



GETTING RECOGNITION... Girls swim Head Coach Jaime Ruzsala was recognized for her team's success by Westfield Boosters' President John Bennett at the April 14 meeting.

Westfield Boosters Highlight Coaches Benaquista, Ruzsala

Though not as high profile as other sports at the high school, two successful Westfield High School sports programs were highlighted by their coaches at the Westfield School Boosters Association meeting on April 14. Boys Lacrosse Head Coach Gerry Benaquista and girls' swim Head Coach Jaime Ruzsala summarized their seasons and pointed to their considerable successes.

Coach Benaquista cited the success of the boys' lacrosse team but was concerned at the number of

graduation seniors and a decline in the number of players for next year. However, he was optimistic that the town's lacrosse league would be infusing a larger number of players into the lacrosse system.

Coach Ruzsala reviewed the astounding success of the boys' and girls' swim teams. The boys won the Union County Championship for the 48th time out of 49 years and won the sectional title. The girls were also sectional champs and went to the state finals. Coach Ruzsala believes that next year will be even a better one for both teams.

The Boosters pledged their continued support of both programs as well as all the sports programs at the high school.

See it all on the Web!
www.goleader.com

SPF Orioles No Hit White Sox, Shutout SPF Yankees, 3-0

Orioles Nick Galasso and Brian Dempsey combined to throw a no-hitter in Scotch Plains-Fanwood Youth Baseball Association Major League action then went on to shutout the Yankees, 3-0. Galasso pitched the first three innings against the White Sox and struck out six then Dempsey arrived in the fourth to slam the door.

Ian Johnston and Dempsey each stole home in the first inning. In the third, Galasso ripped a single, stole second and scored on Johnston's single. Dempsey followed with an RBI double and Nowell Whitehouse

whacked an RBI single. In the fifth, Johnston and Dempsey walked and promptly stole second and third. Sam Brown delivered Johnston with a base hit. Whitehouse brought home Dempsey and Brown with a hit. In the sixth, Galasso doubled, and stole third and home.

In a pitchers' duel with the Yankees, Galasso pitched three superb innings, scattering two hits and a couple of walks. Dempsey entered in the fourth and permitted no hits.

The Orioles broke through in the third with a two out rally. Galasso drilled a hard single to center, and moved to third on a hit by Johnston. Dempsey poked an RBI single to left. In the fifth, Galasso led off with a double and scored on Johnston's single. Johnston stole third and scored on Dempsey's fielders choice.

WF League Sponsors Equipment Drop Off

The Girls Softball League of Westfield is sponsoring a used softball/baseball equipment drop off. Used equipment will be boxed and shipped overseas to children in the Philippines who will have an opportunity to learn to play this wonderful American pastime.

Stop by The Leader Store at 109 East Broad St. to donate your used equipment. Special thanks to The Leader Store for making room, thanks to the Westfield Baseball League for its participation and thanks to The College of New Jersey that spearheads this donation program. Donations will be accepted through April 30.

Shackamaxon Pro Explains 'How to Hit a Pitch Shot'

You have hit a couple of good shots on a long par four or a par five and you are trying to hit a good pitch shot. A pitch is a short shot from 10 to 60 yards and the ball will be high in the air and land on the green. The ques-

SP-F Coach McBride To Run Hoops Camp

Lori Gear McBride, who is in her first year as the head girls basketball coach at Scotch Plains-Fanwood High School and is about to complete her first year of teaching at Brunner and Evergreen Elementary schools, will conduct the Next Level Basketball Camp during the first two weeks of August for all children interested in improving in the sport. The camps will take place at Park Middle School.

The first week runs from Monday, August 1, through Thursday, August 4, from 8:30 a.m. to 2:30 p.m. Geared towards children 6-12, the camp will focus on fundamentals and team concepts and will be tailored for both novice and experienced campers.

The second week, which runs from Monday, August 8, through Thursday, August 11, (also from 8:30 a.m. to 2:30 p.m.) for ages 8-16 will concentrate on the individual player and the development of skills.

More information, including fees and a listing of camp staff, can be obtained by visiting www.nextlevelballcamp.com

tion is how to hit the shot and control the distance?

The pitch shot is a small golf swing. You will set up with your feet shoulder width apart and the ball in the front of your stance. You may want to grip slightly lower and swing a bit smoother.

The most important thing to remember for a pitch is that the swing must be even. This means that your backswing is the same distance as your follow through. Trying to keep the swing even will start to make your golf ball travel different distances. Let me explain.

There are three different length swings you are going to want to practice. First, swing the club head back to your right knee and then through to your left knee. Second, swing the club head back to your right hip and then through to your left hip. Finally, swing the club head back to your right shoulder and then through to your left shoulder. These three different length swings, with the same rhythm, will hit the golf ball different distances. Try this with all of your wedges and you may discover many different length shots. Remember, practice makes perfect because you want to land the ball a specific distance.

Michael Kierner is the Head Teaching Professional at Shackamaxon Golf & Country Club. For more information about lessons, please call, (908) 233-3989.



