



TGIF...The First Annual TGIF - Thank God It's Fall - Family Festival will kick off on Saturday at Mindowaskin Park from 1 to 4 p.m. The festive mood will be enhanced by the sounds of New Jersey's own Primitive Soul (pictured above), known for its funky, bluesy rock sound.

Mayor's Charity Gala On Tap For December 2

SCOTCH PLAINS - The Scotch Plains Mayor's Charity Gala will take place on Dec. 2 from 7 p.m. to midnight at Snuffy's Pantagis Renaissance in Scotch Plains.

The event will start off with a cocktail hour from 7 to 8 p.m., followed by a recognition ceremony, dinner and dancing. Donations for a silent auction also are being sought.

Additionally, nomination forms for Volunteer Organization and Male and Female Volunteers of the Year are available at the Scotch Plains Recreation Office.

Nominees must be residents of Scotch Plains. All nominations must be received by the Recreation Department by Oct. 28. Proceeds from this year's Charity Gala will go to the Scotch Plains Municipal Alliance Committee and the American Red Cross for the Gulf Coast Hurricane Relief Fund.

Tickets, for \$55, and raffle books, for \$20, will be available in the Rec-

reation Office shortly. Donations for an ad booklet, to be distributed at the gala, also are being accepted at the Recreation Office. The office is located in Room 113 of the Scotch Plains Municipal Building, 430 Park Avenue. For more details, please call (908) 322-6700, extension no. 221.

Volunteers Sought For Nursing Homes

COUNTY - Free training is available for individuals interested in becoming Certified Volunteer Advocates for nursing-home residents in Union, Essex, Hudson and Morris Counties.

Responsibilities include visiting and interacting with residents, families and staff, preparing written reports and representing the concerns of nursing home residents.

Thirty-two hours of training is required. For additional information, please call Sue Rosenkranz at (973) 226-1041.

Mr. Antholis to Screen Film At Greek Orthodox Church

WESTFIELD - Kary Antholis, senior vice president of HBO Films and Miniseries, will show the film *One Survivor Remembers* on Thursday at 7:30 p.m. at the Bours Center of the Holy Trinity Greek Orthodox Church, located at 250 Gallows Hill Road in Westfield.

Mr. Antholis produced and directed the film, which won an Oscar and a Primetime Emmy in 1996 and two CableACE awards in 1995. After the screening he will discuss "Values" and "A Career in the Media."

Responsible for overseeing the development and production of original films and miniseries for HBO, Mr. Antholis was the program executive on the Emmy-winning films *Angels in America*, *The Gathering Storm*, *My House in Umbria* and *Wit*, as well as several award-winning documentaries.

Mr. Antholis, who grew up in Florham Park, was an active member of the youth group, Greek school and Sunday school at the Holy Trinity Church and served as a Sunday school teacher. Before starting his television

career, he practiced law and taught history.

The program will be free and open to the public, and refreshments will be served. For more information, please call (908) 233-8533.

Thrift Shop to Kick Off Annual Halloween Sale

SCOTCH PLAINS - Beginning on Tuesday, October 4, at 10 a.m., the Fanwood-Scotch Plains Service League's Thrift Shop will once again feature its annual Halloween costume sale.

The shop, located at 1730 East Second Street in Scotch Plains, will offer costumes and "costume possibilities" for everyone from toddlers to adults. Seasonal decorations for the home or office also will be in stock.

Among the shop's costumes are bumblebees, princess dresses, ladybugs, skeletons and ghosts. For those looking to craft costumes of their own, fabric and trims also will be available. League volunteers will be on hand to assist customers.

The costume rack will be resupplied daily as room permits. For more information or directions, please call the store at (908) 322-5420. Store hours are Tuesday, Wednesday and Thursday from 10 a.m. to 2:30 p.m. and Friday and Saturday from 10 a.m. to 1 p.m.

The Service League is a non-profit organization run by volunteers. For details on becoming a member, please call the shop or the membership chairwoman at (908) 322-8496.

PBA to Host 11th Annual Golf Outing

WESTFIELD - The Westfield PBA #90 is sponsoring a golf outing on Oct. 24 at Echo Lake Country Club.

The day begins at 11 a.m. and includes lunch, golf, cocktails and dinner. Spots are available for foursomes at a cost of \$1,100 and individuals at a cost of \$275.

LaMarque Furst and Thomas Lincoln Mercury are sponsoring Hole in Ones, and Michael Kohn Jewelers is also sponsoring the gift of a watch. Other sponsorships are also available.

Checks can be made payable to Westfield P.B.A. #90, Attn: Golf Committee, P.O. Box 276, Westfield, NJ 07091.

For more information contact Golf Chairman Michael Patrick at (908) 241-9300 or State Delegate John Cuzzo at (908) 789-6068.



ON DISPLAY...On Oct. 9 from 2 to 4 p.m., Images & Impressions, a photography and art show, will be on display at the Westfield Art Gallery at the New Jersey Workshop for The Arts, 150-152 East Broad Street, Westfield. The exhibit will feature a journey through China and the mind, the photography of Sheila Leng and the art of Westfield's Diana Taliaferro. From left to right are Diana Taliaferro and Sheila Leng.

