



OVERLOOK LAUNCHES CAMPAIGN...Dr. Rosalind Dorlen of Overlook Hospital, third from left, took part in the launch of New Jersey's new postpartum depression advertising and educational campaign. Also pictured, left to right, are Overlook Chief Operating Officer Robert Garrett, and Dr. Jeffrey Boscamp, both of Hackensack University Medical Center; New Jersey First Lady Mary Jo Codey; and New Jersey Department of Health and Senior Services Commissioner Fred Jacobs. Governor Richard Codey, center, appointed the 20-member panel that made recommendations resulting in the current campaign.

YMCA Offers Programs For All Ages This Fall

SCOTCH PLAINS - Registration is currently underway for a variety of programs being offered this fall at the Fanwood-Scotch Plains YMCA, located at 1340 Martine Avenue in Scotch Plains.

The newly reopened Wellness Center now features a mezzanine level. Also new to the facility is a health and fitness initiative entitled "Steppin' Up" that will provide support and resources to families combating inactivity and weight management issues.

In addition to the usual adult fitness classes, the Y offers several Pilates classes that combine stretching and strengthening with a focus on the torso. Anyone new to Pilates will now be asked to take the Y's "Intro to Pilates" class, which will educate participants on the underlying principles of the mat exercises.

The Y's swim program continues to offer water orientation for infants as young as six months to progressive lessons for children up to 14 years, with a "Learn to Dive" class set to be introduced this fall.

From parent/toddler classes, through preschool and kindergarten levels, the Y's gymnastics program is designed to develop a child's self-esteem while improving strength, balance and coordination. Ultimately, some gymnasts will

become members of the Y's competitive team.

Youth programs scheduled for the fall include All Sports, Tennis, Tae Kwon Do, Roller Hockey, Yoga and an all-new Baton Twirling class.

Several art classes also are available, from the Messy Fingers preschool class to the Art Ventures program for fifth to eighth graders. Parents can participate with their children in either the Make a Masterpiece with Me art class or one of the scrapbooking classes, which also are available to teenagers and adults.

The Y Adventure Guides offer fathers and their children an opportunity to take part in activities that will run through next June, including a campout planned for the weekend of October 21 to 23 at Fairview Lake YMCA Camp.

Family Nights are scheduled for the first Friday of every month. Beginning at 7 p.m., children and adults of all ages will be able to enjoy a special activity or performance, followed by a family swim from 8 to 9 p.m.

The YMCA also offers full-day and drop-off child care, Gym Jams Nursery School, Four Plus, and KinderWrap, as well as before and after school child care for elementary and middle school students. For more information, please call the YMCA at (908) 889-8880 or visit www.fanwoodscotchplainsymca.org.

Arts & Healing Conference Scheduled For October 21

REGIONAL - a Visual Art and the Mind: An Arts and Well Being Initiative conference will take place on Friday, October 21, from 8:30 a.m. to 4:30 p.m. at the Hilton Hotel, located at 1170 Spring Street (Route One) in Elizabeth.

The Mental Health Association of Union County, the Union County Division of Cultural and Heritage Affairs, and the Union County Board of Chosen Freeholders are sponsoring the interactive daylong conference for mental health and social service providers, healthcare administrators, educators and artists.

Attendees will learn new strategies to reduce stress and anxiety and promote mental health.

The fee for early registration by Wednesday, September 28 (and students with current I.D.) is \$79 per person, which includes continental breakfast, lunch, snacks and all materials. Registration after this date is \$90. Registration on the day of the conference is \$110.

The morning keynote presenters will be Kathleen Gaffney and Julia Kristeller. Ms. Gaffney is co-founder

of Artsgenesis, an arts-in-education organization that ignites creativity and accelerates learning. Ms. Kristeller teaches child development, art and expressive therapy, creative curriculum, and program planning.

The conference will feature six concurrent workshop sessions that are offered in the morning and afternoon. The workshops will explore how visual art is a successful strategy in working with well-aging, domestic violence trauma, special needs, children in schools, and counseling, and one workshop will describe how to start a visual arts program for special populations.

There also will be a panel discussion, "Vision of the Future," with experts about programs in arts and healing moderated by Rory MacPherson from the Wallace Foundation.

For more information, please write to the Union County Division of Cultural and Heritage Affairs, 633 Pearl Street, Elizabeth, or call (908) 558-2550. New Jersey Relay users should dial 711. The e-mail address is culturalinfo@ucnj.org.