David B. Corbin (2004 files) for The Westfield Leader and The Times
Shackamaxon Golf & Country Club Pro Michael Kierner

SPF/WF Diamond Dogs Maul Garden State Storm, 15-1

The Scotch Plains-Fanwood/Westfield Diamond Dogs 14-year-old baseball club improved to 2-0 with a 15-1 win over previously unbeaten Garden State Storm in four-and-one-half innings on April 17. Kevin Maroney went 3-for-3 with three runs scored and pitched three innings of three-hit ball to lead the Diamond Dogs.

The Diamond Dogs scored two quick runs in the first. Maroney led off with a single and promptly stole second. After a walk to Todd Saunders (1-1, RBI, two runs scored), a wild pitch scored Maroney and Jimmy Burke (2-

3, RBI, two runs scored) lined a double to left center to plate Saunders.

The Diamond Dogs broke open the game in the second with seven runs. Brendan Burgdorf (1-2, two runs) led off with a walk and was followed with hits by Anthony D'Annunzio, Maroney, Saunders, Chris Jenkins (2-3, two runs) and Nick Bonadies to keep the rally alive.

Colin Grimm and Matt Isabella each pitched a scoreless inning in the victory. The Diamond Dogs next play this Saturday at 4:15 p.m. at Forest Road Park in Fanwood.

U12 Blue Sharks Face U14 Soccer Teams

With an outstanding goalie like Melissa McKenna, the Scotch Plains Blue Sharks U12 Girls intercounty team has no fear of moving up to play U14 teams. After losing their opener, April 10, at New Providence 3-1, the Sharks rode the goalkeeping of McKenna to register a 0-0 tie against the Scotch Plains U14 Armstrong team on April 17.

Although having a distinct height disadvantage, the Sharks were able to seize the better chances in the first half through crisp passing and beating their opponent to loose balls. The second half was a different story as the Sharks were forced into a more defensive stance and but McKenna was up to the increased pressure and made a fine diving stop with 15 minutes left to preserve the tie.

Against New Providence, Alyssa Young scored a late goal to break the shutout. Other standouts included Jessica DiGiacomo, Erin Brown, Lauren Berk, Amanda Rodriguez, Jessica Feeley, Kara Gaynor, Sarah Weber, Toni Ann Capece, Lauren Buckley, Emily Cohen, Rebecca DiGiacomo, Annie Rubin, Sarah Lazarus and Desli DeMarsico.

Open Sunday 1:00 - 4:00PM
659 Glen Avenue



Instilled with timeless details, this graceful Westfield Colonial brims with quiet elegance. Hardwood floors, handsome moldings, gracious built-ins, exquisite window arrangements and archways mingle with modern luxuries to craft a classic interior. Warmed by a stone fireplace, the living room harmonizes with a formal dining room composing a marvelous venue for entertaining. An updated kitchen with breakfast area, delightful screened porch and spacious newer family room entreat you to relax. A fabulous, recently remodeled, master suite with sitting area & full bath is enhanced by a balcony with pastoral view. Embraced by a sprawling yard with slate patio, this home portrays an idyllic setting that awaits your arrival. Presented for \$845,000. Dir: North to Edgewood to Glen Avenue

For additional information or your private tour call:

Beth Sullivan, Sales Associate
908-578-3812, Direct Dial

NJAR Circle of Excellence, Silver Level 2004

BURGdorff REALTORS ERA



Westfield Office • 600 North Avenue, West • 908-233-0065



Westfield . . . Elegant center hall colonial situated on large lot on quiet, horse-shoe shaped street in Washington School District. Fam Rm addition off kitchen leads to deck (38x14). \$825,000



Westfield . . . Estate Sale. Brand new kitchen with oak cabinets. Master bedroom with bathroom and his/hers closets. Large lot with low taxes. New hot water heater and sump pump. \$480,000



John C. Wiley
Sales Associate
Direct Line: 908-301-2025
Westfield Office
209 Central Avenue
908 233 5555



COLDWELL BANKER
RESIDENTIAL BROKERAGE

COLDWELL BANKER

EXPERIENCE, TRUST, RELIABILITY SERVICE



Westfield

\$1,799,900

This magnificent Colonial home is situated on one of Westfield's most notable streets, set on over a 1/2 acre of property it boasts a gracious entry Foyer; formal Parlor; Living Room with fireplace; formal Dining Room; sunny Family Room; updated Eat-In Kitchen w/Viking stove; 5 Bedrooms, 2 1/2 baths including a master wing which encompasses a full bathroom; sitting room w/fireplace (possible 6th bedroom) and study/office; plus an additional study. Beautifully appointed with deep moldings; pocket doors; and gorgeous hard wood flooring. WSF0061



FRANK D. ISOLDI
Broker / Sales Associate
#1 Agent - Westfield Office 2004
NJAR Circle of Excellence Sales Award: 1993-2004
Platinum Level: 2003, 2004
Direct Dial: 908-301-2038



COLDWELL BANKER
RESIDENTIAL BROKERAGE

©2005 Coldwell Banker Real Estate Corporation. Coldwell Banker® is a registered trademark of Coldwell Banker Corporation. An Equal Housing Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT, Inc.

WESTFIELD OFFICE • 209 CENTRAL AVENUE • (908) 233-5555