The club's contributions to the local community include service to Children's Specialized Hospital, Boy Scouts and Girl Scouts, the United Fund and Overlook Hospice, among other organizations.

Volunteer services support such programs as meals for the homeless; shelters for abused women, Christmas treats for war veterans and the Community Food Bank of New Jersey in Hillside. Club activities also include speakers, social events and recreation.

All are welcome to join and membership is not limited to Westfield residents. For more details, please contact the Woman's Club of Westfield, P.O. Box 2428, Westfield, N.J. 07091 or (908) 233-2339.

Singles Group Reveals April Meeting Dates

WESTFIELD – Widowed, divorced or never-married individuals are invited to join their peers on Sundays, April 2, 9, 16, 23 and 30 at 9 a.m. at the First Baptist Church, located at 170 Elm Street in Westfield.

This non-denominational discussion group deals with singles issues while fostering friendships and a sharing of experiences. Coffee, cake and bagels are served, and a \$2 donation is requested.

Members also take part in winter movie nights, picnics and holiday get-togethers, among other activities. All are welcome. For more information, please call Lil at (908) 889-4751 or Ed at (908) 232-4159.

Mothers Group to Welcome Relationship Therapist

FANWOOD – The Union County Chapter of Mothers & More will host certified Imago Relationship Therapist Michael Barmak at its meeting on Wednesday, April 5, at 8 p.m. in the Fanwood Recreation Center, located at Forest Road Park in Fanwood.

Mr. Barmak will describe the Imago Couples Dialogue, a three-step process designed to improve communication, create emotional safety, help resolve conflict and strengthen romance. He also will speak on Inner Bonding, created by Dr. Margaret Paul and Dr. Erika Chopich, the goals of which are to help individuals manage their feelings, not take their partner's behavior personally, define their own self-worth and move toward compassion for themselves and their partner.

This meeting is open to the public and interested persons will have an opportunity to learn more about the chapter's activities.

Mothers & More is a national, non-profit organization that champions

the value and necessity of all mothers' work to society, both paid and unpaid, within and outside of the home. For more details about this meeting or Mothers & More, please call Micheal at (908) 620-3202 or Marilyn at (908) 568-2633 or visit mothersandmore.org.

Toastmasters to Meet Tonight In Westfield

WESTFIELD – Toastmasters of Westfield will hold its next meeting tonight, Thursday, March 30, at 7:45 p.m. at Sunrise Assisted Living, located at 240 Springfield Avenue in Westfield. The chapter's next meeting will take place on Thursday, April 13.

Toastmasters is a speaking club that provides a supportive environment for people to practice their public speaking skills. For more details, please call (908) 709-4192, email marie@bestprospects.net or visit www.toastmasters.org.

Worship Services Christian Science Society, Westfield

1st and 3rd Sundays, 10:30 AM at the Christian Science Reading Room
116 Quinby Street (Across from Robert Treat Delicatessen.)
For reading room hours and other information: 908-232-3226.

Christian Science Sentinel - Radio Edition
SUNDAYS at 7 AM on WOR Radio (710 AM)
Internet: www.nj.com/wor/audiod
April 2nd: Anger Defeated - Peace and Love Restored
April 9th: Divine Help That Doesn't Run Out
April 16th: Resurrection: A Help For Today

For additional information on Christian Science visit:
www.cfcs.com, www.spirituality.com, www.esmonitor.com, www.powerfulprayer.com

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KORRELL KREUZNACHER ST. MARTIN RIESLING SPATLESE 2004 \$15.99

The German vintage from 2004 hasn't received enough attention. Beautifully balanced between fruit and acidity, it comes from 30-year-old vines on red sandstone soils. Peaches and apricots against a great backbone, this is a wonderful food wine. Take a bottle to that new Thai place in town.

KOFERERHOF PINOT GRIGIO \$22.99

This is the reason you shouldn't buy that famous Pinot Grigio anymore. This, all dry and fresh and full-bodied, is what great Northern Italian Pinot Grigio can taste like. Flowers, citrus, mineral and banana, very long on the palate and very clean. Find out that Pinot Grigio doesn't have to taste like over priced water.

Your Favorite Whiskey

Jack Daniels	\$35.99	1.75L
Jim Beam	\$23.99	1.75L
Seagrams 7	\$15.99	1.75L

Your Favorite Rum

Captain Morgan	\$23.99	1.75L
Bacardi Silver	\$19.99	1.75L
Bacardi Gold	\$19.99	1.75L
Malibu	\$23.99	1.75L

Your Favorite Value Wines

Mondavi Coastal Cab/Merlot/Chardonnay	\$16.99	1.5L
Beringer Founders Cab/Merlot/Chardonnay	\$15.99	1.5L
Woodbridge Cab/Merlot/Chardonnay	\$10.99	1.5L
Vendange Cab/Merlot/Chardonnay	\$6.99	1.5L
Fetzer Cabernet/Chardonnay	\$12.99	1.5L
Cavit Pinot Grigio	\$11.99	1.5L
Walnut Crest Cabernet	\$8.99	1.5L
Cesari Pinot Grigio	\$10.99	1.5L
Bolla Soave	\$10.99	1.5L
Beringer White Zinfandel	\$8.99	1.5L
Franzia Burgundy/Chablis/Chianti	\$10.99	5L
Carlos Rossi Burgundy/Chablis/Paisano/Sangria	\$8.99	4L
Opici Homemade Barbarone	\$11.99	4L

St. Laurent, indigenous to eastern Austria, is among the rarest high quality red grapes in the world. A great wine for people who want heavy Pinot Noir without paying that dollar. More cherry, earth, and wild herbal bushy tones than Pinot, and great with heavy pork dishes and ham.

Your Favorite Vodka

Absolut 80	\$31.99	1.75L
Ketel One	\$34.99	1.75L
Grey Goose	\$25.99	750ml
Smirnoff	\$18.99	1.75L
Stolichnaya	\$30.99	1.75L
Sky	\$24.99	1.75L
Wolfeschmidt	\$13.99	1.75L
Gordons	\$14.99	1.75L

Your Favorite Gin

Bombay Sapphire	\$34.99	1.75L
Tanqueray	\$30.99	1.75L
Hendricks	\$27.99	750ml
Beefeater	\$28.99	1.75L
Gordons	\$14.99	1.75L
Seagrams	\$15.99	1.75L

Your Favorite Scotch

Dewars White Label	\$29.99	1.75L
Chivas Regal	\$51.99	1.75L
Johnnie Walker Black	\$55.99	1.75L
Johnnie Walker Red	\$29.99	1.75L
Clan MacGregor	\$16.99	1.75L

Your Favorite Cordials

Baileys	\$17.99	750ml
Romana Sambuca	\$17.99	750ml
Kahlua	\$15.99	750ml
Southern Comfort	\$13.99	750ml
Amaretto Di Saronno	\$18.99	750ml

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FULL EA. PC.	\$380	\$199	FULL EA. PC.	\$490	\$299	FULL EA. PC.	\$620	\$339	FULL EA. PC.	\$1220	\$660	\$664	FULL SET	\$3560	\$1400	\$1924
QUEEN SET	\$1120	\$599	QUEEN SET	\$1120	\$599	QUEEN SET	\$1470	\$799	QUEEN SET	\$2660	\$1440	\$1424	QUEEN SET	\$4200	\$2300	\$2299
KING SET	\$1740	\$999	KING SET	\$1740	\$999	KING SET	\$2190	\$1199	KING SET	\$3820	\$2440	\$2049	KING SET	\$5720	\$3240	\$3049

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