AARP Chapter Posts Dates For Next Meeting, Trips

WESTFIELD - Westfield Area Chapter No. 4137 of the American Association of Retired Persons will meet on Monday in the Presbyterian Church in Westfield's Assembly Hall, located at the corner of Broad Street and Mountain Avenue. Guests and new members are invited and ample parking is available.

The social period with refreshments will begin at 1 p.m., with a brief business meeting to be held later. At 1:30 p.m., guest speaker Joanne Rajoppi, Union County clerk, will discuss this year's 100th anniversary celebration of the Union County Courthouse.

Members are asked to bring donations of canned and boxed grocery items for the homeless and needy. The Knitting and Crocheting Group is seeking donations of wool of any kind or color with which to make items for patients at hospitals and nursing homes.

A trip to celebrate Octoberfest at the Brownstone will take place on Oct. 27. Arranged by Katie Menzer, the event will feature an hour for free drinks, a German-style luncheon and entertainment.

The cost is \$55 per person, which includes a deluxe bus ride and gratuities. The bus will leave at 10 a.m. from the Lord & Taylor parking lot on North Avenue in Westfield and return in the late afternoon. For more information, please call (908) 232-1362.

There also will be a seven-day trip called "Christmas in Nashville and Gatlinburg" from Nov. 15 to 21, with a stay at the Opryland Hotel and visits to many attractions. The cost is \$879 for double occupancy. Single rates may be had upon request. Reservations will be available at the Oct. 3 meeting or by calling Marie Walsh at (732) 669-0399 or Mary Walsh at (908) 276-3576.

Members and their guests also may make reservations at the meeting for the chapter's annual holiday luncheon, set for noon on Dec. 6, at The Westwood in Garwood. Further details are available by calling Marie Stock at (908) 925-2536.

For membership information and dues payments, please call Membership Chairman Joseph Stauder at (908) 889-6769.

Music Set October 1 For Mindowaskin Park

WESTFIELD - The Westfield Jaycees, cosponsored by Jim Forst and Ron Basky, will hold their First Annual TGIF Fall Concert at the gazebo in Mindowaskin Park on Saturday from 1 to 4 p.m.

The concert is free and will feature Primitive Soul, a local band. The public is invited to come relax and listen to music in a scenic setting.

Home Heating Costs Could Dent Consumers' Budget

We all have been recently shocked by the tragedy in the south and rising oil and gasoline prices, but the next call might be near as the heating season is just around the corner. Hurricane Katrina's effect on energy costs could extend well beyond the end-of-summer driving season and the reconstruction of New Orleans and other coastal towns.

The wholesale price of natural gas for delivery during the next 12 months, already at record high levels prior to Katrina's hell, has risen even more in the wake of the hurricane. Winter heating costs, already projected to be among the highest in history, likely will get worse as a long term result of the disaster in the Gulf of Mexico.

Unfortunately, the renewable energy options still remain quite elusive for most Americans and many are unsympathetic to nuclear power while, for example, in France, over 70 percent of electric is generated from E=mc². We can't move goods and transport people without oil but can we heat with wood like our ancestors did?

Unfortunately, this is usually easier said than done, since energy efficiency of the standard wood burning stoves and fireplaces is far from good, in addition to the huge issues of safety and environmental concerns. As the wood burns, it needs oxygen and draft. Fireplaces without special inserts and outside intake vents use indoor air to function. Surprisingly, field trials have shown that on cold winter days, the use of conventional masonry fireplaces actually resulted in an increase in heating costs.

Most fireplaces had negative energy efficiency during the tests. A typical oil or gas furnace will require about 50 percent excess air for satisfactory performance. Conventional fireplaces, on the other hand, operate at about 1500 percent excess air, 15 times the theoretical requirement and many times what a furnace burning fossil fuel need.

Consequently, very high air mass flows through the fireplace and up the chimney when the fire is blazing. This air has to come from the outside and as it enters the house, it cools it. Not the desired side effect in the wintertime. A forced air furnace, often using the same ducts and registers as central air uses in the summer, heats most homes. While this is cheap to install and makes sense to use for cold air, as with most "one size fits all" systems, it is not efficient for the hot air as it rises very quickly.

Thus, the smart advice is to have your ceiling fan on in the winter. To complicate the matter further, most new houses nowadays are constructed with cathedral ceilings that provide a nice, airy space, but even more so cause heat to be forced upwards, away from the occupants. Therefore, heating costs go up too as people are forced to set their thermostats at even higher temperatures.

In the beginning of the 20th century, an American architect, Frank Lloyd Wright, was commissioned to build a large and modern hotel in Japan. During the early project stages of The Tokyo Imperial Hotel, Wright was invited to the home of a Japanese nobleman. There he was shown to the simple but fascinating team that was different from typical Japanese rooms. The floor was covered with paper and it was warm. It was a Korean Ondol room in Japan. The Japanese gentleman had discovered Ondol while in Korea and was absolutely enthralled by it.

