

Arts & Entertainment



An illustration from "Alice's Adventures in Wonderland" as written by Lewis Carroll

ARTIST OF THE WEEK

Lewis Carroll

aka Charles Lutwidge Dodgson
(1832-1898)

Charles Lutwidge Dodgson, who wrote "Through the Looking-Glass" and "Alice's Adventures in Wonderland" under the pseudonym, Lewis Carroll, was born in Cheshire, England in 1832.

After studying at Rugby and Christ Church College at the University of Oxford, Carroll quickly became part of the mathematics faculty at Oxford.

But, it was not under his pseudonym that Carroll penned various mathematical treatises such as "Euclid and His Modern Rivals."

History tells us that the non-mathematical persona of Carroll caused him to write illustrated letters to little girls. These were later published as "The Letters of Lewis Carroll."

He was also a photographer, capturing several costumes and poses, such as nude studies of adults and children. However, because the depictions of the children were found offensive, Carroll decided to quit photography at the age of 48.

Although the "Alice" tales have been translated into other languages, they were originally composed for Alice Liddell, the daughter of Henry George Liddell, Dean of Christ Church College.

Once they were published, the "Alice" stories were illustrated by Sir John Tennell, an English cartoonist.

Printmaking Council Exhibit to Feature Local Residents

The Printmaking Council of New Jersey will sponsor an exhibition featuring various artists entitled, "Identity" from Wednesday, January 19, to Saturday, February 26, at the council's gallery at 440 River Road in Somerville.

Janice K. Metzger, Michael Metzger and Barbara Zietchick, all of Westfield; Cynthia Weiss of Mountainside; and Paula Ehrlich and Vasileki Birrell, both of Fanwood, will all participate as member artists.

An opening reception will be held on Saturday, January 22, from 2 to 4 p.m. The public is invited to attend.

The Council is funded in part through a grant by the New Jersey State Council on the Arts, Department of State, Agency of the National Endowment for the Arts.

Rolling Stone Editor, Bill Crandall, Shares Memories from Music Staff

By BILL CRANDALL

Editor's Note: Bill Crandall is a Westfield High School graduate and an editor at RollingStone.com. Mr. Crandall approached The Westfield Leader and The Times to write an editorial on his memories as a patron of Music Staff.

WESTFIELD - "What's the first album you ever bought?" I pose this question to every musician I interview, and I get some strange answers.

Simon Ratcliffe of Britain's Basement Jaxx told me that seeing the robotic Gary Numan on Top of the Pops in the late '70s first sent him running to the local record shop. However, mistaking David Bowie for Numan, Ratcliffe walked out with Bowie's Diamond Dogs, and accidentally became a rabid Bowie fan.

Legendary rocker Tom Petty's recollection of his first musical pilgrimage was much fuzzier, but he was certain he came home with "something by Elvis." Eighty-plus-year-old bluesman John Lee Hooker wouldn't even venture a guess. In fact, he just looked at me and laughed.

I won't speculate on what I'll retain 50 years from now, but I definitely won't forget my first trip to the record store anytime soon. The year was 1978, a time when all self-respecting Westfield kids wore flannel shirts and corduroys, and parted their hair in the middle. With no MTV to watch and no Internet to surf, Music Staff, the little record store on Elm Street, was our lone portal to the exotic world of rock and roll.

Until then, I had only heard tell of the place. My older sisters would come home from the store with lime green paper bags full of all kinds of exotic specimens: "Goats Head Soup," "Toys in the Attic," "Tales From Topographic Oceans," "Frampton Comes Alive (!)."

Behind every slab of vinyl were heaps of colorful stories, and my sisters would divulge everything they knew: that Pink Floyd's "Shine On You Crazy Diamond" was about their former lead singer who went insane, that the Bay City Rollers derived their name by spinning a globe, that there were no such people as Jethro Tull or Lynrd Skynyrd, that Stevie Nicks was rumored to be a witch and that Boston was from, well, Boston.

What first brought me through the doors of 27 Elm Street was a burning desire to own Styx's "Fooling Yourself (The Angry Young Man)," a song that WPLJ was playing to death. Music Staff proprietor Ric Miller — who, with his fuzzy beard, looked like many of the guys on my sisters' albums — showed me the way to Grand Illusion, an album with a woman's face projected on a bright red horse walking through the woods.

