

Mountainside Chapel Slates Youth and Adult Activities

MOUNTAINSIDE—"Faith Mountain," described as "an eXtreme adventure with Jesus," will be the theme of this year's Vacation Bible School

MS Society Chapter Seeks Volunteers In Various Capacities

AREA—The Greater North Jersey Chapter of the National Multiple Sclerosis Society is looking for volunteers to support its ongoing programs and services to people living with Multiple Sclerosis (MS).

Volunteers are needed in all areas, ranging from event support to general office help. The chapter also needs individuals to serve as "friendly visitors" for people with MS who reside in long-term facilities and for telephone follow-ups.

Located in Paramus, the chapters serve Union, Bergen, Essex, Hudson, Morris, Passaic, Sussex and Warren counties. For more information on becoming a volunteer, please call the chapter at (800) 833-0087 or visit www.njbmss.org on the Internet.

at the Mountainside Chapel, located at 1180 Spruce Drive in Mountainside.

The program will be held from Monday through Friday, August 5 to 9, from 6:30 to 8:45 p.m. Special fun music, Bible story lessons, recreation and skills, refreshments, live action skits and fellowship will be among the featured activities.

Vacation Bible School is offered to children entering kindergarten through fifth grade in the fall. In addition, the VISTA course, an adult class, is offered to high school seniors and adults.

A practical introduction to the Christian faith, it is held during the same hours as the children's program. Parents who attend this class will be provided with childcare for newborns through age 4.

A staff of over 60 adults, professionals, collegians, high school students and aides are involved in the annual Bible School. Interested individuals are asked to register as soon as possible by calling the Chapel office at (908) 232-3456.



Cheri Rogowsky for The Westfield Leader and The Times
SHOWING THE WAY...The Evangel Church in Scotch Plains held a Sunday Night Live event July 7 entitled "A New Way of Doing Church," featuring a Battle of the Bands. The winner was CROWN'd. Organizers of the event, pictured above, are: Jessica Croson, Jen Croson, Nicole DeGirolamo, Chris Switzer, Darren Mawby, Moe Mawby, Bob Dearey, Andrea Saladino, Steven Sciortino, Andrea Sciortino, Dan Sciortino, Adriana Sciortino, Veronica Guasp, leader Ron Seder and Kim Seder.

Care Ring Program Provides Friendly Calls to Homebound

SCOTCH PLAINS—CONTACT We Care provides outreach services to elderly homebound and disabled through its Care Ring Program, in which daily reassurance calls are made to registered clients at a pre-arranged time of day, five to seven days a week.

There is no charge for the service. Calls may be brief, involving a quick check on the client's well-being. However, they may also last 15 to 20 minutes, where the discussions turn to books, family and friends, daily activities or stories of their younger years.

Clients in the Care Ring Program have limited opportunities to talk with others on a regular basis. Many of these people live alone, but for

various reasons are unable to get out in the community.

The program has expanded to include residents of nursing homes and assisted living facilities, as well as elderly who may be surrounded by people providing physical care, but who could benefit from more social conversation.

"This socialization is so important for our seniors," said Ilona Tomaszewsky, Clinical Director at CONTACT We Care. "Isolation, especially when accompanied by the loss of a loved one, can lead to depression and other mental and physical problems in the elderly population."

"The calls from our volunteers are an important part of their day," Ms. Tomaszewsky added.

CONTACT We Care is a 24-hour crisis hotline providing crisis intervention, reassurance, support and information and referrals to area residents.

For more information about registering for the Care Ring program or becoming a CONTACT volunteer, please call the CONTACT We Care office at (908) 490-1480.

Petfinder Announces Pet Health Insurance

AREA—Every dog or cat adopted from a Petfinder.com member shelter or rescue group in New Jersey is eligible for a gift of the first two months of pet health insurance, paid for by Petfinder.

Petfinder represents more than 4,000 non-profit shelters and rescue groups nationwide and in Canada and features over 84,000 homeless pets online.

"We are always looking for ways to encourage people to adopt homeless pets," said Betsy Saul, President of Petfinder.

"Offering a safety net for adopters is one way to do that. It will take some of the uncertainty out of adopting a dog or cat whose background is unknown," she added.

Petfinder.com also has a partnership with the American Society for the Prevention of Cruelty to Animals, which enlists new shelters and rescue groups to join the Petfinder.com family and provides an extensive library on the Internet at learn.petfinder.com.

Redeemer Lutheran Offers Low-Cost Milk to Students

WESTFIELD—The Redeemer Lutheran School has announced that low-cost milk will be available to all children enrolled.

The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, age or disability.

Tai Chi Demonstration Slated at Westfield Y

WESTFIELD—The Westfield Y, located at 220 Clark Street, will offer a free Tai Chi demonstration on Thursday, August 1, at 7:30 p.m.

Open to the public, the demonstration will highlight the many facets of the Y's Tai Chi class, which includes exercise of slow, rounded and fluid movements and meditation.

In addition, an eight week Tai Chi class will be offered at the Y starting on Tuesday, September 3. It will be held on Thursday evenings from either 7:30 to 8:15 p.m. or 8:25 to 9:10 p.m. The cost is \$48 for Silver members and \$96 for Basic members.

Registration for this class will begin on Saturday, August 17, for current Westfield Y members and Wednesday, August 21, for new members.

For more information, please call Jean White at (908) 233-2700, extension no. 246.

Cosmas Deployed For Operation

Enduring Freedom

FANWOOD—Laura M. Cosmas, daughter of Theresa and John Cosmas of Fanwood, recently departed on a six-month deployment to the Mediterranean Sea and Arabian Gulf while assigned to the guided missile destroyer USS Laboon, home ported in Norfolk, VA.