After returning to Japan, he had an identical room built in his home. This was the very room he had shown to Mr. Wright. 'The indescribable comfort of being warmed from below' also impressed Wright. He decided then and there that Ondol was the ideal heating system and began incorporating it in his buildings. Wright, in fact, invented the modern radiant floor heating, using hot water running through pipes instead of original Korean hot exhaust through flues.

From the true fusion of Japanese and western architecture came a true hybrid of the super energy efficient heating system. Imported as an idea and entirely redesigned by Wright 80 years ago.

Sure enough, one of the most sophisticated houses in America today, Bill Gate's ultra high tech Lake Washington home has it too, along with driveways snow melting for the good measure, but this is a completely different story.

Paid Bulletin Board

L'Shanah Tovah!

YOU ARE INVITED to join us at Temple Emanu-El in Westfield for our Rosh Hashanah and Yom Kippur Family Services.

Our Reform synagogue is a warm and caring community and we are eager to welcome families of all backgrounds whether new to the area or longtime residents.

Rosh Hashanah Family Service
Tuesday, October 4 • 3:00-4:00 p.m.

Yom Kippur Family Service
Thursday, October 13 • 1:45-2:45 p.m.

Everyone is invited to an oneg (reception) following the Rosh Hashanah Family Service. Families of all ages are welcome. There is no fee for the services.

Rabbi Douglas B. Sagal
Rabbi Charles A. Krolloff, Emeritus
Rabbi Jennifer Clayman
Rabbi Leah Doberne Schor
Cantor Martha T. Novick
Carolyn Shane, Executive Director

Temple Emanu-El
756 East Broad Street, Westfield
908/232-6770

Open House at Camp Riverbend

Sunday, October 16, 2005
11:00 am to 2:00 pm
(Rain date Saturday, October 29)

Arts & Crafts...Hay Ride...Pumpkin Painting...BBQ Lunch
Moon Bounce...Basketball...Leaf Jumping
Miniature Golf...Gaga...and more....

a day camp for boys and girls ages 4-14
116 Hillcrest Road, Warren, NJ
908-647-0664 1-888-THE-CAMP
rvrbnd1@aol.com www.campriverbend.com
please RSVP by October 13th

Bring your family to meet our family!

Richard J. Kaplow, Esq.

"25 Years Experience"
Civil & Criminal Trial Lawyer

FAMILY LAW

• Divorce • Domestic Violence
• Custody • Child Support

• DWI • Criminal Defense
• Business Disputes • Commercial Litigation

Former Assistant Union County Prosecutor

(908) 232-8787

24 Hours • 53 Elm Street, Westfield, NJ 07090
rjk722@aol.com richardjkaplow.com

Oak Knoll School of the Holy Child

Fall Open House Information Sessions

Wednesday - 9 - 11 a.m.	October 12 & 26	Kindergarten
	November 9	Kindergarten
	November 16	Grades 1-6

Call to reserve your spot today! (908) 522-8109



Respectful Confident
Enthusiastic Joyful
Reverent
Eager Playful Curious



A Catholic independent school uniquely offering a challenging academic program in a nurturing and safe environment. In its commitment to educating the whole child, Oak Knoll begins world language and technology instruction in a full-day kindergarten and encourages participation in community service, the arts, and team athletics. Financial aid and after-care services are available.

Because actions speak louder than words.

44 Blackburn Road, Summit, NJ 07901 • 908-522-8109 • www.oakknoll.org

Fine Art & Crafts at Nomahegan Park



Springfield Ave., Cranford

OCT. 1-2

FREE • 10AM-5PM
RAIN OR SHINE

Juried professional fine artists, photographers and craftspeople displaying their unique work. Plus great ethnic food, gourmet food items and musical entertainment both days!

CO-SPONSORED BY UNION COUNTY BOARD OF CHOSEN FREEHOLDERS & DEPARTMENT OF PARKS & RECREATION AND ROSE SQUARED PRODUCTIONS, INC.

GARDEN ST. PKY TO EXIT 138, WEST 2 MILES; OR Rt22 to Rt577 SOUTH 1.3 MILES; FOLLOW SIGNS; PARK FREE AT UNION COUNTY COLLEGE
908-874-5247 OR WWW.ROSESQUARED.COM

START OFF THE NEW YEAR RIGHT WITH UCTC!

Jewish History Hebrew Language Music & Art

SUNDAY HEBREW SCHOOL

Kindergarten through Bar/Bat Mitzvah
Hebrew High School

SPECIAL! Send your child to Kindergarten or First Grade for half price!

High Holiday Services

The Union County Torah Center invites you to join us for High Holiday services

The Westwood, 438 North Avenue
Garwood, New Jersey

Open to the Public ~ Services in Hebrew & English
To register, please contact the UCTC

418 Central Avenue, Westfield NJ • www.torahcenter.org
phone (908) 789-5252 • email: info@torahcenter.org