From that moment on, I was hooked: "Bat Out of Hell," "Get the Knack," "Damn the Torpedoes," "Live at Freakin' Budokan" (okay, so I added the "freakin'..."), each branded with a one-inch strip



of tape, reading "The Music Staff."

My friends and I would dive into the store's bins, encountering many strange beasts in our travels: gargoyles on the cover of Iron Maiden albums, scantily clad women on the cover of Roxy Music albums, even a dead deer on the back of a Sex Pistols album — not to mention the Miller family cats, which we often had to nudge out of the way.

Through our pursuits we became acquainted with priceless treasures: Bob Marley's songs of freedom, the Clash's revolution rock and Madonna's immaculate collection. They got us thinking, wondering about life outside of 07090 — even asking questions in school.

Well, after 32 years at Music Staff, Ric Miller is retiring, and,

aside from selling gobs of records, the man is leaving quite a legacy. Among the faces I saw shopping in his store regularly are people who turned out to be recording artists, producers, music journalists, record label reps, a bigwig at VH1, even the music director of the *Austin Powers* movies.

In a time when popular music is so often cited as a societal evil, I'd like to thank Ric and the good people at his store for exposing us to the good, the bad and the ugly, and letting us decide for ourselves.

Speaking of, I still own my copy of "Grand Illusion," complete with a mark from where the tape was. I can't say I recommend the album, but I'm sure glad I ventured out to buy it.

Cardiac Cocktail Can Help Deter, Treat Heart Disease, Says Dr. Stephen DeFelice

By MICHELLE H. LEPOIDEVIN
Specially Written for The Westfield Leader and The Times

WESTFIELD - If you could prevent and treat heart disease by ingesting a cocktail of folic acid, magnesium, vitamins E, B6 and B12, alcohol, a sensible diet and carnitine, would you make it your top priority?

In his newest book, "The Carnitine Defense," Westfield resident Dr. Stephen L. DeFelice suggests that this elixir is an overlooked formula for averting the number one killer in America — heart disease.

The founder and Chairman of The Foundation For Innovation In Medicine (FIM), with offices in Cranford and Manhattan, also told *The Westfield Leader* and *The Times of Scotch Plains-Fanwood* that drinking alcohol every day and savoring the very foods we crave will also lead to good cardiac health.

"Sound too good to be true? This "nutraceutical" formula, a phrase coined by Dr. DeFelice to define the natural substances we orally consume, is eloquently described in this publication released by Rodale Press.

"This is the only credible book to correct and treat heart disease," stressed Dr. DeFelice, who served as the Chief of Clinical Pharmacology at the Walter Reed Army Institute of Research in Washington,

D.C. The doctor also asserted that all of the elixir's components are vital to precluding heart disease because they "attack the causes for heart disease from different areas and angles."

"Don't take one or a few (of the ingredients), take them all," he advised.

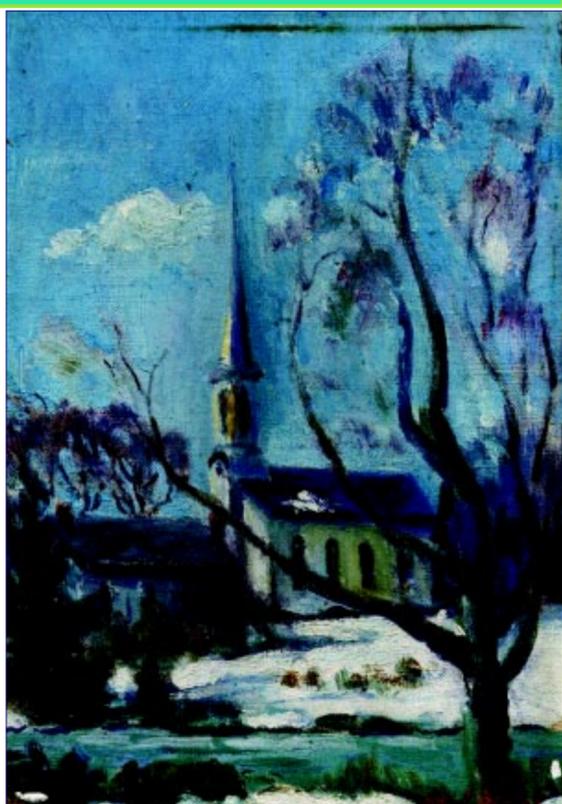
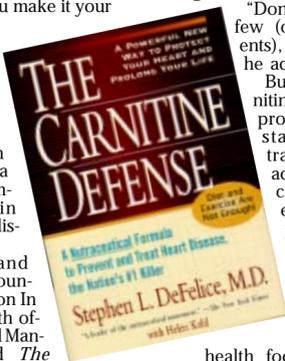
But what is carnitine? Carnitine, a protein-like substance which transports fatty acids to the heart cells to create energy, is in your heart right now, according to Dr. DeFelice. The substance is available in health food stores and pharmacies and should be taken following consultation with one's doctor.