Corzine Leads Forrester By 11 Points In Latest Poll

Democrat United States Senator Jon Corzine leads Republican Doug Forrester by 11 percentage points in a recent poll conducted by Atlanta-based Strategic Vision, LLC.

In the latest results, Senator Corzine leads Mr Forrester, 47 to 36 percent. Fifteen percent of the respondents were undecided.

The poll found that Senator Corzine was viewed favorably by 44 percent of the respondents with 40 percent viewing him unfavorably. Mr. Forrester was viewed favorably by 37 percent of respondents with 35 percent viewing him unfavorably.

When asked if they were satisfied with the two candidates running or would they prefer someone else to run for governor, 35 percent said they were satisfied; 52 percent said they would prefer other candidates.

The poll gave President Bush an overall approval rating of 38 percent with 53 percent disapproving of his job performance.

Acting Governor Richard Codey received a job approval rating of 51 percent with 34 percent disapproving. Senator Frank Lautenberg had 53 percent approving of his job performance with 27 percent disapproving.

The poll gave former New Jersey Governor James McGreevey a favorable rating of 30 percent and a disapproval mark of 55 percent.

When Democrats were asked whom they would favor for the Democratic presidential nomination in 2008, New York Senator Hillary Clinton led the field with 40 percent; followed by former Vice President Al Gore with 13 percent; Massachusetts Senator John Kerry, 11 percent.

On the Republican side, former New York City Mayor Rudy Giuliani led the Republican field for 2008 with 42 percent, followed by John McCain with 29 percent. New York Governor George Pataki received 5 percent.

When asked if they would like to see Secretary of State Condoleezza Rice run for President in 2008, 40 percent said "yes" and 36 percent said "no," when her name was placed in the field for president, Secretary Rice only received 8 percent.

When asked if they approved of President Bush's selection of John Roberts as Chief Justice of the United States Supreme Court, 53 percent approved and 33 percent disapproved.

When asked if they felt New Jersey was going in the right direction or the wrong direction, 32 percent said "right," 57 percent said "wrong."

The poll of 800 likely New Jersey voters was September 12 to 14. The margin of error is plus or minus 3 percent.



LOADING RELIEF SUPPLIES...Union County Freeholder Vice Chairman Al Mirabella, left, and Freeholder Bette Jane Kowalski speak with Union County employees Jimmy Tighe, second from right, and Tony LaBrutto, right, as they load donations from County of Union employees to be delivered to the Community Food Bank of New Jersey for the Katrina Relief Drive.

Union County Initiates Study For New Bikeway System

ELIZABETH - Union County has authorized \$150,000 for the County-Wide Comprehensive Bicycle Master Plan, a study that will lead to an integrated bikeway system in Union County. Funding is through the North Jersey Transportation Planning Authority with matching support from the county.

The Bicycle Master Plan is a study for creating safe, convenient bike routes that includes the general goal of promoting more bicycle use and specific projects that can put that goal into action.

Bicycle travel benefits county residents who do not have access to a car. Households that need to supplement a car with other means of transportation can also benefit from improved bike travel.

The Bicycle Master Plan will identify opportunities for the county to link bike paths with places of employment, shopping areas, schools, and mass transportation. Recreational use will also form part of the new bikeway system.

In addition, the Master Plan will enable Union County to participate in the East Coast Greenway. The Greenway is a belt of bicycle paths that stretches from Florida to Maine. The proposed county portion would connect with Middlesex County from the south and Essex County from the north. Links with

two other adjoining counties, Somerset and Morris, will also be studied.

Parks in Union County are typically long and narrow and they provide opportunities for off-road bike paths. For on-road bike paths, the master plan will identify safe routes while dealing with the challenges posed by older, narrower roads that characterize parts of the county.

Previous studies have inventoried 170 miles of county roads, identifying those suitable for bicycle travel. A Union County study of bicycle use along Route 22 also identified areas of improvement. The plan will incorporate this data, along with other information from individual towns and parklands.

Work on the Bicycle Master Plan is expected to begin early next year.

Legal Professionals

Plan Dinner Meeting

COUNTY - UCLSA...the association for legal professionals, will hold its regular monthly dinner meeting on Tuesday, September 27, at the Firehouse Eatery & Pub, located at 455 St. Georges Avenue in Rahway. Dinner will be served at 6:30 p.m. The guest speaker will be Rosemarie Strawn, a motivational speaker, trainer and author. The cost of the complete dinner is \$23 per person and includes the meal, tax, tip and seminar. For reservations, please call Diane Hahn at (908) 241-9339.