Ms. Cosmas is one of more than 10,000 Atlantic Fleet Sailors and Marines aboard the ships of the USS George Washington Carrier Battle Group and USS Nassau Amphibious Ready Group ready to participate in Operation Enduring Freedom.

Ms. Cosmas' ship is one of the most powerful warships ever put to sea. The computer-based AEGIS weapons system is the heart of the ship's war fighting capability. It centers on a powerful radar that enables the crew to detect, track, and fire on more than 100 targets at a time.

Ms. Cosmas is a 1996 Graduate of Scotch Plains-Fanwood High School and joined the Navy in June 2000.

For more information about the deployment visit the USS Laboon web site at <http://www.laboon.navy.mil/> contact the battle group public affairs officer via e-mail at pao@washington.navy.mil.

Individuals with disabilities who require alternative means for communication of program information (such as Braille, large print or audio-tape) should call the USDA's TARGET center at (202) 720-2600 (voice and TDD).

To file a complaint of discrimination, please write to: USDA, Director, Office of Civil Rights, Room 326 W. Whitten Building, 14th and Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD).

Parents may call Principal Roger Borchin at (908) 232-1592 for further information on the Redeemer Lutheran program.

Guyton Enlists in Army Delayed Entry Program

SCOTCH PLAINS—Derrick A. Guyton has joined the United States Army under the Delayed Entry Program. The program gives young men and women the opportunity to delay entering active duty for up to one year.

The enlistment gives the new soldier the option to learn a new skill, travel and become eligible to receive as much as \$50,000 toward a college education.

After completion of basic military training, soldiers receive advanced individual training in their career job specialty prior to being assigned to their first permanent duty station.

The recruit qualifies for a \$3,000 enlistment bonus.

Mr. Guyton, a 1997 graduate of Scotch Plains-Fanwood High School, has reported to Fort Leonard Wood, Waynesville, Mo., for basic training.

He is the son of Cynthia M. Guyton of Scotch Plains, and David L. Guyton of Jackson.

Westfield Resident

Promoted to Manager

At NY Accounting Firm

WESTFIELD—Michael Steirman, CPA, a resident of Westfield, has been promoted to the position of manager at Friedman Alpren & Green LLP, New York certified public accounting and consulting firm.

Mr. Steirman has been with the firm since 1997 and works with a diversified client base, specializing in audit and tax services for owners and developers of commercial real estate, as well as assisting non-resident owners of U.S. real estate with U.S. tax issues, performing due diligence engagements and working on real estate transactions involving buy, sell and 1031 exchanges. His areas of concentration also include apparel, publishing and manufacturing.

In addition, Mr. Steirman graduated from Rutgers, the State University of New Jersey and is a member of the New York State Society of Certified Public Accountants.

Hadassah National Award Presented to Carole Thau

WESTFIELD—Carole Thau, a member of Westfield Hadassah, was named a recipient May 29 of the 16th Annual Hadassah National Leadership Award.

This award honors members whose leadership accomplishments within Hadassah and other civic, educational and cultural organizations reflect Hadassah's dedication to the principles of the volunteer ethic.

Award recipients are selected by their peers and represent a wide range of achievements.

"I am pleased to welcome Carole to the family of outstanding women who have built our organization and given of themselves to create a better world," said Bonnie Lipton, National

President of Hadassah.

"I know she has already proven herself worthy of the Hadassah National Leadership Award and will continue to contribute her time and talent so that the future will be as

glorious as we envision it," she added.

Mrs. Thau and her husband, Paul, live in Berkeley Heights. They have two daughters, Dr. Rona Thau of Ventura, Calif., a chiropractor, and Robin Plattman, who lives in Berkeley Heights with her husband, Stephen, and children Lauren and Jake.

An active congregant and member of the Sisterhood at Temple Emanu-El in Westfield, Mrs. Thau is also active with the temple's homeless program. She additionally is a member of the Berkeley Heights taxpayers association and has volunteered with CONTACT We Care.

Since retiring in 1993, she has found her niche in Hadassah. She worked on membership, the Art Show and served as Programming Vice President for three years. Mrs. Thau was President of the chapter from 1998 to 2000, after which she was advisor to the chapter. She is currently Co-Chairwoman of Godparents, one of the annual major fundraising events of the Westfield chapter.

Now celebrating its 90th year of service, Hadassah, the Women's Zionist Organization of America, is the largest women's, Zionist and Jewish membership organization in the United States.



Carole Thau

Cadette Girl Scout Presents Story Time With Patriotic Theme

FANWOOD—Emily Everson, a Cadette Girl Scout in Fanwood who is working towards achieving her Silver Award, is presenting "Star Spangled Story Time, Stories of Revolutionary War Stars" at the Fanwood Memorial Library.

The program of stories and crafts, for children ages 5 and up, is being held on Mondays at 1:15 p.m. or Tuesdays at 7 p.m., when Monday's program is repeated. This activity will continue through Tuesday, August 6. It is requested that a parent or responsible adult remain in the library during the story time. On Mondays, children may bring lunch to have during the program. Juice and dessert will be provided.

Located downstairs in the library, the Children's Department is open Mondays, Tuesdays and Thursdays from 10 a.m. to 7:30 p.m. and Wednesdays and Fridays from 10 a.m. to 5 p.m. It is closed on Saturdays during the summer.

For further information, please call Children's Librarian Susan Staub at (908) 322-4377. The library is located at North Avenue and Tillotson Road.

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