He also believes that people should begin taking the elixir between the ages of 30 and 35.

"People kept saying to me, 'write the book! write the book!'" said Dr. DeFelice, explaining that he penned "The Carnitine Defense" because the public needed to know "this is what you take, these are the reasons based on the research."

"What we have in America today is the best technology in the world to eliminate or at least treat disease," noted Dr. DeFelice. However, he cited a "fear of toxicity" as

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MINDOWASKIN IN ALL OF HER GLORY...Helen Peters, the mother of Warren A. Peters, Jr., formerly of Westfield, created this gorgeous oil painting of Mindowaskin Park in Westfield in 1946. The piece is entitled, "Park and Church, Winter 1946." Mr. Peters recently penned an 80-year historical retrospective about his years in Westfield for the December 30 edition of *The Westfield Leader* and *The Times of Scotch Plains-Fanwood*.

Pen and Ink

By MICHELLE H. LEPOIDEVIN

'Supernatural' Nominations May Make Santana Rock This Year's Grammys



Carlos Santana

Predicting Grammy winners is always a clumsy juggling act, not to mention a gamble. But, it seems that multi-platinum album artist and veteran rocker Carlos Santana, 52, is likely to snatch a bundle of the Grammys from his 10 nominations. Santana's "Supernatural" comeback album has pole-vaulted him to the top of the charts because he has tossed his golden talent into a collaborative blender along with the skills of Eric Clapton, Rob Thomas from Matchbox 20, Everlast and the Dave Matthews Band. Mixing with these artists for any album is a winning recipe for Grammy success.

However, the "Latin Explosion" which helped define 1999, will not "fizz out" on Grammy night. Ricky Martin should steal away both Record of the Year and Song of the Year for "Livin' la Vida Loca." Jennifer Lopez' "Waiting for Tonight" has kept nightclub hoppers steaming up the dance floors. She is sure to grab the Grammy for "Best Dance Recording."

The biggest curse for most artists is winning in the "Best New Artist" category. Although, Lauryn Hill put that myth to rest when she won last year. The bubbly, sugary sweet teeny bopper craze that is alive and well in Britney Spears and Christina Aguilera has been enough to cause worldwide tooth decay. But, both pop princesses have garnered nods for their "efforts." Bouncy Brit will probably win out.

Some surprises this year are nods for Sarah McLachlan's "I Will Remember You" for "Best Female Pop Performance." This song has not only been soundtracked to death, but won't seem to leave the radiowaves! Why would we be nominating Kid Rock for "Best New Artist" when he released a hit album in 1990. New? Don't think so.

The secret behind the Grammy Awards is knowing which songs have been rammed through the radio and down the listener's throats enough to be ultra-popular. Oftentimes, except in the case of Carlos Santana, Lauryn Hill, or Whitney Houston, it has little to do with actual musical talent. So, generally, I never take these award shows quite as seriously as other music editors. I just kick back, match my predictions and get entertained by the outcome. It's never predictable.

The 42nd Annual Grammy Awards will be presented on the evening of Wednesday, February 23, on CBS.

Please see Page 21's "Grammy Predictions" for the Arts & Entertainment Editor's Grammy picks.



Britney Spears



Ricky Martin

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Eugene Roan on harpsichord and John Burkhalter on recorder make their Calvary Chorale debut.

MAY 21: MUSIC OF JOHANN SEBASTIAN BACH
The Chorale and orchestra conclude the season with a stirring concert in honor of the 250th anniversary of the composer's death.

ALL CONCERTS ARE SUNDAYS AT 4 P.M.

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