UCLSA is part of a tri-level association of legal professionals seeking to increase their legal education and broaden their networking opportunities. Members include legal secretaries, paralegals and judicial secretaries as well as local, county and state government employees. Student memberships also are available.

For more information about UCLSA membership and/or scholarship opportunities, please call Membership Chairwoman Susie Mack at (973) 849-2543 or e-mail legalangel@hotmail.com.

PUBLIC NOTICE

TOWNSHIP OF SCOTCH PLAINS ZONING BOARD OF ADJUSTMENT

NOTICE IS HEREBY GIVEN that on OCTOBER 6, 2005 at 7:30 p.m. in the Municipal Building, 430 Park Avenue, Scotch Plains, New Jersey, the Scotch Plains Zoning Board of Adjustment will hold a public hearing to consider the following appeal:

OMNIPONT COMMUNICATIONS, INC. for the following use and bulk variances in order to allow the installation of twelve (12) telecommunications antennas onto an existing PSE&G electrical transmission tower with the installation of an equipment cabinet and fence at the property located at **1551 Cooper Road (Block 12001, Lot 18)**, Scotch Plains.

Use Variance pursuant to Section 23-3.5c of the Zoning Ordinance whereby telecommunications antennas are not specifically permitted and therefore are prohibited in all zones of the Township:

Variance pursuant to Section 23-3.4A, Para. A, Col.13 of the Zoning Ordinance whereby the maximum height allowed in the R-1 Zone is thirty-five (35) feet; existing and proposed height: 120 to 123 feet; and

Variance pursuant to Section 23-2.3o of the Zoning Ordinance whereby maximum fence height allowed is six (6) feet; proposed: eight (8) feet.

All interested persons may be present and be heard. The file pertaining to this application is in the Office of the Zoning Board of Adjustment, 430 Park Avenue, 2nd Floor, Scotch Plains, and is available for public inspection during regular office hours.

Attorney for Applicant: Richard S. Schkolnick, Esq., Ramsey Berman, P.C., PO Box 2249, Morristown, NJ 07962

1 T - 9/22/05, The Times Fee: \$39.78

PUBLIC NOTICE

BOROUGH OF FANWOOD NOTICE OF INTRODUCTION OF ORDINANCE 05-21-R AND PUBLIC HEARING

An ordinance was introduced by the Mayor and Council of the Borough of Fanwood on August 9, 2005. Copies of this ordinance can be obtained without cost in the Clerk's Office, at the Fanwood Borough Hall, 75 North Martine Avenue, Fanwood, New Jersey between the hours of 8 a.m. and 4 p.m., Monday through Friday.

This ordinance will amend Chapter 118 of the Borough Code relating to the disposal of Pet Waste and Prohibiting Wildlife Feeding.

This ordinance is scheduled for adoption on October 11, 2005, 7:30 P.M., Fanwood Borough Hall, 75 North Martine Avenue, Fanwood New Jersey.

Eleanor McGovern, Borough Clerk

1 T - 9/22/05, The Times Fee: \$21.42

OPEN HOUSE - SEPT. 25, 1-4 PM • 326 Benson Place

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Impeccable 5 BR, 4 Bath, (3 full), 9 room Westfield Colonial for sale in Washington School area with stunningly appointed 3 story addition including large windowed lower level office/playroom with separate entrance to rear yard. The house boasts chestnut and custom four inch oak woodwork throughout, hardwood floors, new kitchen with granite countertops, luxury stove, new appliances and country style cabinets. Kitchen opens up into dining area and large family room with cove and recessed lighting, Anderson transom windows and custom fireplace with dental molding and Delft Dutch tiles. The Anderson double sliding doors lead to a southern facing deck and a fully landscaped yard with gardens and a one and one half car detached garage. The large master bedroom includes skylight, arched-shaped transom windows, and vaulted ceiling. The master bath has a whirlpool tub and Mexican tiles. The property includes central a/c, 3 zone gas heat, laundry room, new roof on house and garage, copper plumbing, 200 AMP Service. Call for Appointment, 908-232-1103 or view at Open House on September 25, 2005 1-4 PM, \$749,900.

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Grace Rappa
Realtor Associate
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Direct: 908-301-2019 • Cell: 908-770-4411
email: grace.rappa@cbmoves.com

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WESTFIELD OFFICE
209 CENTRAL AVENUE
908-233-5555, EXT. 169
DIRECT LINE: 908-301-2015

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